- 1. Result of the manuscript review (4-1-2016)
 - JT review form
 - Manuscript
- 2. Revised process (12-1-2016)
 - Manuscript after added new data
- 3. Revised process (15-1-2016)
 - Evaluation form for journal
 - Manuscript after revised
- 4. Revised process (4-2-2016)
- 5. Resume author responses (11-2-2016)
- 6. Final check (22-2-2016)
- 7. Manuscript status (26-2-2016)
- 8. Published (18-4-2016)

Yahoo Mail - Hasil review naskah Heavy Metal

11/4/2020

Hasil review naskah Heavy Metal

Dari: Rosita Dwi Chandra,S.TP, M.FoodSt(Adv) (rosita.dwi@machung.ac.id) Kepada: Fronthea_thp@yahoo.co.id Cc: fronthea_thp@undip.ac.id; monika.nur@machung.ac.id

Tanggal: Senin, 4 Januari 2016 09.03 WIB

Yth. Ibu Fronthea,

Berikut saya kirimkan hasil review naskah Ibu yang sudah direview oleh Ibu Kapti Rahayu. Saya juga menyampaikan komentar beliau "Sebetulnya saya agak kesulitan karena paper sangat sederhana, yang biasanya hanya dimuat sebagai "Short Communication" beberapa lembar saja".

Mohon untuk Ibu memperbaiki naskah sesuai komentar yang diberikan.

Terima kasih untuk perhatian dan kerja sama yang diberikan.

Salam,

Rosita

JT Review Form 2015 Special Issue (Fronthea Swastawati).docx 35.3kB



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1/1

Jurnal Teknologi	Full Paper
ANALYSIS OF HEAVY METAL CONTENT IN Anandara granosa: A Case Study of 10 Markets in Semarang, Central Java, Indonesia	Article history Received Received in revised form
Nanik Heru Suprapti ^a , Aziz Nur Bambang ^ь , Fronthea Swastawati ^c , Ahmad Ni'matullah Al Baari ^d , Adriyan Pramono ^e	Accepted
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2

Graphical abstract

Abstract



Anadara granosa was collected and being analysed for containing of Pb, Cr, The purpose of this study was to determine the concentration of heavy metals such as lead (Pb), chromium (Cr), and cadmium (Cd) contained in the shells of Anadara granosa taken from 10 markets in the city of Semarang, Central Java, Indonesia (Johar, Genuk, Gayamsari, Teak, Peterongan, Karangayu, Mangkang, Pedurungan, Boom Lama, and Ngaliyan). The concentration of heavy metals of Anadara granosa were analyzed using Atomic Absorption Spectrometer (AAS). Analysis of variance (ANOVA) showed that heavy metals (Pb, Cd, and Cr) of shells taken from 10 markets showed a highly significant difference (P<0.01) on the content of Pb, showed no significant difference (P<0.05) on the content of Cd and Cr. High Pb content of the shells is derived from the shells at Pedurungan market of $0.24 \pm 0.01 \text{ mg} \cdot \text{kg}^{-1}$. Levels of Anadara granosa that have a high Cr content is derived from the market Gayamsari market $0.09 \pm 0.00 \text{ mg} \cdot \text{kg}^{-1}$. While high Cd comes from the shells obtained in the Genuk market of $0.62 \pm 0.00 \text{ mg} \cdot \text{kg}^{-1}$. Accumulation of heavy metal contamination such as Pb, Cr, and Cd in shellfish could affect the micronutrient status and consumer health.

Keywords: Anadara granosa; heavy metals; micronutrients inhibitor; traditional market of Semarang City

1.0 INTRODUCTION

Heavy metals such as lead (Pb), chromium (Cr), and cadmium (Cd) are toxic contaminants that can cause biochemical changes and bioaccumulation in aquatic and its organisms. Not only adversely affect aquatic organisms, but also for humans who consume metal toxic fish products will also get negatively impacts. For example, heavy metals Pb easier to accumulate in the body of children [1]. The recent study pinted out that the accumulation of Pb is not only in the organs or in the blood, but also in the adipose fat tissue [2]. Pb and Cd poisoning in children can cause to chronic malnutrition due to micronutrients deficiency and impaired brain developmental [3]. Anadara granosa is a fishery products which is able to accumulate heavy metals. Anadara aranosa is one type of shellfish that have the potential and economic value to be developed, as a source of protein and essential minerals to meet the nutrient adequacy in public health situation. Anadara granosa are an infauna, which is life in a way to immerse them selves in the mud, beneath the surface in shallow water [4]. The accumulation of Pb, Cr, and Cd in Anadara granosa through human consumption can be detrimental to health problem such as decreased renal function, memory loss, respiratory tract disorders, impaired liver function, and cancer [5-10].

The accumulation of Pb, Cr, and Cd inside the Anadara granosa is caused due to the nature or way of life, settle and obtain their food by means of "filter feeders" that can accumulate metals above their own environment. In addition, due to differences in substrate where life and the life of older shells also allows of metals accumulate more than younger shells [11]. The purpose of this study was to evaluate Pb, Cr, and Cd levels inside the Anadara granosa. This study result are expected in the future socialization is needed to provide a way to solve this problem out, for example by purification of Anadara granosa before processing.

2.0 EXPERIMENTAL

2.1 Material Research

Materials used in this study are shells of Anadara granosa taken from 10 traditional markets mentioned above as each 1 kg of shells from every market with the size 3 cm to 5 cm and weight of 10 g. Samples were taken using a plastic bag, camera, label, box sterofoam.

2.2 Research Methods

2.2.1 Sampling of the Shells

About 500 g sample was taken directly from the traditional markets located in Semarang. The sample is then washed to remove dirt and then boiled to separte the shells and shellfish meat.

2.2.2 Testing of Heavy Metals by Atomic Absorption Spectrometer [12]

About 50 g sample is taken and then dried at a temperature of approximately 100 °C, then mashed into a form such as powder. Samples were dissolved into the vessel of 500 mg and was added nitric acid and perchloric acid in 1 mL and 2.5 mL of distilled water. Then the sample was put in a microwave digestion. Subsequently, the samples were analyzed using Atomic Absorption Spectroscopy (AAS). The working of this method was done by comparing the absorbance of the sample solution with the standard solution comparator to obtain the concentration of sample. Scale absorbance of AAS was calibrated with a standard series of known concentration. The result of the analysis of

AAS was a calibration curve. From the calibration curve of the analyte concentration of the sample solution it could be sought after the measure of the absorbance. Factors that may affect the calibration process were AAS standard solution and AAS instrument.

2.2.3 Data Analysis

Heavy metal test results of Anadara granosa from 10 traditional markets in the city of Semarang, then, were analyzed by using analysis of variance or one-way ANOVA with IBM SPSS 22. This analysis was used to determine differences in the concentration of heavy metals such as Pb, Cd, and Cr in Anadara granosa from the 10 traditional markets in the city of Semarang.

3.0 RESULTS AND DISCUSSION

3.1 Lead (Pb)

Lead (Pb) or black tin is a natural substance which is found in the earth's crust and often used in chemical manufactured industries (e.g. batteries industry, stationery industries), electrical wiring and coloring paint. Waste of lead (Pb) often can be found in the form of sediment, which can contaminate the waters and organisms such as shellfish (Anadara granosa). Table 1 present results of lead (Pb) analysis of Anadara granosa in 10 traditional markets in Semarang.

No.	Samples code		Lead (mg ·kg ⁻¹)					
NO.	Sumples code	I	II	III	Mean	SD		
1	Ps. Pedurungan	0.24	0.23	0.23	0.23	0.01		
2	Ps. Genuk	0.22	0.23	0.22	0.22	0.00		
3	Ps. Gayamsari	0.20	0.20	0.20	0.20	0.00		
4	Ps. Johar	0.18	0.18	0.18	0.18	0.00		
5	Ps. Jati	0.17	0.18	0.17	0.17	0.00		
6	Ps. Peterongan	0.14	0.15	0.15	0.15	0.00		
7	Ps. Boom Lama *	0.11	0.13	0.13	0.12	0.01		
8	Ps. Karang ayu *	0.12	0.12	0.11	0.12	0.00		
9	Ps.Mangkang	0.10	0.10	0.10	0.10	0.00		
10	Ps. Ngaliyan	0.09	0.09	0.09	0.09	0.00		

Table 1 Results of the analysis of Anadara granosa's lead (Pb) in 10 traditional markets at Semarang City

Note: SD= Standard Deviation; *= not significantly different (P>0.01)

Table 1 illustrate lead (Pb) contained in Anadara granosa taken from traditional market Pedurungan, Genuk, and Gayamsari were the highest levels among all traditional market. Lead is a substance that is highly toxic or poisonous if absorbed into the body. Lead poisoning can be experienced by people of various ages. Especially in high-risk groups e.g. pregnant women exposed to lead (Pb) could flow through the placenta to the child during pregnancy and lactation. For the fetus to be at risk of micronutrient deficiencies, malnutrition, to the chronically impaired brain development [3]. Lead poisoning are able to influence brain development by reducing the IQ, hyperactivity, hearing damage and impaired the child growth [13]. However, the content of lead (Pb) in the consumption of fishery products at generally northern coastal communities should remain a concern because of the nature of accumulation.

