# Effect Of Encapsulated Cosmos Caudatus Leaf Extract On The Physiological Conditions, Immune Competency, And Antioxidative Status Of Broilers At High Stocking Density

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# EFFECT OF ENCAPSULATED COSMOS CAUDATUS LEAF EXTRACT ON THE PHYSIOLOGICAL CONDITIONS, IMMUNE COMPETENCY, AND ANTIOXIDATIVE STATUS OF BROILERS AT HIGH STOCKING DENSITY

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10 Abstract

The present study aimed to investigate the effect of encapsulated Cosmos caudatus leaf extract on the physiological conditions, immune competency, and antioxidative status of broiler chickens raised at a high stockin 5 lensity. After 15 days of rearing, 370 Lohmann broiler chicks were assigne 10 five treatment groups, including T0 (chicks were raised at a density of 1 1 irds/m² and received no additive), T1 (chicks were raised at a density of 16 birds/m<sup>2</sup> and received no additive. T2 (chicks were raised at a density of 16 birds/m<sup>2</sup> and received 0.5 g/kg encapsulated C. caudatus leaf extract), T3 (chicks were raised at a density of 16 birds/m² and received 1.0 g/kg additive), and T4 (chicks were raised at a density of 16 birds/m2 and received 1.5 g/kg additive). On days 28 and 42, blood samples from two chicks per pen were collected. On day 42, the chicks that had been blood-sampled were sacrificed, and blood samples and lymphoid organs (i.e., bursa of Fabricius, spleen, and thymus) were collected. The daily weight gain and feed efficiency of broilers (P < 0.01) in groups T2 and T3 were higher than those of broilers in groups T0, T1, and T4. Daily feed intake was greater (P<0.01) in groups T0 and T1 than in groups T2 and T3. The erythrocyte content and hematocrit value of groups T1, T2, T3, and T4 were greater (P<0.05) than those of group T0. The mean corpuscular hemoglobin concentration in group T4 was lower (P<0.05) than that in groups T0, T1, and T2. Leukocyte and lymphocyte levels were higher in group T1 (P<0.05) than in other groups. Serum albumin was higher in chicks reared at a high density (P<0.05) than in chicks reared at a normal density. Lesion scores were higher in group T1 (P<0.05) than in other groups. Chicks in groups T1 and T2 showed more severe pathological changes in their bursa of Fabricius compared with those in groups T0, T3, and T4. Serum superoxide dismutase was higher in groups T2, T3, and T4 (P<0.05) than in groups T0 and T1. Chicks in group T4 had higher (P<0.05) malondial dehyde levels than chicks in other groups. In conclusion, a high stocking density influences the metabolic rate and physiological conditions of broiler chicks, as reflected by alterations in the blood profiles of the animals. Stress due to a high stocking density could damage the bursa of Fabricius, but feeding with encapsulated C. caudatus leaf extract, especially at a rate of 1.5 g/kg, could alleviate the cortical and lymphocyte cell depletion of broilers. Regardless of the stocking density effect, dietary supplementation with encapsulated C. caudatus leaf extract at doses of 0.5 and 1.0 g/kg could improve the daily weight gain of broilers.

Key words: broiler, Cosmos caudatus extract, encapsulation, high stocking density

Broiler chicken (Gallus gallus domesticus) is a type of chicken with fast-growing features, high feeding efficiency, and high-quality meat production. The consumption of broiler chicken worldwide has rapidly increased in recent years in line with the growth of the human population (USDA, 2020). Thus, broiler producers must increase the productivity and efficiency of broiler farming to meet escalating demands for chicken meat, possibly by applying higher stocking densities during broiler production (Abudabos et al., 2013). Unfortunately, while the practice shows some benefits, a high stocking density could also trigger oxidative stress and stern a negative impact on the production performance, health, and well-being of broilers (Simitzis et al., 2012; Li et al., 2019).

Earlier studies demonstrated that stress due to high stocking densities could increase the ratio of heterophils to lymphocytes (Astaneh et al., 2018), deplete lymphoid cells (Yanai et al., 2018), and decrease IgG and IgM production (Palizdar et al., 2017) and antibody titers against Newcastle disease (ND) vaccine (Houshmand et al., 2012). Hosseini-Vashan et al. (2015) reported that stress due to a high stocking density decreases uric acid and antioxidant enzyme levels. Sugiharto et al. (2019) suggested that molecular changes due to stress can increase the production of free radicals or reactive oxygen species (ROS) and, thus, trigger oxidative stress in broilers. Dietary supplementation with synthetic antioxidants to reduce the negative impact of oxidative stress is common in broiler rearing practices (Salami et al., 2015). However, the long-term excessive use of synthetic antioxidants, such as butylated hydroxytoluene and butylated hydroxyanisole, may be toxic and pose a risk to consumers' health (Taghvaei and Jafari, 2015; Zhou et al., 2019). As such, the use of natural antioxidants is recommended to minimize the application of synthetic antioxidants in broiler chickens.

Recent literature shows that plant extracts contain numerous phenolic compounds that can function as antioxidants (Reddy et al., 2018). Cosmos caudatus Kunth is a plant species that has been documented to contain high levels of antioxidants (Liliswarianis et al., 2011; Reihani and Azhar, 2012). Traditionally, this species is widely used as a medicinal plant for humans (Saleh et al., 2020). The leaf of C. caudatus Kunth is rich in phenolic components, including (per 100 mg) 51.28 mg of quercetin, 4.54 mg of chlorogenic acid, and 3.64 mg of caffeic acid. The leaves also contain 64.6 mg of ascorbic acid and 3,568  $\mu g$  of  $\beta$ -carotene per 100 g of fresh sample (Cheng et al., 2015).

