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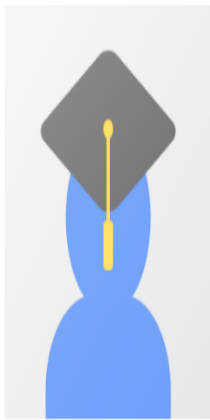
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Launched in December 2015, Belitung Nursing Journal (BNJ) is a refereed international publication that provides a venue for nursing scholarship with an Asian focus and perspectives from the region. We aim to highlight research on nursing science, nursing management and policy, education and practice in the Asia-Pacific region and among Asian communities around the world to a wide international audience.

BNJ is an official publication of Department of Publication of Belitung Raya Foundation in Belitung Indonesia, jointly with Indonesian National Nurses Association of Belitung Indonesia (PPNI Belitung) and Poltekkes Kemenkes Pangkal Pinang Prodi Keperawatan Belitung.

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### Why Belitung Nursing Journal?

The name of Belitung is taken from our editorial house located in [Belitung Island](#), Bangka Belitung Province, Indonesia as our identity. The reason is very simple that we need to prove and motivate young generations that although we are from a very small island, but our scope and networking are global.

Belitung Nursing Journal is one of the Indonesian products as a result of ASEAN and International networking, established as one of International journals to facilitate nursing scholars to publish their works, visions, and perspectives.

\*\*\*

- From December 2015 until December 2017, BNJ had no Article Processing Charge for those who would like to submit their works in open access. The style for citation and reference format was in vancouver style.
- Since January 2018, BNJ established Article Processing Charge to maintain the website, add the server, and open access. The style for citation and reference format was changed to APA style 6th edition, as we got the feedbacks from authors to have difficulty in vancouver style.
- From January 2019, we become a member of crossref. Thus, the style for citation and reference format have changed to APA style 6th edition with DOI number.
- Since April 14, 2020, the name Belitung Raya Publisher was changed to Department of Publication of Belitung Raya Foundation in response to the confusion about the connection between Belitung Raya Publisher and Belitung Raya Foundation. The letter can be seen [here](#)



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To keep our BNJ editors, authors, and readers informed of BNJ's progress and development, the journal hereby shares [the 2020 editorial update](#). All editors are selected based on their track records in Scopus.

We wish to thank our editorial members for their continued support!

Posted: 2019-09-16

UPDATED CITATION & REFERENCE FORMAT 2019

As BNJ is a member of Crossref since January 2019, **APA (American Psychological Association) format 6th Edition with DOI assigned** is then used for citation and references from Volume 5 Issue 2.

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Siti Choirul Dwi Astuti, [Suhartono Suhartono](#), Ngadiyono Ngadiyono, Supriyana Supriyana

DOI: <https://doi.org/10.33546/bnj.196>

### ABSTRACT

**Background:** Applying a cooling treatment from outside the body is one way to lower fever in children. Midwives commonly perform a warm water compress in their care, but it is considered less effective. Thus, compress with Aloe Vera Barbadensis Miller is proposed in this study as an alternative treatment.

**Objective:** To examine the effect of Aloe Vera Barbadensis Miller compress in reducing body temperature in children with fever.

**Methods:** This was a quasi-experimental study with pretest and posttest with control group design. Forty children were recruited, with twenty of them assigned in each group. Purposive sampling was performed to select the sample. A digital rectal thermometer was used to measure the temperature. Independent t- test and paired test were used for data analysis.

**Results:** Findings showed that the Aloe Vera compress group showed a higher decrease of body temperature compared to the warm water compress group. The difference of body temperature after 20 minutes in the experiment group was 1.435 while in the control group was only 1.085. There were statistically significant differences in body temperature between the experiment and control group ( $p=0.013$ ).

**Conclusion:** Aloe Vera Barbadensis Miller compress is an effective alternative therapy in reducing body temperature in children with fever. It is recommended for midwives to apply this intervention to reduce body temperature significantly.

### KEYWORDS

fever; toddler; Aloe Vera Barbadensis; compress; warm water

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