3.2 Chromium (Cr)

Chromium (Cr) is a metal that has been used extensively in human life such as industry, textiles, tanning, and explosives [14]. Chromium waste industrial products generally, are often discharged into waters which contaminate aquatic and organisms such as shellfish. Table 2 illustrate result analysis of chromium of Anadara granosa in 10 traditional markets at Semarang city.

		Chromium (mg · kg ⁻¹)				
No.	Samples code				Mean	SD
1	Ps. Pedurungan	0.07	0.07	0.07	0.07	0.00
2	Ps. Genuk	0.08	0.08	0.08	0.08	0.00
3	Ps.Gayamsari	0.09	0.09	0.09	0.09	0.00
4	Ps. Johar*	0.06	0.06	0.06	0.06	0.00
5	Ps. Jati*	0.05	0.05	0.05	0.05	0.00
6	Ps. Peterongan*	0.05	0.05	0.05	0.05	0.00
7	Ps. Boom Lama *	0.04	0.04	0.04	0.04	0.00
8	Ps. Karangayu *	0.06	0.06	0.06	0.06	0.00
9	Ps. Mangkang*	0.06	0.06	0.06	0.06	0.00
10	Ps.Ngaliyan*	0.04	0.04	0.04	0.04	0.00

Table 2 Results of Anadara granosa's chromium (Cr) analysis in 10 traditional markets at Semarang City

Note: SD= Standard Deviation; * = Different significantly (P<0.05)

Chromium (Cr) is an element that has an important role in everyday life. At low concentrations in the form of Cr3⁺ (trivalent), chromium is an essential micronutrient for humans [15]. But at high concentrations in the form of Cr6⁺ (hexavalent), known to be carcinogenic [16]. Chromium in foods mostly found in coral and sea water [15]. The draw of chromium in the form of Cr3⁺ is in adequate [Type text] 00-0 (2015) 00-00 www.jurna

quantities have known its benefits in improving the ability of insulin in glucose metabolism [17]. Even in the treatment of chromium parenteral nutrition became one of the essential nutrients [15]. Nevertheless, the accumulation of the chromium in the tissue must be wary not to form toxic Cr6⁺ and the long term potential to become cancerous.

3.3 Cadmium (Cd)

Cadmium (Cd) is a toxic heavy metal elements often found in sewage pollution of waters and

shellfish other than lead (Pb) [18]. Results of analysis of cadmium (Cd) of Anadara granosa in 10 markets in Semarang city is shown in Table 3.

No	Samples code	Cadmium (mg · kg-1)				
		I	II	III	Mean	SD
1	Ps. Pedurungan	0.09	0.09	0.09	0.09	0.00
2	Ps. Genuk	0.16	0.16	0.16	0.16	0.00
3	Ps. Gayamsari	0.14	0.14	0.14	0.14	0.00
4	Ps. Johar	0.13	0.13	0.13	0.13	0.00
5	Ps. Jati	0.13	0.13	0.13	0.13	0.00
6	Ps. Peterongan	0.10	0.10	0.10	0.10	0.00
7	Ps. Boom Lama	0.09	0.09	0.09	0.09	0.00
8	Ps. Karangayu	0.08	0.08	0.08	0.08	0.00
9	Ps. Mangkang	0.09	0.09	0.09	0.09	0.00
10	Ps. Ngaliyan	0.06	0.06	0.06	0.06	0.00

Table 3 Analysis of Anadara granosa's Cadmium (Cd) in 10 traditional markets at Semarang city

Note: SD= Standard Deviation; * = Different significantly (P<0.05)

Anadara granosa were obtained from Genuk traditional market containing the highest cadmium (0.16 ± 0.00 mg \cdot kg⁻¹), while the shells obtained from Ngaliyan traditional market containing the lowest cadmium (0.06 ± 0.00 mg \cdot kg⁻¹). Cadmium will be transported by an enzyme transporter, which has trivalent in valency numbering and has a potential reduced as 2⁺ then may accumulate in the kidneys and liver. If the concentration reached 200 µg \cdot g⁻¹ or more, it will cause kidney damage. Cadmium metal source can be derived from the metals that may be plated with cadmium. Based on the WHO cadmium consumption threshold is between 57 mg per d to 71 mg per d [19].

In the biochemical process of human body, there are three main mechanisms of how the heavy metal interact and cause a variety of biochemical disturbances [20,21]. The first mechanism is by entering the human body through food intake, through the digestive process, and is absorbed through the intestinal villi to the blood circulation. The second mechanism is after they entry into circulation, there is a trivalent metal receptors, which unrecognized whether it is a metal that is essential or not essential to human body. The effect is there will be a complex competition between essential trace elements against non essential metal [22]. The third mechanism in the long term effect, since imbalanced competition between non essential metal metal and essential trace elements, may cause essential micronutrients deficiency and functional disorders e.g. child growth and impaired of brain developmental [23].

4.0 CONCLUSION

High level of lead (Pb), chromium (Cr), and cadmium (Cd) are found in Anadara granosa taken from 10 traditional markets in the city of Semarang. Based on the criteria of food quality and considering of the characteristics of heavy metals that can accumulate in the human body it is emphasized unfavorable for

consumption in the long term. This study recommends next study to determine the impact of Pb, Cd, and Cr on micronutrients status in human body at coastal area of Semarang city.

Acknowledgement

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Conference / group information

BORANG PENILAIAN JURNAL (EVALUATION FORM FOR JOURNAL)

Tajuk artikel:ANALYSIS OF HEAVY METAL CONTENT IN ANANDARA GRANOSA: A CASESTUDY OF 10 MARKETS IN SEMARANG, CENTRAL JAVA, INDONESIA

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* Nama penilai	:
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A. EVALUATIONS

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Please evaluate the paper according to the following criteria:

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1.	The topic is important and relevant for publication	[v] []	
2.	The work presented in the manuscript is original		[v] []
3.	The manuscript uses sufficient references		[] [v]
4.	The manuscript uses appropriate language and styles		[] [v]
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6.	The order of presentation is satisfactory		[v] []
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9.	The problem described in the manuscript is clearly stated	[] [v]
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	is sound		
11.	The findings of this manuscript are correctly interpreted	[] [v]
12.	The manuscript is free from obvious errors	[] [v]
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	for publications		
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B. SUGGESTIONS TO THE AUTHOR(S)

What can the author(s) do to improve the quality of this paper? Please use separate sheets if necessary.

____The author(s) should mention another related publication for correctly interpreted

Standard for Indonesian products should be mention

C. RECOMMENDATIONS TO THE EDITORS

The manuscript should be:

- a. Published as it is.
- b. Published with changes as recommended.
- c. Returned to the writer to be completely reworked and rewritten.

d. Rejected.

Note: If you selected **b** and **c**, please list all corrections and suggestions in separate sheets. If you have chosen **d**, please include your comments as well.

Re: Hasil review naskah Heavy Metal

Dari: Rosita Dwi Chandra, S.TP, M.FoodSt(Adv) (rosita.dwi@machung.ac.id)

Kepada: fronthea_thp@yahoo.co.id

Tanggal: Senin, 18 Januari 2016 08.18 WIB

Yth. Ibu Thea,

Terima kasih untuk review yang sudah Ibu kerjakan.

Saya sudah menyampaikan pada author hasil review tersebut. Mohon untuk Ibu menunggu respon selanjutnya.

Terima kasih.