Many studies have shown that supplementation of phenolic compounds into dietary rations increases the body weight gain and enzymatic and non-enzymatic antioxidant levels of broilers and layers (Kim et al., 2015; Iskender et al., 2016). However, phenolic compounds in plant extracts are generally unstable during storage (Trucillo et al., 2018). As such, further attempts to prevent the oxidation of phenolic compounds in plant extracts, for example, through encapsulation, are needed (Pang et al., 2014; Jeyakumari, 2016). Encapsulation is a method of covering products with coating materials to improve shelf life by preventing bioactive components from degradation. Encapsulation may preserve the taste or smell of a product and reduce fungal growth (Mishra, 2016). To date, the use of encapsulated C. caudatus Kunth leaf extract to alleviate the negative impact of stress due to a high stocking density has not been reported. Dietary supplementation of encapsulated C. caudatus leaf extract is hypothesized to improve the physiological conditions, immune system, and antioxidant status of broilers reared at a high stocking nsity. Thus, the present study aims to investigate the effect of encapsulated C. caudatus leaf extract on the physiological conditions, immune competency, and antioxidative status of broiler chickens raised at a high stocking density.

# Material and methods

# Production of encapsulated Cosmos caudatus leaf extract

Production of the encapsulated extract commenced with the extraction of *C. caudatus* leaf. *C. caudatus* leaves were purchased from traditional markets in Semarang, Central Java, Indonesia, weighed, washed, cleaned, and drained. The leaves were dried indoors to avoid exposure to direct sunlight until their water content was less than 10%. The dry leaves were then ground to obtain a fine powder and extracted at a leaf powder:solvent (70% ethanol) ratio of 1:6 (Karimy et al., 2013). The dry *C. caudatus* leaf powder was immersed in ethanol for 72 h at room temperature and then filtered through filter paper to obtain a filtrate. The filtrate was concentrated with a vacuum rotary evaporator at a maximum temperature

of 60°C to obtain the paste form of *C. caudatus* leaf extract (Vongsak et al., 2012).

Encapsulation of *C. caudatus* leaf extract was accomplished by freeze-drying. The coating material used for encapsulation, maltodextrin, was dissolved in distilled water at a ratio of 1:3. The dissolved maltodextrin was mixed with the filtrate of *C. caudatus* leaf extract at a ratio of 5:1, and the mixture was freeze-dried to obtain the encapsulated *C. caudatus* leaf extract powder.

# Animals and experimental diets

A total of 370 Lohmann broiler chicks with an average body weight of  $41.2 \pm 0.76$  g from a commercial hatchery were used in this study. The chicks were raised in a broiler house with a litter floor (rice husk) and manual feeders and drinkers. A commercial starter diet containing 21%-23% crude protein, 5%-8% fat, 3%-5% crude fiber, and 4%-7% ash (proximate data were obtained from the feed manufacturer) were provided to the chicks during the brooding period (1–14 days). On days 15-42, the chickens were provided with a formulated diet (Table 1) containing different doses of the encapsulated *C. caudatus* leaf extract. Drinking water was provided *ad libitum* throughout the rearing period.

Table 1. Ingredients and nutritional composition of broiler diets provided on days 15–42

Items (%)	Composition			
Yellow maize	57.9			
Palm oil	2.55			
Soybean meal	34.8			
DL-methionine	0.19			
Bentonite	1.00			
Limestone	1.34			
Monocalcium phosphate	1.51			
Premix <sup>2</sup>	0.27			
Chlorine chloride	0.07			
Salt	0.40			
Chemical compositions:				
metabolizable energy (kcal/kg)1	3.386			
crude protein	20.8			
crude fiber	3.53			
crude fat	2.39			
ash	6.96			

<sup>1</sup>Metabolizable energy, was calculated according to the Bolton formula: 40.81 {0.87 [crude protei 2 2.25 crude fat + nitrogen-free extract] + 2.5} <sup>1</sup>Premix containing (per kg of diet) Vitamin A 7750 IU, Vitamin D<sub>1</sub> 1550 IU, Vitamin B 1,8 mg, Vitamin B<sub>1</sub>, 1.25 mg, Vitamin B<sub>2</sub>, 3.13 mg, Vitamin B<sub>3</sub>, 1.88 mg, Vitamin B<sub>1</sub>, 1.25 mg, Vitamin C 25 mg, folic acid 1.50 mg Ca-D-pantothenate 7.5 mg, niacin 1.88 mg, biotin 0.13 mg, Co 0.20 mg, Cu 4.35 mg, Fe 54 mg, 10.45 mg, Mn 130 mg, Zn 86.5 mg, Se 0.25 mg, L-lysing 80 mg, choline chloride 500 mg, DL-methionine 900 mg, CaCO, 641.5 mg

and dicalcium phosphate 1500 mg.

