



RECENT ARTICLE

[Articles] Effect of zinc on milkfish nastar-cookies to albumin and hemoglobin levels in HIV/AIDS patients



Current issue: Vol 8, No 2 (2020) | [Archives](#) | [Start Submission](#)

Manuscripts must be in English

Jurnal Gizi Indonesia (The Indonesian Journal of Nutrition) (e-ISSN: 2338-3119) is published twice a year (June and December) by Department of Nutrition Science, Faculty of Medicine, Universitas Diponegoro in collaboration with the Indonesian Nutrition Association (PERSAGI) Central Java. The Indonesia Journal of Nutrition is a National Journal that focused on research in the field of nutrition, with **S2 Sinta Accredited** Based on **Kemenristek Dikti Decree No. 21 / E / KPT / 2018**.

The editor receives unpublished articles from researcher in specific format as mentioned in the "Author Guideline and Submission". The articles will be reviewed by our peer review members based on their expertise.

This journal is protected by copyright law. Reproduction and distribution of the Journal without written permission of the publisher is prohibited.

For **JGI journal** subscriptions, please fill out the subscription form in the following link : [Subscription Form](#)

User

Username

Password

 Remember me

S2 Sinta Accredited Based on Ministry of Research, Technology and Higher Education Decree No. 21 / E / KPT / 2018.



- [By Author \(https://ejournal.undip.ac.id/index.php/jgi/search/authors\)](https://ejournal.undip.ac.id/index.php/jgi/search/authors)

- [By Title \(https://ejournal.undip.ac.id/index.php/jgi/search/titles\)](https://ejournal.undip.ac.id/index.php/jgi/search/titles)

- [Other Journals \(https://ejournal.undip.ac.id/index.php/index/search\)](https://ejournal.undip.ac.id/index.php/index/search)


- [Categories \(https://ejournal.undip.ac.id/index.php/index/search/categories\)](https://ejournal.undip.ac.id/index.php/index/search/categories)

People > [Editorial Team \(https://ejournal.undip.ac.id/index.php/jgi/about/editorialTeam\)](https://ejournal.undip.ac.id/index.php/jgi/about/editorialTeam)
[Peer-Reviewer \(https://ejournal.undip.ac.id/index.php/jgi/about/displayMembership/399/0\)](https://ejournal.undip.ac.id/index.php/jgi/about/displayMembership/399/0)

Editorial Team

Editor-in-Chief




Ahmad Syaury, S.Gz., M.P.H., Ph.D. (ScopusID: [57200516331](http://www.scopus.com/authid/detail.uri?authorId=57200516331))
<http://www.scopus.com/authid/detail.uri?authorId=57200516331>)
 (<http://orcid.org/0000-0002-9552-2834>) Department of Nutrition Science, Faculty of Medicine, Universitas Diponegoro, Indonesia

Editorial Board



Prof. dr. Mohammad Sulchan, MSc, DA.Nutr, SpGK(K) (ScopusID: [56377343600](http://www.scopus.com/authid/detail.uri?authorId=56377343600))
<http://www.scopus.com/authid/detail.uri?authorId=56377343600>)
 Department of Nutrition Science, Faculty of Medicine, Universitas Diponegoro, Indonesia



Dr. Diana Nur Affah, S.TP., M.Si. (ScopusID: [56377075000](http://www.scopus.com/authid/detail.uri?authorId=56377075000))
<http://www.scopus.com/authid/detail.uri?authorId=56377075000>)
 (<http://orcid.org/0000-0001-8808-1826>) Department of Nutrition Science, Faculty of Medicine, Universitas Diponegoro, Indonesia



Martalena Br. Purba, MCN, PhD (ScopusID: [6603121601](http://www.scopus.com/authid/detail.uri?authorId=6603121601))
<http://www.scopus.com/authid/detail.uri?authorId=6603121601>)
 Department of Health Nutrition, Faculty of Medicine, Gadjah Mada University, Indonesia



Gemala Anjani, S.P., M.Si., Ph.D. (ScopusID: [56088545300](http://www.scopus.com/authid/detail.uri?authorId=56088545300))
<http://www.scopus.com/authid/detail.uri?authorId=56088545300>)
 Department of Nutrition Science, Faculty of Medicine, Universitas Diponegoro, Indonesia



Dr.-Ing. Dase Hunaefi, S.TP, MFoodST (ScopusID: [36185421500](http://www.scopus.com/authid/detail.uri?authorId=36185421500))
<http://www.scopus.com/authid/detail.uri?authorId=36185421500>)
 Department of Food Science and Technology, Faculty of Agricultural Technology, Bogor Agricultural University, Indonesia



Dr. Ali Rosidi, SKM., M.Si. (ScopusID: [56157390100](http://www.scopus.com/authid/detail.uri?authorId=56157390100))
<http://www.scopus.com/authid/detail.uri?authorId=56157390100>)
 The Indonesian Nutrition Association (PERSAGI) Central Java, Indonesia