Salam,

Rosita

From: Fronthea Swastawati <fronthea_thp@yahoo.co.id> Sent: Friday, January 15, 2016 5:15 PM To: Rosita Dwi Chandra,S.TP, M.FoodSt(Adv) Subject: Bls: Hasil review naskah Heavy Metal</fronthea_thp@yahoo.co.id>
Ysh. Mbak Rosita
Berikut saya kirimkan Evaluatian Form For Jurnal a.n lis Rostini.
Matur Nuwun
Pada Jumat, 15 Januari 2016 16:00, "Rosita Dwi Chandra,S.TP, M.FoodSt(Adv)" <rosita.dwi@machung.ac.id> menulis:</rosita.dwi@machung.ac.id>
Yth. Ibu Thea,
Kapan Ibu bisa mengirimkan hasil review Ibu Iis Rostini maupun revisi naskah Ibu? Mohon konfirmasinya mengingat waktu submission yang sudah dekat. Terima kasih untuk perhatian dan kerja sama yang Ibu berikan.
Salam, Rosita
From: Rosita Dwi Chandra,S.TP, M.FoodSt(Adv) Sent: Friday, January 8, 2016 2:26 PM To: Fronthea_thp@yahoo.co.id Cc: fronthea_thp@undip.ac.id Subject: Fw: Hasil review naskah Heavy Metal

Yth. Bu Thea,

Saya forward email ini karena sebelumnya tidak terkirim ke email yahoo Ibu.

Terima kasih.

Salam, Rosita

From: Rosita Dwi Chandra,S.TP, M.FoodSt(Adv) Sent: Friday, January 8, 2016 2:15 PM To: Dr fronthea Swastawati Subject: Re: Hasil review naskah Heavy Metal

Yth. Bu Thea,

Terima kasih untuk informasi yang Ibu berikan. Saya akan tunggu revisi naskah Ibu. Mohon juga untuk Ibu mereview naskah Ibu lis Rostini yang sudah saya kirim sebelumnya. Terima kasih untuk perhatian dan kerja sama yang Ibu berikan.

Salam,

Rosita

From: Dr fronthea Swastawati <fronthea_thp@yahoo.com> Sent: Saturday, January 9, 2016 2:27 AM To: Rosita Dwi Chandra,S.TP, M.FoodSt(Adv) Subject: RE: Hasil review naskah Heavy Metal

Ysb Mbak Rosita,

Alhamdulillah saya baru saja kembali ke Tanah Air setelah Ibadah Umroh. Kebetulan data hasil uji lab tambahan baru keluar minggu lalu..insya Allah minggu ini saya olah untuk melengkapi paper dan sekaligus menanggapi masukan dr Prof Kapti..masih ada sekitar 6 tabel hasil perlakuan penelitian kami..tks. Salam.

Fronthea.

Sent from Samsung Mobile

------ Original message ------From: "Rosita Dwi Chandra,S.TP, M.FoodSt(Adv)" Date:03/01/2016 7:03 PM (GMT-07:00) To: Fronthea_thp@yahoo.co.id Cc: fronthea_thp@undip.ac.id, "Monika Nur Utami Prihastyanti, S.TP, M.Nat.Sc" Subject: Hasil review naskah Heavy Metal

Yth. Ibu Fronthea,

Berikut saya kirimkan hasil review naskah Ibu yang sudah direview oleh Ibu Kapti Rahayu. Saya juga menyampaikan komentar beliau "Sebetulnya saya agak kesulitan karena paper sangat sederhana, yang biasanya hanya dimuat sebagai "Short Communication" beberapa lembar saja".

Mohon untuk Ibu memperbaiki naskah sesuai komentar yang diberikan.

Terima kasih untuk perhatian dan kerja sama yang diberikan.

Salam, Rosita

Yahoo Mail - Re: Paper Heavy Metal

Re: Paper Heavy Metal

Dari: adriyan pramono (adriyanpram@gmail.com)

Kepada: fronthea_thp@yahoo.co.id

Tanggal: Jumat, 15 Januari 2016 15.10 WIB

Dear Dr.Fronthea

Bersama ini saya lampirkan hasil modifikasi terhadap paper berdasarkan hasil terbaru. Perubahan yang sy coba susun yang berwarna merah. Ada beberapa poin yang saya beri catatan :

1. Dengan modifikasi paper, maka di dalam pendahuluan ada tambahan 3 referensi yang tertuang dalam narasi paragraf terakhir untuk menyinggung lime dan kumis kucing. Dalam daftar referensi sudah saya tambahkan dan arrange perubahan yang ada.

2. Penentuan konsentrasi dan lama perendaman disebutkan merujuk previous study, namun tidak ada referensinya. Oleh sebab itu dalam narasi di samples preparation saya beri kurung untuk tempat referensi.

3. Pada hasil tambahan setelah analisis data paska diberi lime dan kumis kucing, tidak ada pendukung hasil analisis statistiknya, sehingga saya agak kesulitan menjelaskan kata efektif paska perlakuan, lazimnya diberikan istilah signifikan (....significantly....) namun saya agak ragu mengingat tidak ada p vaue hasil uji beda. Barangkali bisa ditambahkan bu.

Sekian dulu dari saya. Semoga bermanfaat dan paper mendapatkan respon positif.

Terima kasih

Salam,

Adriyan

Pada 12 Januari 2016 13.18, Fronthea Swastawati < fronthea thp@yahoo.co.id> menulis:

Ysh. Pak Adriyan

Bersama ini saya lampirkan paper Heavy Metal yang sudah ditambahkan data. Mohon jika berkenan Pak Adriyan bisa mengkoreksi kembali dan mencocokkan dengan yang Pak Adriyan sudah kerjakan. Atas kerjasamanya yang baik saya ucapkan terimakasih.

Untuk konsepnya, Penelitian ini dibagi 2 tahap, tahap 1 hanya sebagai informasi bahwa kerang dari 10 pasar tersebut mengandung logam. Penelitian tahap 2 kerang diberi perlakuan perendaman larutan jeruk nipis 20% dan larutan daun kumis kucing 20% selama 60 menit.

Salam Fronthea

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ANALYSIS OF HEAVY METAL CONTENT IN

ANANDARA GRANOSA: A CASE STUDY OF

10 MARKETS IN SEMARANG, CENTRAL

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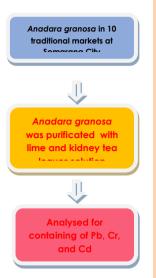
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17

Graphical abstract

Abstract



The purpose of this study was to determine the concentration of heavy metals such as lead (Pb), chromium (Cr), and cadmium (Cd) contained in the shells of Anadara granosa taken from 10 markets in the city of Semarang, Central Java, Indonesia (Johar, Genuk, Gayamsari, Teak, Peterongan, Karangayu, Mangkang, Pedurungan, Boom Lama, and Ngaliyan). The concentration of heavy metals of Anadara granosa were analyzed using Atomic Absorption Spectrometer (AAS). Analysis of variance (ANOVA) showed that heavy metals (Pb, Cd, and Cr) of shells taken from 10 markets showed a highly significant difference (P<0.01) on the content of Pb, showed no significant difference (P<0.05) on the content of Cd and Cr. High Pb content of the shells is derived from the shells at Pedurungan market of $0.24 \pm 0.01 \text{ mg} \cdot \text{kg}^{-1}$. Levels of Anadara granosa that have a high Cr content is derived from the market Gayamsari market $0.09 \pm 0.00 \text{ mg} \cdot \text{kg}^{-1}$. While high Cd comes from the shells obtained in the Genuk market of $0.62 \pm 0.00 \text{ mg} \cdot \text{kg}^{-1}$. Accumulation of heavy metal contamination such as Pb, Cr, and Cd in shellfish could affect the micronutrient status and consumer health.