On day 4, all chicks were vaccinated with active ND-infectious bronchitis vaccine (Caprivac ND-R®, PT. Caprifarmindo Laboratories, Indonesia) through

eye drop or inactive ND-avian influenza (AI) vaccine (Caprivac ND-AI K®, PT, Caprifarmindo Laboratories) through subcutaneous injection at a dose of 0.15 ml/head. Gumboro vaccine (Cevac Transmune IBD®, Ceva Animal Health, Indonesia) was given on day 14 through the drinking water.

From day 15 onward, the chickens (average body weight, 447.4 ± 5.22 g) were allocated into five treatment groups, including T0, T1, T2, T3, and T4, with five replicate pens in each group. The birds in T0 were reared at a density of 10 birds/m² (i.e., normal stocking density), while the birds in T1, T2, T3, and T4 were reared at a density of 16 birds/m² (i.e., high stocking density). Chicks in groups T0 and T1 were not provided with encapsulated *C. caudatus* leaf extract or other supplements. Birds in groups T2, T3, and T4 were fed with diets containing encapsulated *C. caudatus* leaf extract at doses of 0.5, 1.0, and 1.5 g/kg, respectively.

Feed intake and the body weight gain of the broilers were measured weekly from day 15 to day 42. On days 28 and 42, two chicks per pen were randomly selected for blood sampling through the brachial vein. The collected blood was placed in vacutainers with an anticoagulant (ethylenediaminetetraacetic acid) for complete blood count determination or vacutainers without anticoagulant for serum production. Serum was obtained by centrifugation of the blood samples at 3,000 rpm for 15 min and then stored in a freezer until analysis. At the end of the study (day 42), the two chicks that had been blood-sampled were sacrificed, and their lymphoid organs, i.e., bursa of Fabricius, spleen, and thymus, were collected.

# Data collection and laboratory analysis

Performance of broilers

Assessment of chicken performance included daily body weight gain, daily feed intake, and feed efficiency measurements. Data on daily weight gain were obtained by weighing the chickens on day 42 (i.e., the final weight), subtracting the initial weight (end of day 14) from the final weight, and then dividing the result by the experimental period (28 days). Daily feed intake was determined by dividing the total feed intake by the experimental period (28 days). Feed efficiency was calculated by dividing the body weight during treatment by the feed intake and then multiplying the result by 100%. Feed conversion ratio (FCR) was calculated by dividing the feed intake by the body weight during treatment. In this work, final live body weight and FCR data are reported as mean ± standard deviation.

# Complete blood counts

Complete blood counts were determined according to the dilution flask procedure, as described by Isroli et al. (2017). The numbers of erythrocytes and leukocytes were calculated, and a Burker chamber was used to count corpuscles. Hematocrit values were calculated using the microhematocrit technique. Differential leukocytes were counted using a light microscope with an immersion

lens. The coverslip procedure was applied during blood smear preparation.

Serum zotein profile Serum of process according to sav manufacturer's manual. measured via the using a commercial kit (DiaSys Diagnostic Device GmbH, Holzheim, Germany) with bromocresol green (DiaSys, Diagnostic System GmbH). The difference between total protein and albumin levels was measured to obtain globulin levels. Biochemical evaluation of creatinine and uric acid was conducted via the colorimetric/enzymatic color test using the necessary kits (DiaSys Diagnostic Device GmbH) according to the manufacturer's instructions.

# Lymphoid organ weight and histopathology

The relative weights of immune organs (i.e., bursa of Fabricius, spleen, and thymus) were determined by measuring the organ weight, dividing the value obtained by the live body weight, and then multiplying the result by 100%. Lymphoid organs were stored in 10% buffered formalin (Surgipath®) after weighing. The organs were then fixed in paraffin blocks and sliced to a thickness of 25 µm using a microtome for histological examination. Tissue fragments were mounted on a glass slide and stained with hematoxylin and eosin according to the method of Kiernan (2015). The histological structure of lymphoid organs was observed under a light microscope to investigate their pathological changes. The lesions observed were scored according to the severity of tissue damage (Yanai et al., 2018) as follows: 0 (no lesions, 0%), 1 (mild, 5%-25% lesions), 2 (moderate, 26%-50% lesions), and 3 (severe, >50% lesions).

# Antibody titer

The hemagglutination inhibition (HI) test for ND and AI antibodies was conducted according to Mayo (2002). Twofold serial dilutions of the serum sample were generated in microtiter plates with normal saline. Next, 0.05 ml of the ND or AI antigen was applied to each well of the plate. Three rows of wells were left as controls, the first row contained only the ND antigen (positive control), and the third row contained normal saline with red blood cells. The plate was shaken by a Titertek plate shaker and held at room temperature for 30 min. Afterward, 0.05 ml of red blood cells from the broilers was applied to each well. The highest dilution that could inhibit 50% agglutination was considered the HI titer.

# Antioxidant activity

Superoxide dismutase (SOD) activity was tested according to the ability of the sample to suppress pyrogallol auto-oxidation. The mixture consisted of 50 mM Tris-HCl (pH 8.2), 1 mM pentaacetic acid diethylenetriamine, and a sample. The reaction was in the addition of pyrogallol (final concentration, 0.2 mM), and

the absorbance was kinetically calculated. SOD concentrations are expressed in units of U/ml. Malondialdehyde (MDA) activity was measured using the reactive material test for thiobarbituric acid (TBA). Each supple was vortexed, added with 8.1% sodium dodecyl, and left at room temperature for 10 min; the control was treated in the same manner. After incubation, 20% autic acid and 0.6% TBA were applied to the samples, and the tubes were placed in a water bath for 1 h at 90–95°C. Thereafter, butanol:pyridine (15:1) was applied to the supernatant, and the mixture was vortexed and centrifuged. MDA concentrations are expressed in units of nmol/ml.