Fillah Fithra Dieny, S.Gz., M.Si. (ScopusID: [57194605388](http://www.scopus.com/authid/detail.uri?authorId=57194605388))
<http://www.scopus.com/authid/detail.uri?authorId=57194605388>)
 Department of Nutrition Science, Faculty of Medicine, Universitas Diponegoro, Indonesia



Dr. dr. Mexitalia Setiawati, Sp.A(K) (ScopusID: [56624601400](http://www.scopus.com/authid/detail.uri?authorId=56624601400))
<http://www.scopus.com/authid/detail.uri?authorId=56624601400>)
 The Dr. Kariadi General Hospital Medical Center of Semarang, Indonesia



Fitriyono Ayustaningwarno, STP., M.Si (ScopusID: [57201741176](http://www.scopus.com/authid/detail.uri?authorId=57201741176))
<http://www.scopus.com/authid/detail.uri?authorId=57201741176>)
 (<https://orcid.org/0000-0003-2409-5449>) Department of Nutrition Science, Faculty of Medicine, Universitas Diponegoro, Indonesia

Managing Editors



Deny Yudi Fitranti, S.Gz, M.Si
 Department of Nutrition Science, Faculty of Medicine, Universitas Diponegoro, Indonesia



Dewi Marfu'ah Kurniawati, S.Gz., M.Gizi
 Department of Nutrition Science, Faculty of Medicine, Universitas Diponegoro, Indonesia

**Rachma Purwanti, SKM, M.Gizi**

Department of Nutrition Science, Faculty of Medicine, Universitas Diponegoro, Indonesia

**Ayu Rahadiyanti, S.Gz, MPH**

Department of Nutrition Science, Faculty of Medicine, Universitas Diponegoro, Indonesia

Layout Editor

**Dian Widanarta, S.Hum**

Department of Nutrition Science, Faculty of Medicine, Universitas Diponegoro, Indonesia

Jurnal Gizi Indonesia (The Indonesian Journal of Nutrition) (e-ISSN: 2338-3119) has been covered by the following indexing and abstracting services :

[_ \(http://sinta2.ristekdikti.go.id/journals/detail?id=2187\)](http://sinta2.ristekdikti.go.id/journals/detail?id=2187)[_ \(https://scholar.google.co.id/citations?](https://scholar.google.co.id/citations?hl=id&user=E0CtDigAAAAJ&view_op=list_works)[_ \(https://search.crossref.org/?](https://search.crossref.org/?hl=id&user=E0CtDigAAAAJ&view_op=list_works)**Crossref****Scilit**[_ \(https://www.scilit.net/journal/367732\)](https://www.scilit.net/journal/367732)[_ \(http://garuda.ristekdikti.go.id/journal/view/1282\)](http://garuda.ristekdikti.go.id/journal/view/1282)[_ \(https://doaj.org/toc/2338-3119\)](https://doaj.org/toc/2338-3119)

[_ \(https://doaj.org/toc/2338-3119\)](https://doaj.org/toc/2338-3119)
[source=%7B%22query%22%3A%7B%22filtered%22%3A%7B%22filter%22%3A%7B%22bool%22%3A%7B%22must%22%3A%5B%7B%22terms%22%3A%7B%22index.issn.e](https://doaj.org/toc/2338-3119)
[4942%22%2C%222338-](https://doaj.org/toc/2338-3119)
[3119%22%5D%7D%7D%2C%7B%22term%22%3A%7B%22_type%22%3A%22article%22%7D%7D%5D%7D%7D%2C%22query%22%3A%7B%22match_all%22%3A%7B%7D](https://doaj.org/toc/2338-3119)