Keywords: Anadara granosa; heavy metals; micronutrients inhibitor; traditional market of Semarang City

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1.0 INTRODUCTION

Heavy metals such as lead (Pb), chromium (Cr), and cadmium (Cd) are toxic contaminants that can cause biochemical chanaes and bioaccumulation in aquatic and its organisms. Not only adversely affect aquatic organisms, but also for humans who consume metal toxic fish products will also get negatively impacts. For example, heavy metals Pb easier to accumulate in the body of children [1]. The recent study pointed out that the accumulation of Pb is not only in the organs or in the blood, but also in the adipose fat tissue [2]. Pb and Cd poisoning in children can cause to chronic malnutrition due to micronutrients deficiency and impaired brain developmental [3]. Anadara granosa is a fishery products which is able to accumulate heavy metals. Anadara granosa is one type of shellfish that have the potential and economic value to

be developed, as a source of protein and essential minerals to meet the nutrient adequacy in public health situation. Anadara granosa are an infauna, which is life in a way to immerse them selves in the mud, beneath the surface in shallow water [4]. The accumulation of Pb, Cr, and Cd in Anadara granosa through human consumption can be detrimental to health problem such as decreased renal function, memory loss, respiratory tract disorders, impaired liver function, and cancer [5–10].

The accumulation of Pb, Cr, and Cd inside the Anadara granosa is caused due to the nature or way of life, settle and obtain their food by means of "filter feeders" that can accumulate metals above their own environment. In addition, due to differences in substrate where life and the life of older shells also allows of metals accumulate more than younger shells [11]. Study in rats showed that Citrus aurantifolia (Lime) reduced blood lead levels [12]. Citrus aurantifolia (Lime) contains antioxidants and some studies have confirmed such antioxidants could prevent metal toxicities [13,14].

The purpose of this study was to evaluate Pb, Cr, and Cd levels inside the Anadara granosa and to investigate the effect of submersion using *Citrus* aurantifolia (Lime) and *Orthosiphon aristatus* (Kidney tea leaves) juice on Pb, Cd, and Cr levels of Anadara granosa.

2.0 EXPERIMENTAL

2.1 Material Research

Materials used in this study are shells of Anadara granosa taken from 10 traditional markets mentioned above as each 1 kg of shells from every market with the size 3 cm to 5 cm and weight of 10 g. Samples were taken using a plastic bag, camera, label, box sterofoam.

2.2 Research Methods

This study was conducted in two stages. The first stage was determined to asses Pb, Cd, dan Cr levels in Anadara granosa (samples were taken from 10 traditional market in Semarang, Indonesia). The second stage was to investigate the effect of liquid *Citrus aurantifolia* (Lime) and *Orthosiphon aristatus* on Pb, Cd, and Cr levels of Anadara granosa.

2.2.1 Sampling of the Shells

About 500 g sample was taken directly from the traditional markets located in Semarang. The sample is then washed to remove dirt and then boiled to separte the shells and shellfish meat.

2.2.2 Sample preparations

A 50 grams samples were deluged iinside of Citrus aurantifolia (Lime) and Orthosiphon aristatus (Kidney tea leaves) juice with 20 % concentrate during sixty minutes. Concentration and time of submersion were determined using previous study [pustakanya mana], with concentration of 10 %, 15 %, 20 % dan 25 % and time of submersion of thirty minute, sixty minutes and ninety minutes.

2.2.3 Testing of Heavy Metals by Atomic Absorption Spectrometer [15]

About 50 g sample is taken and then dried at a temperature of approximately 100 °C, then mashed into a form such as powder. Samples were dissolved into the vessel of 500 mg and was added nitric acid and perchloric acid in 1 mL and 2.5 mL of distilled water. Then the sample was put in a microwave digestion. Subsequently, the samples were analyzed using Atomic Absorption Spectroscopy (AAS). The working of this method was done by comparing the absorbance of the sample solution with the standard solution comparator to obtain the concentration of sample. Scale absorbance of AAS was calibrated with a standard series of known concentration. The result of the analysis of AAS was a calibration curve. From the calibration curve of the analyte concentration of the sample solution it could be sought after the measure of the absorbance. Factors that may affect the calibration process were AAS standard solution and AAS instrument.

2.2.4 Data Analysis

Heavy metal test results of Anadara granosa from 10 traditional markets in the city of Semarang, then, were analyzed by using analysis of variance or one-way ANOVA with IBM SPSS 22. This analysis was used to determine differences in the concentration of heavy metals such as Pb, Cd, and Cr in Anadara granosa from the 10 traditional markets in the city of Semarang.

3.0 RESULTS AND DISCUSSION

3.1 Lead (Pb)

Lead (Pb) or black tin is a natural substance which is found in the earth's crust and often used in chemical manufactured industries (e.g. batteries industry, stationery industries), electrical wiring and coloring paint. Waste of lead (Pb) often can be found in the form of sediment, which can contaminate the waters and organisms such as shellfish (Anadara granosa). Table 1 present results of lead (Pb) analysis of Anadara granosa in 10 traditional markets in Semarang.

Table 1	Results of the analysis of Anadar	ra granosa's lead (Pb) in	10 traditional markets at Semarang City
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No.	Samples code		Lead (mg ·kg ⁻¹)				
110.		I	II	III	Mean	SD	
1	Ps. Pedurungan	0.24	0.23	0.23	0.23	0.01	
2	Ps. Genuk	0.22	0.23	0.22	0.22	0.00	
3	Ps. Gayamsari	0.20	0.20	0.20	0.20	0.00	
4	Ps. Johar	0.18	0.18	0.18	0.18	0.00	
5	Ps. Jati	0.17	0.18	0.17	0.17	0.00	
6	Ps. Peterongan	0.14	0.15	0.15	0.15	0.00	
7	Ps. Boom Lama *	0.11	0.13	0.13	0.12	0.01	
8	Ps. Karang ayu *	0.12	0.12	0.11	0.12	0.00	
9	Ps.Mangkang	0.10	0.10	0.10	0.10	0.00	
10	Ps. Ngaliyan	0.09	0.09	0.09	0.09	0.00	

Note: SD= Standard Deviation; *= not significantly different (P>0.01)

Table 1 illustrate lead (Pb) contained in Anadara aranosa taken from traditional market Pedurungan, Genuk, and Gayamsari were the highest levels among all traditional market. Lead is a substance that is highly toxic or poisonous if absorbed into the body. Lead poisoning can be experienced by people of various ages. Especially in high-risk groups e.g. pregnant women exposed to lead (Pb) could flow through the placenta to the child during pregnancy and lactation. For the fetus to be at risk of micronutrient deficiencies, malnutrition, to the chronically impaired brain development [3]. Lead poisoning are able to influence brain development by reducing the IQ, hyperactivity, hearing damage and impaired the child growth

[16]. However, the content of lead (Pb) in the consumption of fishery products at generally northern coastal communities should remain a concern because of the nature of accumulation.

3.2 Chromium (Cr)

Chromium (Cr) is a metal that has been used extensively in human life such as industry, textiles, tanning, and explosives [17]. Chromium waste industrial products generally, are often discharged into waters which contaminate aquatic and organisms such as shellfish. Table 2 illustrate result analysis of chromium of *Anadara* granosa in 10 traditional markets at Semarang city.

No	No. Samples code		Chror	nium (mg	· kg ⁻¹)	
110.		Ι	II		Mean	SD
1	Ps. Pedurungan	0.07	0.07	0.07	0.07	0.00
2	Ps. Genuk	0.08	0.08	0.08	0.08	0.00
3	Ps.Gayamsari	0.09	0.09	0.09	0.09	0.00
4	Ps. Johar*	0.06	0.06	0.06	0.06	0.00
5	Ps. Jati*	0.05	0.05	0.05	0.05	0.00
6	Ps. Peterongan*	0.05	0.05	0.05	0.05	0.00
7	Ps. Boom Lama *	0.04	0.04	0.04	0.04	0.00
8	Ps. Karangayu *	0.06	0.06	0.06	0.06	0.00
9	Ps. Mangkang*	0.06	0.06	0.06	0.06	0.00
10	Ps.Ngaliyan*	0.04	0.04	0.04	0.04	0.00

Table 2 Results of Anadara granosa's chromium (Cr) analysis in 10 traditional markets at Semarang City

Note: SD= Standard Deviation; * = Different significantly (P<0.05)

Chromium (Cr) is an element that has an important role in everyday life. At low concentrations in the form of Cr3⁺ (trivalent), chromium is an essential micronutrient for humans [18]. But at high concentrations in the form of Cr6⁺ (hexavalent), known to be carcinogenic [19]. Chromium in foods mostly found in coral and sea water [18]. The draw of chromium in the form of Cr3⁺ is in adequate quantities have known its benefits in improving the ability of insulin in glucose metabolism [20]. Even in the treatment of chromium parenteral nutrition became one of the essential nutrients

[18]. Nevertheless, the accumulation of the chromium in the tissue must be wary not to form toxic $Cr6^+$ and the long term potential to become cancerous.