# Statistical analysis

The data obtained were statistically analyzed using one-way ANOVA at the 5% significance level. Differences among treatment groups were detected by Duncan's multiple range test. Histopathological scores of lymphoid tissues were analyzed non-parametrically using the Kruskal–Wallis method. The data are presented as meanrank. Images of pathological lesions provided in the figures describe the condition of the lesions in each treatment group and are provided for exploratory comparisons only. SPSS version 16.0 software was used for data analysis.

### Results

# Growth performance of broilers

Data on the growth performance of the broilers are presented in Table 2. The daily weight gain and feed efficiency of the broilers were higher in groups T2 and T3 (P<0.01) than in groups T0, T1, and T4. Daily feed intake was greater in groups T0 and T1 (P<0.01) than in groups T2 and T3 but not different from that in group T4.

# Complete blood counts and serum protein profiles of broilers

Data on the complete blood counts of the broilers are illustrated in Table 3. The erythrocyte and hematocrit values in groups T1, T2, T3, and T4 were greater (P<0.05) than those in group T0. The mean corpusq3 ar hemoglobin concentration (MCHC) in group T4 was lower (P<0.05) than that in groups T0, T1, and T2 but did not differ from that in group T3. Leukocyte and lymphocyte values were also higher in group T1 (P<0.05) than in the other treatment groups and lowest in groups T0 and T4.

Table 2. Performance of broilers (days 15-42)

Items	T0	T1	T2	Т3	T4	SEM	P value
DWG (g)	70.5 b	68.4 b	77.5 a	76.0 a	68.0 b	1.02	< 0.001
DFI(g)	143 a	145 a	135 b	134 b	140 ab	1.38	0.002
FE (%)	49.7 b	47.2 b	57.6 a	56.8 a	48.6 b	1.05	< 0.001

a, b - means marked w 5 letters in the same row are significantly different (P<0.05).

T0: chicks were raised at a density of 10 birds/m<sup>2</sup> and received no additive, T1: chicks were raised at a density of 16 birds/m<sup>2</sup> and received 0.5 g/kg encapsulated Cosmos candatus leaf extract, T3: chicks were raised at a density of 16 birds/m<sup>2</sup> and received 0.5 g/kg encapsulated Cosmos candatus leaf extract, T3: chicks were raised at a density of 16 birds/m<sup>2</sup> and received 1.0 g/kg encapsulated Cc candatus leaf extract, T4: chicks were raised at a density of 16 birds/m<sup>2</sup> and received 1.5 g/kg encapsulated Cc candatus leaf extract, SEM: standard error of the mean, DWG: daily weight gain, DFI: daily feed intake, FE: feed efficiency.

Table 3. Complete blood counts of the broiler

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Items	T0	T1	T2	Т3	T4	SEM	P value
Erythrocytes (106/μL)	2.56 b	3.23 a	3.24 a	3.17 a	2.98 a	0.06	0.004
Hematocrit (%)	31.9 b	40.5 a	43.2 a	40.7 a	38.8 a	0.94	0.001
MCV	125	126	125	129	132	1.08	0.149
MCH	35.2	35.8	35.1	34.2	34.1	0.23	0.087
MCHC	28.5 a	28.6 a	28.1 a	26.6 ab	26.0 b	0.32	0.025
RDW-SD	44.6	49.4	46.4	45.7	48.9	0.61	0.051
RDW-CV	9.65	10.4	9.77	9.32	10.3	0.12	0.076
MPV	9.66	9.39	9.21	9.07	9.22	0.09	0.343
8 W	8.63	8.73	8.03	8.56	10.1	0.41	0.625
Leukocytes (10 <sup>3</sup> /μL)	73.6 c	101 a	86.9 b	87.1 b	78.2 bc	2.11	< 0.001
Heterophils (10 <sup>3</sup> /μL)	3.15	5.60	3.65	3.85	3.11	0.34	0.124
Lymphocytes (10 <sup>3</sup> /μL)	69.9 c	94.9 a	83.3 b	83.3 b	74.5 bc	1.96	< 0.001
Thrombocytes (103/µL)	11.5	11.70	14.1	11.3	12.0	0.78	0.807

a, b, c - means marked 5 th letters in the same row are significantly different (P<0.05).

T0: chicks were raised at a density of 10 birds/m² and received no additive, T1: chicks were raised at a density of 16 birds/m² and received 0.5 g/kg encapsulated Cosmos caudatus leaf extract, T3: chicks were raised at a density of 16 birds/m² and received 0.5 g/kg encapsulated Cosmos caudatus leaf extract, T3: chicks were raised at a density of 16 birds/m² and received 1.0 g/kg encapsulated C. caudatus leaf extract, T4: chicks were raised at a density of 16 birds/m² and received 1.5 g/kg encapsulated C. caudatus leaf extract, SEM: standard error of the mean, MCV: mean corpuscular volume, MCH: mean corpuscular hemoglobin, MCHC: mean corpuscular hemoglobin concentration, RDW-SD: red blood cell distribution width-standard discrepancy, RDW-CV: red blood cell distribution width-coefficient of variation, MPV: mean platelet volume, PDW: platelet distribution width.