3.3 Cadmium (Cd)

Cadmium (Cd) is a toxic heavy metal elements often found in sewage pollution of waters and shellfish other than lead (Pb) [21]. Results of analysis of cadmium (Cd) of *Anadara granosa* in 10 markets in Semarang city is shown in Table 3.

Table 3 Analysis of Anadara granosa's Cadmium	(Cd) in 10 traditional markets at Semarang city
---	---

No	Samples code		Cad	mium (m	g ∙kg-1)	
110	sumples code		II	III	Mean	SD
1	Ps. Pedurungan	0.09	0.09	0.09	0.09	0.00
2	Ps. Genuk	0.16	0.16	0.16	0.16	0.00

3	Ps. Gayamsari	0.14	0.14	0.14	0.14	0.00
4	Ps. Johar	0.13	0.13	0.13	0.13	0.00
5	Ps. Jati	0.13	0.13	0.13	0.13	0.00
6	Ps. Peterongan	0.10	0.10	0.10	0.10	0.00
7	Ps. Boom Lama	0.09	0.09	0.09	0.09	0.00
8	Ps. Karangayu	0.08	0.08	0.08	0.08	0.00
9	Ps. Mangkang	0.09	0.09	0.09	0.09	0.00
10	Ps. Ngaliyan	0.06	0.06	0.06	0.06	0.00

Note: SD= Standard Deviation; * = Different significantly (P<0.05)

Anadara granosa were obtained from Genuk traditional market containing the highest cadmium (0.16 \pm 0.00 mg \cdot kg⁻¹), while the shells obtained from Ngaliyan traditional market containing the lowest cadmium (0.06 \pm 0.00 mg \cdot ka⁻¹). Cadmium will be transported by an enzyme transporter, which has trivalent in valency numbering and has a potential reduced as 2⁺ then may accumulate in the kidneys and liver. If the concentration reached 200 $\mu g \cdot g^{-1}$ or more, it will cause kidney damage. Cadmium metal source can be derived from the metals that may be plated with cadmium. Based on the WHO cadmium consumption threshold is between 57 mg per d to 71 mg per d [22].

In the biochemical process of human body, there are three main mechanisms of how the heavy metal interact and cause a variety of biochemical disturbances [23,24]. The first mechanism is by entering the human body through food intake, through the digestive process, and is absorbed through the intestinal villi to the blood circulation. The second mechanism is after they entry into circulation, there is a trivalent metal receptors, which unrecognized whether it is a metal that is essential or not essential to human body. The effect is there will be a complex competition between essential trace elements against non essential metal [25]. The third mechanism in the long term effect, since imbalanced competition between non essential metal and essential trace elements, may cause essential micronutrients deficiency and functional disorders e.g. child growth and impaired of brain developmental [26].

3.4. Lead, Cadmium, and Chromium Levels after purification using Citrus aurantifolia (Lime) and Orthosiphon aristatus (Kidney tea leaves) juice 3.4.1 Lead (Pb)

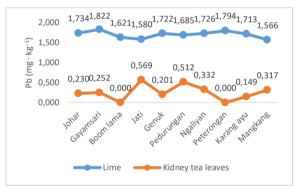


Figure 1 Results of the analysis of Anadara granosa's lead (Pb) in 10 traditional markets at Semarang City after purification

Figure 1 depicted decreasing of lead in Anadara granosa after purification with Citrus aurantifolia (Lime) and Orthosiphon aristatus (Kidney tea leaves) juice. Submersion using Orthosiphon aristatus (Kidney tea leaves) showed reduction of lead concentration significantly compared to Citrus aurantifolia (Lime) solution. Azelee et al (2014), the permissible levels of Pb set by the Commission Regulation of EU (2006) for human consumption was 1.00 μ g. g⁻¹ or 1.00 ppm.

3.4.2 Chromium (Cr)

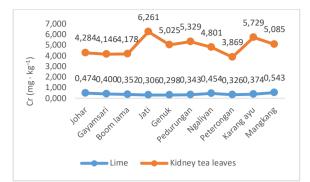
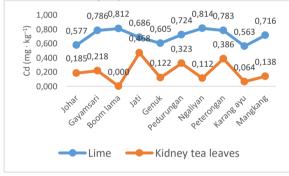


Figure 2 Results of the analysis of Anadara granosa's chromium (Cr) in 10 traditional markets at Semarang City after purification

The submersion using Citrus aurantifolia (Lime) decreased Chromium of Anadara granosa significantly compared to Orthosiphon aristatus (Kidney tea leaves).

3.4.3 Cadmium (Cd)



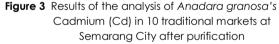


Figure 3 showed Orthosiphon aristatus (Kidney tea leaves) juice reduced Cadmium (Cd) levels of Anadara granosa significantly compared to Citrus aurantifolia (Lime) juice.

4.0 CONCLUSION

High level of lead (Pb), chromium (Cr), and cadmium (Cd) are found in Anadara granosa taken from 10 traditional markets in the city of Semarang. Based on the criteria of food quality and considering of the characteristics of heavy metals that can accumulate in the human body it is emphasized unfavorable for consumption in the long term. This study recommends dissolution using Citrus aurantifolia (Lime) and Orthosiphon aristatus (Kidney tea leaves) could be done at food processing to reduce Pb, Cd, and Cr of Anadara granosa.

Acknowledgement

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Yahoo Mail - Re: Naskah untuk direview Ibu Thea (Sarjito)

Re: Naskah untuk direview Ibu Thea (Sarjito)

Dari: Rosita Dwi Chandra, S.TP, M.FoodSt(Adv) (rosita.dwi@machung.ac.id)

Kepada: fronthea_thp@yahoo.co.id

Cc: fronthea_thp@undip.ac.id; fronthea_thp@yahoo.com

Tanggal: Kamis, 4 Februari 2016 15.10 WIB

Yth. Ibu Thea,

Paper Ibu yang terakhir dikirim kemarin sudah saya kirimkan ke Bu Kapti Rahayu karena saya pikir Ibu sudah menyertakan semua data yang diperlukan. Tapi menurut saya tidak apa bila masih ada data yang menyusul setidaknya Ibu tahu bagian mana yang harus diperbaiki dan bagaimana harus menulis data yang menyusul tersebut. Dengan harapan tidak banyak revisi berikutnya.

Demikian yang dapat saya sampaikan. Terima kasih.

Salam, Rosita

From: Rosita Dwi Chandra,S.TP, M.FoodSt(Adv) Sent: Thursday, February 4, 2016 3:07 PM To: Dr fronthea Swastawati Subject: Re: Naskah untuk direview Ibu Thea (Sarjito)

Yth. Ibu Thea,

Paper Ibu yang terakhir dikirim kemarin sudah saya kirimkan ke Bu Kapti Rahayu karena saya pikir Ibu sudah menyertakan semua data yang diperlukan. Tapi menurut saya tidak apa bila masih ada data yang menyusul setidaknya Ibu tahu bagian mana yang harus diperbaiki dan bagaimana harus menulis data yang menyusul tersebut. Dengan harapan tidak banyak revisi berikutnya.

Demikian yang dapat saya sampaikan. Terima kasih.

Salam, Rosita

From: Dr fronthea Swastawati <fronthea_thp@yahoo.com> Sent: Friday, February 5, 2016 4:10 AM To: Rosita Dwi Chandra,S.TP, M.FoodSt(Adv) Subject: Re: Naskah untuk direview Ibu Thea (Sarjito)

Mbak Rosita ysb,

Mohon ma'af untuk paper a.n. Bu Nanik Heru memang belum selesai sebenarnya Mbak...krn beliau sakit shg kami diminta membantu..masih ada parameter uji yg baru kami kerjakan di lab...semoga masih bisa diperbaiki. Penulisannyapun kami akui masih banyak kekurangan.. Demikian Mbak.. Salam.. Thea.

Sent from Samsung Mobile

------ Original message ------From: "Rosita Dwi Chandra,S.TP, M.FoodSt(Adv)" Date:03/02/2016 7:23 PM (GMT-07:00)

To: Fronthea Swastawati Subject: Re: Naskah untuk direview Ibu Thea (Sarjito)

Terima kasih, Bu.

Salam, Rosita

From: Fronthea Swastawati <fronthea_thp@yahoo.co.id> Sent: Thursday, February 4, 2016 9:15 AM To: Rosita Dwi Chandra,S.TP, M.FoodSt(Adv) Subject: Bls: Naskah untuk direview Ibu Thea (Sarjito)

Ysb. Mbak Rosita

Iya Mbak Rosita terima kasih, paper sudah saya terima, akan saya review.

Salam

Fronthea

Pada Kamis, 4 Februari 2016 8:55, "Rosita Dwi Chandra, S.TP, M.FoodSt(Adv)" <rosita.dwi@machung.ac.id> menulis:

Yth. Ibu Thea,

Bersama ini saya mengirimkan 1 naskah a.n. Sarjito untuk Ibu review. Mohon maaf karena baru mengirimkan naskah tersebut. Sebelumnya saya sudah mengirimkan naskah tersebut ke 2 reviewer materi yaitu Bapak Murwantoko (21 December 2015) dan Ibu Tita Elfitasari (19 Januari 2016) tetapi beliau tampaknya tidak dapat mereview naskah tersebut karena kesibukan. Oleh karena itu, saya mohon Ibu berkenan untuk mereview naskah tersebut mengingat tenggat waktu yang sudah sangat dekat. Mohon konfirmasi kesediaan Ibu.

Berkenaan dengan naskah Ibu, saya sudah mengirimkan naskah tersebut ke Bu Kapti Rahayu tapi masih belum ada respon. Semoga beliau dapat secepatnya mengoreksi naskah Ibu.

Terima kasih untuk perhatian dan kerja sama yang Ibu berikan.

Salam, Rosita

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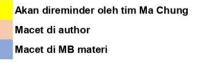
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Berikut saya lampirkan resume tanggapan para author dan MB terkait dengan email panitia Isaprosh tadi malam. Semoga dapat membantu kelancaran proses. Terimakasih.

Salam Laras

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Yth. Pak Roy,

Berikut saya kirimkan naskah Bu Thea untuk diproses final check. Mohon berkenan untuk mengecek naskah tersebut. Terima kasih.

Salam, Rosita



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Teknologi

ANALYSIS OF HEAVY METAL CONTENT IN ANANDARA GRANOSA: A CASE STUDY OF 10 MARKETS IN SEMARANG, CENTRAL JAVA, INDONESIA

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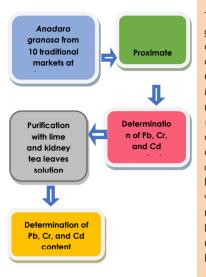
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Graphical abstract



Abstract

The purpose of this study was to evaluate Pb, Cr, and Cd levels inside the Anadara granosa and to investigate the effect of submersion using Citrus aurantifolia (Lime) and Orthosiphon aristatus (Kidney tea leaves) solution on Pb, Cr, and Cd levels contained in the blood cockles taken from 10 markets in the city of Semarang, Central Java, Indonesia (Johar, Genuk, Gayamsari, Jati, Peterongan, Karangayu, Mangkang, Pedurungan, Boom Lama, and Ngaliyan). The concentration of heavy metals of Anadara aranosa was analyzed using Atomic Absorption Spectrometer (AAS). Analysis of variance (ANOVA) showed that heavy metals (Pb, Cd, and Cr) of blood cockle taken from 10 markets provided no significant difference (P<0.05) on the content of Pb, Cd and Cr. Purification was carried out using Citrus aurantifolia (lime) and Orthosiphon aristatus (kidney tea leaves) solution. The lowest Pb (0.00 mg \cdot kg⁻¹) was obtained from Boom Lama and Peterongan market with purification using kidney tea leaves solution, while the lowest Cr (0.30 ± 0.00) mg \cdot kg⁻¹) was obtained from Genuk market with lime solution. In addition, the lowest Cd (0.00 mg \cdot kg⁻¹) was obtained from Boom Lama market with purification using kidney tea leaves solution. Accumulation of heavy metal contamination in blood cockle could affect the micronutrient status and consumer health.

Keywords: Anadara granosa; heavy metals; micronutrients inhibitor; traditional market of Semarang City

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1.0 INTRODUCTION

Heavy metals such as lead (Pb), chromium (Cr), and cadmium (Cd) are toxic contaminants that biochemical can cause changes and bioaccumulation in aquatic and its organisms. Not only adversely affect aquatic organisms, but also impact on humans who consume metal toxic of fish products. For example, heavy metals Pb are simply accumulated in the body of children [1]. The recent study pointed out that the accumulation of Pb is not only in the organs or in the blood, but also in the adipose fat tissue [2]. Pb and Cd poisoning in children can cause severe malnutrition due to micronutrients deficiency and impaired brain development [3].

Anadara granosa is a fishery product which is able to accumulate heavy metals. Anadara granosa is one type of blood cockle that has the potential and economic value to be developed as a source of protein and essential minerals to meet the nutrient adequacy in public health situation. Anadara granosa lives in a way to immerse in the mud, beneath the surface in shallow water [4]. The accumulation of Pb, Cr, and Cd in Anadara granosa through human consumption can be detrimental to health such as decreased renal function, memory loss, respiratory tract disorders, impaired liver function, and cancer [5–10].

The accumulation of Pb, Cr, and Cd inside Anadara granosa is caused by the nature, the location and the way to obtain the food as it is categorized as filter feeders that can accumulate metals environment. from In addition, due to differences in substrate where life and the life of older blood cockles also allow metals accumulate more than younger blood cockles [11]. A study in rats showed that Citrus aurantifolia (lime) reduced blood lead levels [12]. Citrus aurantifolia (lime) contains antioxidants and some studies have confirmed such antioxidants could prevent metal toxicities [13, 14].

The purpose of this study was to evaluate Pb, Cr, and Cd levels inside the Anadara granosa and to investigate the effect of submersion using *Citrus aurantifolia* (lime) and *Orthosiphon aristatus* (kidney tea leaves) solution on Pb, Cr, and Cd levels of Anadara granosa.

2.0 EXPERIMENT

2.1 Materials

Materials used in this study were blood cockles of Anadara granosa taken from 10 traditional markets mentioned above. Blood cockles were collected for 1 kg each from every market with the size from 3 cm to 5 cm and weight of 10 g. Samples were taken using a plastic bag, a camera, a label, and a sterofoam box.

2.2 Research Methods

This study was conducted in two stages. The first stage was determined to asses the level of proximate, Pb, Cd, dan Cr in Anadara granosa. The second stage was to investigate the effect of *Citrus aurantifolia* (lime) and *Orthosiphon aristatus* (kidney tea leaves) solution on Pb, Cr, and Cd levels of Anadara granosa.

2.2.1 Sampling of the Blood cockles

About 500 g sample was taken directly from the traditional markets located in Semarang. The sample was then washed to remove dirt and then boiled to separate the blood cockles and blood cockle meat.

2.2.2 Sample Preparations

About 50 g sample was deluged inside 20 % solution of *Citrus aurantifolia* (lime) and *Orthosiphon aristatus* (kidney tea leaves) solution for 60 min. Concentration and time of submersion were determined using previous study with

concentration of 10 %, 15 %, 20 %, 25 % and time of submersion of 30 min, 60 min and 90 min.

2.2.3 Testing of Heavy Metals by Atomic Absorption Spectrometer [15]

About 50 g sample was taken and then dried at a temperature of approximately 100 °C, then mashed into powder. The sample was dissolved into the vessel of 500 ma and added with nitric acid and perchloric acid in 1 mL and 2.5 mL of distilled water. Then it was put in a microwave diaestion. Subsequently, the sample was analyzed using Atomic Absorption Spectroscopy (AAS). The working of this method was conducted by comparing the absorbance of the sample solution with the standard solution to obtain the concentration of the sample. Scale absorbance of AAS was calibrated with a standard series of known concentration. The result of the analysis of AAS was shown in a calibration curve. After measurina the absorbance the solution, the calibration curve was used to determine the concentration of sample solution. Factors that may affect the calibration process were AAS standard solution and AAS instrument.

2.2.4 Data Analysis

Heavy metal test results of Anadara granosa from 10 traditional markets in the city of Semarang, then, were analyzed by using analysis of variance or one-way ANOVA with IBM SPSS 22. This analysis was used to determine differences in the concentration of heavy metals such as Pb, Cd, and Cr in Anadara granosa taken from the 10 traditional markets in the city of Semarang.