Table 4. Serum protein profile of the broilers

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Items	Т0	T1	T2	Т3	T4	SEM	P value
Total protein (g/dL)	5.08	5.87	5.60	5.38	5.59	0.20	0.128
Albumin (g/dL)	1.22 b	1.40 a	1.38 a	1.41 a	1.42 a	0.23	0.003
Globulin (g/dL)	3.85	4.46	4.23	3.97	4.17	0.26	0.208
Uric acid (mg/dL)	7.41	9.21	8.15	8.87	8.32	0.28	0.568
Creatinine (mg/dL)	0.19	0.12	0.70	0.90	0.21	0.36	0.686

a, b - means marked w 5 letters in the same row are significantly different (P<0.05).

To: chicks were rated at a density of 10 birds/m² and received no additive, T1: chicks were raised at a density of 16 birds/m² and received no additive, T2: chicks were raised at a density of 16 birds/m and received 0.5 g/kg encapsulated Cosmos caudatus leaf extract, T3: chicks were raised at a density of 16 birds/m² and received 1.0 g/kg encapsulated C. caudatus leaf extract, T4: chicks were raised at a density of 16 birds/m² and received 1.5 g/kg encapsulated C. caudatus leaf extract, SEM: standard error of the mean.

Table 5. Titers antibodies against Newcastle disease (ND) and avian influenza (AI) vaccines

Items (2log n)	T0	T1	T2	T3	T4	SEM	P value
Day 28							
NDV	4.60	4.70	5.10	5.40	5.00	0.197	0.732
AIV	1.90	1.80	2.60	2.50	2.30	0.234	0.778
Day 42							
NDV	5.70	6.70	6.20	6.70	6.90	0.261	0.607
AIV	3.00	4.00	2.20	2.50	2.30	0.283	0.247

T0: chicks were ra 11 at a density of 10 birds/m2 and received no additive, T1: chicks were raised at a density of 16 birds/m2 and received no additive, T2: chicks were raised at a density of 16 birds/m and received 0.5 g/kg encapsulated Cosmos caudatus leaf extract, T3: chicks were raised at a density of 16 birds/m² and received 1.0 g/kg encapsulated C. caudatus leaf extract, T4: chicks were raised at a density of 16 birds/m² and received 1.5 g/kg encapsulated C. caudatus leaf extract, SEM: standard error of the mean, NDV: Newcastle disease vaccine, AIV: Avian influenza vaccine.

Table 6. Relative immune organ weights of the broilers

			_	_			
Items (% BW)	T0	T1	T2	T3	T4	SEM	P value
Bursa of Fabricius	0.08	0.07	0.06	0.06	0.08	0.005	0.501
Spleen	0.16	0.12	0.13	0.12	0.16	0.014	0.783
Thymus	0.16	0.14	0.15	0.10	0.14	0.010	0.278

T0: chicks were ra 11 at a density of 10 birds/m and received no additive, T1: chicks were raised at a density of 16 birds/m and received no additive, T2: chicks were raised at a density of 16 birds/m and received 0.5 g/kg encapsulated Cosmos caudatus leaf extract, T3: chicks were raised at a density of 16 birds/m² and received 1.0 g/kg encapsulated C. caudatus leaf extract, T4: chicks were raised at a density of 16 birds/m² and received 1.5 g/kg encapsulated C. caudatus leaf extract, SEM: standard error of the mean, BW: body weight.

Table 7. Histopathological scores of the lymphoid tissues

				- 1			
Items	Т0	<b>T</b> 1	T2	T3	T4	SEM	P value
Bursa of Fabricius	7.00 b	22.50 a	17.70 a	8.90 b	8.90 b	0.168	< 0.001
Spleen	10.00	17.50	15.00	10.00	12.50	0.101	0.258
Thymus	12.30	17.20	8.10	15.10	12.30	0.147	0.275

The data are presented 5 mean-rank. a, b – mean-rank values marked with letters in the same row 11 significantly different (P<0.05), T0: chicks were rated at a density of 10 birds/m² and received no additive, T1: chicks were raised at a density of 16 birds/m² and receited no additive, T2: chicks were raised at a density of 16 birds/m² and received 0.5 g/kg encapsulated Cosmos caudatus leaf extract, T3: chicks were raised at a density of 16 birds/m2 and received 1.0 g/kg encapsulated C. caudates leaf extract, T4: chicks were raised at a density of 16 birds/m2 and received 1.5 g/kg encapsulated C. caudatus leaf extract, SEM: standard error of the mean.

Table 8. Serum superoxide dismutase (SOD) and malondialdehyde (MDA) levels of the broilers

	Items	T0	T1	T2	T3	T4	SEM	P value
S	OD (U/ml)	24.9 с	26.9 bc	27.8 Ь	27.4 b	30.0	0.39	< 0.001
M	IDA (nmol/ml)	7.91 b	9.19 b	7.75 b	8.18 b	14.5 a	0.75	0.017

a, b, c - means marked 5 th letters in the same row are significantly different (P<0.05).