3.0 RESULTS AND DISCUSSION

3.1 Proximate

Result of proximate analysis of Anadara granosa taken from 10 markets in Semarang city is shown in Table 1. It can be seen that the content of moisture ranged from 66.61 \pm 0.11 % to 72.25 \pm 0.15 %, while protein was from 21.91 \pm 0.08 % to 25.52 \pm 0.33 %. In addition, the content of lipid

ranged from 2.27 \pm 0.22 % to 3.91 \pm 0.07 %, while ash from 1.22 \pm 0.13 % to 2.93 \pm 0.07 %.

No	Samples code	Moisture (%)	Protein (%)	Lipid (%)	Ash (%)
1	Ps. Pedurungan	71.72 ± 0.05	21.91 ± 0.08	2.67 ± 0.08	2.32 ± 0.04
2	Ps. Genuk	71.28 ± 0.11	22.52 ± 0.11	3.12 ± 0.07	1.85 ± 0.11
3	Ps. Gayamsari	69.64 ± 0.19	23.40 ± 0.38	2.57 ± 0.05	2.86 ± 0.10
4	Ps. Johar	69.89 ± 0.02	22.85 ± 0.08	2.94 ± 0.02	2.82 ± 0.04
5	Ps. Jati	70.24 ± 0.02	22.62 ± 0.09	2.71 ± 0.13	2.89 ± 0.06
6	Ps. Peterongan	69.92 ± 0.05	22.95 ± 0.01	2.92 ± 0.10	2.91 ± 0.04
7	Ps. Boom Lama	72.25 ± 0.15	22.56 ± 0.47	2.27 ± 0.22	1.22 ± 0.13
8	Ps. Karangayu	68.82 ± 0.05	22.92 ± 0.10	3.91 ± 0.07	2.93 ± 0.07
9	Ps. Mangkang	70.83 ± 0.06	22.60 ± 0.05	2.94 ± 0.03	2.77 ± 0.26
10	Ps. Ngaliyan	66.61 ± 0.11	25.52 ± 0.33	3.50 ± 0.09	2.86 ± 0.07

 Table 1
 Analysis of Anadara granosa's proximate from 10 traditional markets in Semarang city

Note: Average value of duplicate measurement ± standard deviaton.

A study of blood cockle taken from Teluk Tomini, Gorontalo, Indonesia obtained 65.69 % moisture, 23.23 % protein, 7.01 % lipid and 2.57 % ash [32]. This might be caused by the differences in enviromental condition, gender, age and fishing season.

3.2 Lead (Pb)

Lead (Pb) or black tin is a natural substance found in the earth's crust and often used in chemically manufactured industries (e.g. batteries industry, stationery industries, electrical wiring and coloring paint). Waste of lead (Pb) can often be found in the form of sediment, which can contaminate the waters and organisms such as blood cockle (Anadara granosa). Table 2 presents the results of lead (Pb) analysis of Anadara granosa at 10 traditional markets in Semarang city.

Table 2 Results of the analysis of Anadara granosa's lead (Pb) from 10 traditional markets in Semarang city

No.	Samples code		Le	ad (mg ∙k	g-1)	
		I	II	III	Mean	SD
1	Ps. Pedurungan	0.24	0.23	0.23	0.23	0.01

2	Ps. Genuk	0.22	0.23	0.22	0.22	0.00
3	Ps. Gayamsari	0.20	0.20	0.20	0.20	0.00
4	Ps. Johar	0.18	0.18	0.18	0.18	0.00
5	Ps. Jati	0.17	0.18	0.17	0.17	0.00
6	Ps. Peterongan	0.14	0.15	0.15	0.15	0.00
7	Ps. Boom Lama	0.11	0.13	0.13	0.12	0.01
8	Ps. Karang ayu	0.12	0.12	0.11	0.12	0.00
9	Ps.Mangkang	0.10	0.10	0.10	0.10	0.00
10	Ps. Ngaliyan	0.09	0.09	0.09	0.09	0.00

Note: SD= Standard Deviation

Table 2 illustrates lead (Pb) contained in Anadara granosa taken from the traditional markets of Pedurunaan, Genuk, and Gavamsari were the highest levels among the other traditional markets. Lead is a substance that is highly toxic or poisonous if absorbed into the body. Lead poisoning can be experienced by people of various ages especially in high-risk groups e.g. pregnant women. Exposing lead (Pb) during pregnancy could be a threat as it could flow through the placenta. For the fetus to be at risk of micronutrient deficiencies, malnutrition, to the chronically impaired brain development [3]. Lead poisoning is able to influence brain development by reducing the IQ, hyperactivity, hearing damage and impaired the child growth

[16]. However, the content of lead (Pb) in the consumption of fishery products at generally northern coastal communities should remain a concern because of the nature of accumulation.

3.3 Chromium (Cr)

Chromium (Cr) is a metal that has been used extensively in human life such as industry, textiles, tanning, and explosives [17]. The chromium waste of industrial products generally is often discharged into waters which contaminate water and organisms such as blood cockle. Table 3 illustrates result analysis of chromium of *Anadara* granosa taken from 10 traditional markets in Semarang city.

Table 3 Results of Anadara granosa's chromium (Cr) analysis from 10 traditional markets in Semarang city

			Chror	nium (mg	· kg-1)	
No.	Samples code	I	II	111	Mean	SD
1	Ps. Pedurungan	0.07	0.07	0.07	0.07	0.00
2	Ps. Genuk	0.08	0.08	0.08	0.08	0.00
3	Ps.Gayamsari	0.09	0.09	0.09	0.09	0.00
4	Ps. Johar	0.06	0.06	0.06	0.06	0.00
5	Ps. Jati	0.05	0.05	0.05	0.05	0.00
6	Ps. Peterongan	0.05	0.05	0.05	0.05	0.00
7	Ps. Boom Lama	0.04	0.04	0.04	0.04	0.00

8	Ps. Karangayu	0.06	0.06	0.06	0.06	0.00
9	Ps. Mangkang	0.06	0.06	0.06	0.06	0.00
10	Ps.Ngaliyan	0.04	0.04	0.04	0.04	0.00

Note: SD= Standard Deviation

Chromium (Cr) is an element that plays an important role in everyday life. At low concentrations in the form of Cr^{3+} (trivalent), chromium is an essential micronutrient for humans [18]. However, at high concentrations in the form of Cr⁶⁺ (hexavalent), it has been known to be carcinogenic [19]. Chromium in foods is mostly found in coral and sea water [18]. The sufficient quantity of chromium in the form of Cr³⁺ has been known to be able to improve the ability of insulin in the metabolism of glucose [20]. In addition. in the treatment of chromium parenteral nutrition, it has become one of the essential nutrients [18]. Nevertheless, the accumulation of the chromium in the tissue should not form Cr⁶⁺ as it is toxic and could be carcinogenic in the long-term exposure.

3.4 Cadmium (Cd)

Cadmium (Cd) is a toxic heavy metal elements often found in sewage pollution of waters and

blood cockle other than lead (Pb) [21]. Result of analysis of cadmium (Cd) of Anadara granosa taken from 10 markets in Semarang city is shown in Table 4.

Anadara granosa, obtained from Genuk traditional market, contained the highest cadmium (0.16 ± 0.00 mg \cdot kg⁻¹), while the blood cockles from Ngaliyan market contained the lowest amount (0.06 ± 0.00 mg \cdot kg⁻¹). Cadmium will be transported by an enzyme transporter, which has trivalent in valency number and has a potential reduction into 2⁺. It may then be accumulated in the kidneys and liver. If the concentration reaches 200 µg \cdot g⁻¹ or more, it will cause kidney damage. Cadmium metal source can be derived from the metals that may be plated with cadmium. Based on the WHO, cadmium consumption threshold is between 57 mg per d and 71 mg per d [22].

No	Samples code		Cad	mium (m	g ∙kg⁻¹)	
110		I	II	III	Mean	SD
1	Ps. Pedurungan	0.09	0.09	0.09	0.09	0.00
2	Ps. Genuk	0.16	0.16	0.16	0.16	0.00
3	Ps. Gayamsari	0.14	0.14	0.14	0.14	0.00
4	Ps. Johar	0.13	0.13	0.13	0.13	0.00
5	Ps. Jati	0.13	0.13	0.13	0.13	0.00
6	Ps. Peterongan	0.10	0.10	0.10	0.10	0.00
7	Ps. Boom Lama	0.09	0.09	0.09	0.09	0.00
8	Ps. Karangayu	0.08	0.08	0.08	0.08	0.00
9	Ps. Mangkang	0.09	0.09	0.09	0.09	0.00
10	Ps. Ngaliyan	0.06	0.06	0.06	0.06	0.00

Table 4	Analysis of Anadara	granosa's cadmium	(Cd) from 10	O traditional markets	in Semarana city
	Analysis of Anadala	granosa s caarnon			in semiarang ciry

In the biochemical process of human body, there are three main mechanisms of how the heavy metal interact and cause a variety of biochemical disturbances [23, 24]. The first mechanism is by entering the human body through food intake, through the digestive process, and is absorbed through the intestinal villi to the blood circulation. The second mechanism is after they enter the circulation, there is a trivalent metal receptor, which is unrecognized whether it is a metal that is essential or not essential to human body. The effect is there will be a complex competition between essential trace elements against non essential metal [25]. The third mechanism is in the long term effect, since imbalanced competition between non essential metal and essential trace elements, may cause essential micronutrients deficiency and functional disorders e.g. child growth and impaired brain development [26].

3.5 Lead, Cadmium, and Chromium Levels after Purification using Citrus aurantifolia (lime) and Orthosiphon aristatus (kidney tea leaves) Solution

3.5.1 Lead (Pb)

Figure 1 and figure 2 depict the decrease of lead in Anadara granosa after purification with Citrus aurantifolia (lime) and Orthosiphon aristatus (kidney tea leaves) solution. Submersion using Orthosiphon aristatus showed significant reduction of lead concentration compared to Citrus aurantifolia solution.

After purification of Anadara granosa with Orthosiphon aristatus solution, the highest amount of lead (0.57 \pm 0.08 mg \cdot kg⁻¹) was obtained by those from Jati market, while the blood cockles obtained from Boom Lama and Peterongan market contained the lowest amount of lead (0.00 mg \cdot kg⁻¹). Purification of Anadara granosa from Gayamsari traditional market using Citrus aurantifolia solution resulted in the highest content of lead (1.82 \pm 0.00 mg \cdot kg⁻ 1), whereas the blood cockles obtained from Mangkang traditional market contained the lowest lead (1.57 \pm 0.00 mg \cdot kg⁻¹). In addition, Anadara granosa taken from the market of Muara Anake provided lead that exceeded the threshold (3.5 ppm to 6.21 ppm) [29]. The permissible levels of Pb set by the Commission

Regulation of EU (2006) for human consumption was 1.00 $\mu g \cdot g^{1}$ or 1.00 ppm [28].

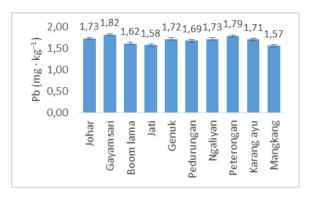


Figure 1 Anadara granosa's lead (Pb) from 10 traditional markets in Semarang City after purification using Citrus aurantifolia

A study about Avicennia marina showed that 25 % Citrus aurantifolia solution reduced the level of lead from 1.78 ppm to 0.71 ppm [27]. In addition, the other study of boiled beef liver using 10 % kidney tea leaves solution resulted in the reduction of lead from 0.069 ppm to 0.017 ppm [33]. The decrease in the content of lead might be caused by the denaturation of protein of blood cockles with regard to acid treatment. This could cause the release of metal complex bonds of the meat along with body fluids [30].

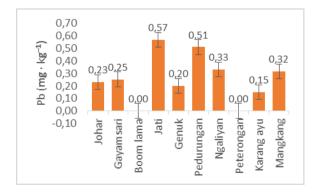


Figure 2 Anadara granosa's lead (Pb) from 10 traditional markets in Semarang City after purification using Orthosiphon aristatus

3.5.2 Chromium (Cr)

The submersion of Anadara granosa using Citrus decreased aurantifolia significantly the chromium level compared to that using Orthosiphon aristatus. The purification of Anadara granosa obtained from Jati traditional market using Orthosiphon aristatus solution resulted in the highest level of chromium (6.26 \pm 0.03 mg \cdot kg⁻¹), while those obtained from Peterongan traditional market provided the lowest chromium (3.87 ± $0.03 \text{ mg} \cdot \text{kg}^{-1}$).

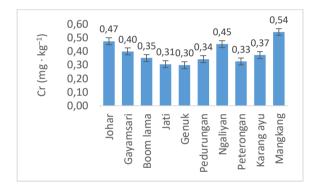


Figure 3 Anadara granosa's chromium (Cr) from 10 traditional markets in Semarang city after purification using Citrus aurantifolia

In addition, the purification of Anadara granosa obtained from Mangkang traditional aurantifolia using Citrus solution market presented the highest chromium (0.54 \pm 0.00 mg \cdot kg-1), whereas the blood cockles obtained from Genuk traditional market showed the lowest level of chromium (0.3 \pm 0.00 mg \cdot kg-1). Meanwhile, Anadara granosa taken from Muara Sayung river was found to contain chromium between 0.13 ppm to 0.16 ppm [31]. A study about boiled beef liver revealed that 10 % kidney tea leaves solution could reduce chromium from 0.732 ppm to undetected value [33].

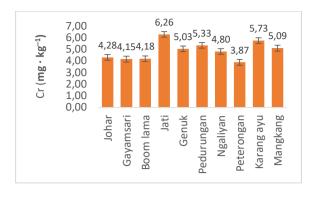


Figure 4 Anadara granosa's chromium (Cr) from 10 traditional markets in Semarang City after purification using Orthosiphon aristatus

3.5.3 Cadmium (Cd)

Figure 5 and figure 6 show that Orthosiphon aristatus solution significantly reduced cadmium (Cd) levels of Anadara granosa compared to Citrus aurantifolia solution. After purification of Anadara granosa from Jati traditional market with Orthosiphon aristatus solution, the highest level of cadmium (0.47 \pm 0.02 mg \cdot kg⁻¹) was obtained, while the blood cockles from Boom Lama traditional market showed the lowest cadmium level (0.00 mg \cdot kg⁻¹).

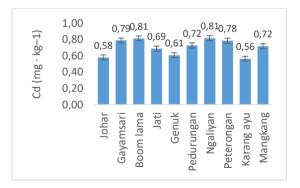


Figure 5 Anadara granosa's cadmium (Cd) from 10 traditional markets in Semarang city after purification using Citrus aurantifolia

In addition, the purification of Anadara aranosa obtained from Naalivan traditional market with Citrus aurantifolia solution resulted in the highest cadmium level (0.81 \pm 0.00 mg \cdot ka⁻¹), while the blood cockles obtained from Genuk traditional market provided the lowest level (0.6 \pm 0.00 mg \cdot kg⁻¹). These results met the maximum standards of cadmium content in bivalvia regulated by Badan Standarisasi Nasional (2009), which is 1.00 mg \cdot kg⁻¹ [34]. Anadara granosa taken from the market of Muara Angke was found to contain cadmium between 0.25 ppm and 0.83 ppm [29]. According to a study about boiled beef liver [33], the use of 10 % kidney tea leaves solution reduced cadmium level from 1.283 ppm to undetected level.

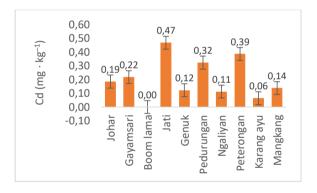


Figure 6 Anadara granosa's Cadmium (Cd) from 10 traditional markets in Semarang city after purification using *Orthosiphon aristatus*

4.0 CONCLUSION

High level of lead (Pb), chromium (Cr), and cadmium (Cd) were found in Anadara granosa taken from 10 traditional markets in the city of Semarang. Based on the criteria of food quality and considering of the characteristics of heavy metals that can accumulate in the human body, it could be emphasized that Anadara granosa is unfavorable for consumption in the long-term. This study recommends dissolution using Citrus aurantifolia (lime) and Orthosiphon aristatus (kidney tea leaves) solution that could be applied on food processing for reducing the level of Pb, Cd, and Cr of Anadara granosa.

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