To: chicks were ra 11 at a density of 10 birds/m2 and received no additive, T1: chicks were raised at a density of 16 birds/m2 and receive 1 no additive, T2: chicks were raised at a density of 16 birds/m² and received 0.5 g/kg encapsulated Cosmos caudatus leaf extract, T3: chicks were raised at a density of 16 birds/m² and received 1.0 g/kg encapsulated C. caudatus leaf extract, T4: chicks were raised at a density of 16 birds/m² and received 1.5 g/kg encapsulated C. caudatus leaf extract, SEM: standard error of the mean, SOD: superoxide dismutase, MDA: malondialdehyde.

Serum albumin concentrations were higher (P<0.05) in chicks reared at a high stocking density than in those reared at a normal stocking density (Table 4). No influence (P>0.05) of stocking density or *C. caudatus* leaf extract supplementation on the serum concentrations of total protein, globulin, uric acid, and creatinine was noted in the broilers.

# Immune competency of broilers

Data on the antibody titers of the broilers against the ND and AI vaccines are shown in Table 5. The treatments applied had no significant impact on titer antibodies against the vaccines in broilers on both measurement days (i.e., days 28 and 42). Moreover, the treatments showed no effect (P>0.05) on the relative immune organ weight of the broilers (Table 6). The histopathological scores of the lymphoid tissues of broilers are presented in Table 7. The lesion score of group T1 was higher (P<0.05) than that of the other treatment groups.

Stocking density affected the structure of the bursa of Fabricius of the broiler chickens. Compared with those in groups T0, T3, and T4, chicks in groups T1 and T2 revealed more severe pathological changes in their bursa of Fabricius. However, the spleen and thymus structures were not affected by the treatments. Figures 1–3 show the histopathological lesions of the lymphoid tissues of the broilers.

### Antioxidative status of broilers

Data on the serum SOD and MDA levels of the broilers are presented in Table 8. SOD levels were higher (P<0.05) in groups T2, T3, and T4 than in group T0. No significant difference (P>0.05) in SOD level was observed between groups T0 and T1. Compared with those in the other groups, chicks in group T4 revealed the highest (P<0.05) serum MDA levels.

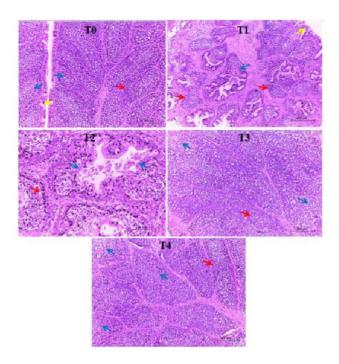


Figure 1. Microscopic photograph of the bursa of Fabricius of broilers on day 42. T0 (chicks were raised at a density of 10 birds/m² and received no additive) showed decreased cortical thickness (red arrow), slight reduction of lymphocyte numbers (blue arrow), and epithelial erosion (yelTo varrow). T1 (chicks were raised at a density of 16 birds/m² and received no additive) showed decreased cortical thickness (red arrow), severe depletion of lymphocytes in the medulla and cortices with folding of the reticuloepithelial layer (blue arrow), and epithelial erosion (yellow arrow). T2 (chicks were raised at 7 ensity of 16 birds/m² and received 0.5 g/kg encapsulated \*Cosmos caudatus\* leaf extract) showed decreased cortical thickness (red arrow) and depletion of lymphocytes in the medulla and cortices with folding of the reticuloepithelial layer (blue arrow).

T3 (chicks were mised at a density of 16 birds/m² and received 1.0 g/kg encapsulated \*C. caudatus\* leaf extract) showed decreased cortical thickness (red arrow) and moderate depletion of lymphocytes (blue arrow). T4 (chicks were raised at a density of 16 birds/m² and received 1.5 g/kg encapsulated \*C. caudatus\* leaf extract) showed decreased cortical thickness (red arrow) and moderate depletion of lymphocytes (blue arrow). Hematoxylin-eosin staining, 100×

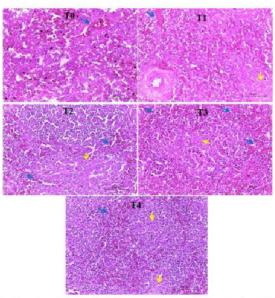


Figure 2. Microscopic photograph of the spleen of 42-day-old chicks. T0 (chicks were raised at a density of 10 birds/m² and received no additive) showed light hemorrhage (blue arrow). T1 (chicks were raised at a density of 16 birds/m² and received no additive) showed hemorrhage (blue arrow) and moderate depletion of lymphocytes (yellow arrow). T2 (chicks were raised at a density of 16 birds/m² and received 0.5 g/kg encapsulated Cosmos caudatus leaf extract) showed hemorrhage (blue arrow) and depletion of lymphocytes (yellow arrow). T3 (chicks were raised at a density of 16 birds/m² and received 1.0 g/kg encapsulated C. caudatus leaf extract) showed moderate hemorrhage (blue arrow) and depletion of lymphocytes (yellow arrow). T4 (chicks were raised at a density of 16 birds/m² and received 1.5 g/kg encapsulated C. cau 7 us leaf extract) showed hemorrhage (blue arrow) and light depletion of lymphocytes (yellow arrow). Hematoxylin-eosin staining, 4008

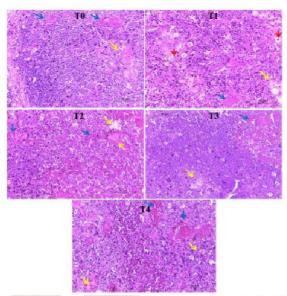


Figure 3. Microscopic photograph of the thymus of 42-day-old broilers. T0 (chicks were raised at a density of 10 birds/m² and received no additive) showed mild hemorrhage (blue arrow) and lymphocyte depletion in the thymic medulla (yellow arrow). T1 (chicks were raised at a density of 16 birds/m² and received no additive) showed severe hemorrhage (blue arrow), lymphocyte depletion in the thymic medulla (yellow arrow), and increased numbers of Hassal's corpusele in the thymic medulla (red arrow). T2 (chicks were raised at a density of 16 birds/m² and received 0.5 g/kg encapsulated Cosmos caudatus leaf extract) showed mild hemorrhage (blue arrow) and lymphocyte depletion in the thymic medulla (yellow arrow). T3 (chicks were raised at a density of 16 birds/m² and received 1.0 g/kg encapsulated C. caudatus leaf extract) showed light hemorrhage (blue arrow) and lymphocyte depletion in the thymic medulla (yellow arrow). T4 (chicks were raised at a density of 16 birds/m² and received 1.5 g/kg encapsulated C. caudatus leaf extract) showed severe hemorrhage (blue arrow) and mild lymphocyte depletion in the thymic medulla (yellow arrow). Hematoxylin-cosin staining, 400×

### Discussion

Several studies have documented the association between a high stocking density and compromised growth rate and feed efficiency in broilers (Simitzis et al., 2012; Li et al., 2019). Unlike the aforementioned studies, however, the current study showed no substantial effect of stocking density on the daily weight gain and feed efficiency of broilers. Similarly, Abo-Alqassem et al. (2018) did not any variations in growth rate and feed conversion among broilers reared at stocking densities of 12, 15, or 20 chicks/m<sup>2</sup>. Abudabos et al. (2013) observed no substantial effect of stocking densities of 28.0 (low), 37.0 (medium), or 40.0 kg/m2 (high) on the growth rate, feed intake, and feed conversion of broiler chickens. Several parameters, such as temperature, humidity, and accessibility to feeders and drinkers, may determine the effect of stocking density on the growth performance of broilers. Regardless of the stocking density effect, dietary supplementation with 0.5 and 1.0 g/kg encapsulated C. caudatus leaf extract increased the daily weight gain of broilers in the present study. On day 42, groups T2 (2,171  $\pm$  88.0 g) and T3 (2,182 ± 102 g) showed significantly greater final live body weights compared with groups T0 (1,975  $\pm$  83.9 g), T1 (1.915  $\pm$  101 g), and T4 (1.905  $\pm$  103 g). FCRs were also higher in groups T2 (1.73  $\pm$  0.07) and T3  $(1.76 \pm 0.09)$  than in groups T0  $(2.02 \pm 0.14)$ , T1  $(2.12 \pm$ 0.12), and T4 (2.07  $\pm$  0.16). To date, no study elucidating the growth promoting effect of C. caudatus leaf extract on broilers is yet available in the literature. However, bioactive compounds in the leaf extract, such as phenolic components, ascorbic acid, and anthocyanins (Cheng et al., 2015), are believed to affect the growth of broilers in a positive manner.

Data in the present study demonstrated that broilers raised at a high stocking density have higher erythrocyte and hematocrit values than those raised at a normal stocking density. This result contrasts the findings of Park et al. (2018), who noted a decrease in erythrocyte and hematocrit values in broilers reared at a high stocking density. The exact reason for this decrease is not known, but high stocking density-induced stress may be attributed to the acceleration of the metabolic rate of broiler chickens (Selvam et al., 2017). Increases in erythrocyte and hematocrit values in broilers raised at a high stocking density could be an adaptive response to enhancements in metabolic rate, which is accounted to the enhanced carrying capacity of oxygen needed for metabolic processes. Regardless of the high stocking density effect, birds fed diets supplemented with 1.5 g/kg encapsulated C. caudatus leaf extract revealed decreased MCHC values. A previous study in pig showed that excessive supplementation of saccharicterpenin, which is derived from Camellia oleifera seed meal, decreases MCHC values, indicating hemolytic anemia in piglets (Wang et al., 2020). Taking this study into consideration, we suggest that dietary supplementation with encapsulated C. caudatus leaf extract, especially at 1.5 g/kg, may induce hemolytic anemia in broilers, which may attenuate the growth promoting effect of encapsulated C. caudatus leaf extract on broilers. This supposition is supported by our finding that birds fed diets supplemented with 1.5 g/kg extract have lower daily week gains than birds fed with 0.5 and 1 g/kg encapsulated C. caudatus leaf extract. The literature indicates that high stocking densities decrease leukocyte and lymphocyte levels in poultry (Oke et al., 2020). By contrast, our present findings showed that a high stocking density could be associated with increased levels of leukocytes and lymphocytes in broilers. Similar to our results, Nwaigwe et al. (2020) showed an increase in leukocytes and lymphocytes with increasing stocking density stress. The researchers thus suggested that stress due to a high stocking density may increase the activity of noradrenaline, which can activate the generation of hematopoietic stem cells, especially leukocytes.

The present study clearly showed that the serum concentration of albumin is higher in chicks raised at a high stocking density than in those reared at a low stocking density. Similar to our findings, Nwaigwe et al. (2020) and Jeong et al. (2026) revealed that serum albumin concentrations increase in broilers reared at a high stocking density. Indeed, an increase in serum albumin level is a good indicator of physiological stress in broiler chickens (Nwaigwe et al., 2020). Broilers appear to use increases in serum albumin as a means to maintain their metabolic balance in response to high stocking density-induced stress (Tóthová et al., 2019).

The data in the current study showed no notable effect of treatments on antibody titers toward ND and AI vaccines, as well as the relative weight of lymphoid organs, in broilers. This finding agrees with the findings of Palizdar et al. (2016), who indicated that raising chickens at a high stocking density of 18 birds/m2 has no influence on several immune parameters of broilers, namely, levels of IgG and IgM and antibody responses toward sheep red blood cells. Astaneh et 11. (2018) and Houshmand et al. (2012) also revealed that an increase in stocking density has no substantial effect on the relative weight of lymphoid organs (i.e., bursa of Fabricius, spleen, and thymus) and antibody titers against ND vaccine. By contrast, several other studies revealed that high stocking densities decrease the weight of lymphoid organs and antibody titers, thereby compromising the ability of chickens to produce immune cells (Qaid et al., 2016; Gholami et al., 2020). Variations in experimental parameters, such as differences in the numbers of chicks per m<sup>2</sup>, age, and body weight of chickens, as well as environmental differences, may be responsible for the discrepancies observed among these studies.

Our present findings revealed that broilers reared at high stocking densities show more damage in their lymphoid organs, particularly of the bursa of Fabricius, than those raised at a normal stocking density. This finding is in accordance with the results of Yanai et al. (2018), who showed that broilers reared at densities of 15 and 20 chicks/m² experience more severe pathological lesions

compared with broilers reared at a density of 10 chicks/ m<sup>2</sup>. These pathological lesions manifested as thinning of the cortex and depletion of lymphocyte cells in the medulla, accompanied by epithelialization in the medulla of the bursa of Fabricius. Several studies have demonstrated that high density rearing subjects broiler chickens to oxidative stress (Simitzis et al., 2012; Li et al., 2019). Sugiharto et al. (2019) proposed that increased production of free radicals or ROS causes oxidative stress. Oxidative stress may be cytotoxic, and ROS can serve as mediators of cellular injury by interfering with electron transfer, thereby inducing damage to lymphoid cells. Kristeen-Teo et al. (2017) suggested that oxidative stress induced by free radicals in chicken bursa is directly correlated with the depletion of B lymphocytes, which is known to have a direct effect on the competence of humoral immunity.

An interesting finding in this study is that broilers raised at a high stocking density and fed diets supplemented with encapsulated C. caudatus leaf extract, particularly at a rate of 1.5 g/kg, show cortical and lymphocyte cell depletion levels comparable with those of the control. Ahmed et al. (2016) previously showed that propolis containing flavonoids improves the histological structure of the bursa of Fabricius of broilers raised for 42 days. Thus far, no study showing the effect of encapsulated C. caudatus leaf extract on the pathological lesions of lymphoid organs in chickens is yet available. Hence, this finding indicates that dietary supplementation with plant extracts containing flavonoids, such those of C. caudatus leaf, can improve the immunity of chickens by inducing the proliferation of lymphocyte cells within the immune organs of animals immunosuppressed due to oxidative stress.

In most situations, stress is associated with increased SOD and MDA levels, which is a protective response of broilers against the excessive production of free radicals (Akbarian et al., 2016). In the current study, a high stocking density did not correspond to an increase in SOD and MDA levels in the serum of broilers. The exact reason for this finding is not known, but rearing of broilers at a high stocking density from day 15 to day 42 appeared to allow the broilers to acclimatize to their environment; thus, the animals were able to compensate and adjust their antioxidant mechanisms to accommodate stress conditions. Our findings are supported by the work of Mosleh et al. (2018), who reported that antioxidative enzymes and MDA values increase in the early days in long-term-stressed broilers but decline thereafter. A high stocking density usually leads to chronic oxidative stress in broiler chickens (Simitzis et al., 2012). Regardless of the high stocking density effect, dietary supplementation with encapsulated C. caudatus leaf extract elevated the level of SOD of broilers in the present study. While corresponding reports on broilers are scarce, a study on mice showed that dietary administration of C. caudatus leaf extract increases SOD activity in the lungs (Abdullah et al., 2015). Abdullah et al. (2015) also reported that C. caudatus leaf extract generally decreases MDA levels when administered at doses of 100 and 500 mg/kg but increases the levels of this oxidative stress marker in the lungs when administered at 1,000 mg/kg. This finding suggests that *C. caudatus* leaf extract could defend against free radicals at lower doses but acts as a pro-oxidant when administered at higher levels. At high doses, *C. caudatus* may also be metabolized into a toxic metabolite that could damage cells, resulting in elevated MDA levels (Abdullah et al., 2015).

In conclusion, a high stocking density increases erythrocyte, hematocrit, leukocyte, and lymphocyte counts, which seems to be an adaptive response of broilers to enhancements in metabolic rate and physiological stress. Stress due to a high stocking density damages the bursa of Fabricius. Supplementation with encapsulated *C. caudatus* leaf extract, especially at a rate of 1.5 g/kg, alleviates cortical and lymphocyte cell depletion in broilers. Regardless of the stocking density effect, dietary supplementation with 0.5 and 1.0 g/kg encapsulated *C. calatus* leaf extract could increase the daily weight gain of broilers.

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