Microsoft Academic[_ \(https://academic.microsoft.com/profile/6ej87332-546j-45jj-9710-](https://academic.microsoft.com/profile/6ej87332-546j-45jj-9710-872h0h2333g2/jurnal123gizi/publication/search?)[872h0h2333g2/jurnal123gizi/publication/search?](https://academic.microsoft.com/profile/6ej87332-546j-45jj-9710-872h0h2333g2/jurnal123gizi/publication/search?)[q=Jurnal%20Gizi%20Indonesia%20\(The%20Indonesian%20Journal%20of%20Nutrition\)&qe=%2540%2540%2540USER.PUBLICATIONS%253D6af87332-546f-45ff-9710-](https://academic.microsoft.com/profile/6ej87332-546j-45jj-9710-872h0h2333g2/jurnal123gizi/publication/search?)**EBSCO**[_ \(https://atoz.ebsco.com/Titles/SearchResults/8623?](https://atoz.ebsco.com/Titles/SearchResults/8623?)[SearchType=Contains&Find=Jurnal+Gizi+Indonesia+%28The+Indonesian+Journal+of+Nutrition%29&GetResourcesBy=QuickSearch&resourceTypeName=journalsOnly&resourceTy](https://atoz.ebsco.com/Titles/SearchResults/8623?)**Dimensions**[_ \(https://app.dimensions.ai/discover/publication?](https://app.dimensions.ai/discover/publication?)[and_facet_journal=jour.1299025&and_facet_source_title=jour.1299025&and_facet_journal=jour.1299025\)](https://app.dimensions.ai/discover/publication?)[_ \(https://clio.columbia.edu/journals/13448000\)](https://clio.columbia.edu/journals/13448000)[_ \(https://catalogue.leidenuniv.nl/primo-explore/fulldisplay?](https://catalogue.leidenuniv.nl/primo-explore/fulldisplay?)[docid=UBL_ALMA51322782970002711&context=L&vid=UBL_V1&lang=en_US&search_scope=All_Content&adaptor=Local%20Search%20Engine&tab=all_content&query=any,c](https://catalogue.leidenuniv.nl/primo-explore/fulldisplay?)[_ \(https://hollis.harvard.edu/primo-explore/fulldisplay?](https://hollis.harvard.edu/primo-explore/fulldisplay?)[docid=01HVD_ALMA512268871120003941&context=L&vid=HVD&lang=en_US&search_scope=everything&adaptor=Local%20Search%20Engine&tab=everything&query=any,c](https://hollis.harvard.edu/primo-explore/fulldisplay?)[_ \(https://searchworks.stanford.edu/articles/edsdoj_edsdoj.75ac782d86d04813942d7c9bf8f2c362\)](https://searchworks.stanford.edu/articles/edsdoj_edsdoj.75ac782d86d04813942d7c9bf8f2c362)[_ \(https://www.base-](https://www.base-search.net/Search/Results?)[_ \(http://solo.bodleian.ox.ac.uk/primo-explore/fulldisplay?vid=SOLO&docid=oxfaleph021211822&context=L&search_scope=LSCOP_OX\)](http://solo.bodleian.ox.ac.uk/primo-explore/fulldisplay?vid=SOLO&docid=oxfaleph021211822&context=L&search_scope=LSCOP_OX)[_ \(https://lib.ugent.be/en/catalog/ejn01:410000003909960?i=0&q=Jurnal+Gizi+Indonesia+%28The+Indonesian+Journal+of+Nutrition%29\)](https://lib.ugent.be/en/catalog/ejn01:410000003909960?i=0&q=Jurnal+Gizi+Indonesia+%28The+Indonesian+Journal+of+Nutrition%29)[_ \(https://www.worldcat.org/title/jurnal-gizi-indonesia-the-indonesian-journal-of-nutrition/oclc/1058477594&referer=brief_results\)](https://www.worldcat.org/title/jurnal-gizi-indonesia-the-indonesian-journal-of-nutrition/oclc/1058477594&referer=brief_results)[_ \(http://find.shef.ac.uk/primo_library/libweb/action/display.do?](http://find.shef.ac.uk/primo_library/libweb/action/display.do?)[tabs=viewOnlineTab&ct=display&fn=search&doc=44SFD_ALMA_DS51275048960001441&indx=1&reclids=44SFD_ALMA_DS51275048960001441&reclidx=0&elementId=0&re](http://find.shef.ac.uk/primo_library/libweb/action/display.do?)[_ \(http://hinari.summon.serialssolutions.com/#!/search?](http://hinari.summon.serialssolutions.com/#!/search?)[ho=t&l=en&l=en&q=Jurnal%20Gizi%20Indonesia%20\(The%20Indonesian%20Journal%20of%20Nutrition\)\)](http://hinari.summon.serialssolutions.com/#!/search?)**JournalTOCs**

The latest Journal Tables of Contents





[. \(https://drive.google.com/open?id=16pl2yjoQouQwB3yiPI3_cn0mDMF_2dNX\)](https://drive.google.com/open?id=16pl2yjoQouQwB3yiPI3_cn0mDMF_2dNX)

Find Us on Facebook



[. \(https://www.facebook.com/profile.php?id=100015450430384\)](https://www.facebook.com/profile.php?id=100015450430384)

Notifications

- [View \(https://ejournal.undip.ac.id/index.php/jgi/notification\)](https://ejournal.undip.ac.id/index.php/jgi/notification)
- [Subscribe \(https://ejournal.undip.ac.id/index.php/jgi/notification/subscribeMailList\)](https://ejournal.undip.ac.id/index.php/jgi/notification/subscribeMailList)

Journal Content

Search

Search Scope

Search

Browse

- [By Issue \(https://ejournal.undip.ac.id/index.php/jgi/issue/archive\)](https://ejournal.undip.ac.id/index.php/jgi/issue/archive)
- [By Author \(https://ejournal.undip.ac.id/index.php/jgi/search/authors\)](https://ejournal.undip.ac.id/index.php/jgi/search/authors)
- [By Title \(https://ejournal.undip.ac.id/index.php/jgi/search/titles\)](https://ejournal.undip.ac.id/index.php/jgi/search/titles)
- [Other Journals \(https://ejournal.undip.ac.id/index.php/index/search\)](https://ejournal.undip.ac.id/index.php/index/search)
- [Categories \(https://ejournal.undip.ac.id/index.php/index/search/categories\)](https://ejournal.undip.ac.id/index.php/index/search/categories)

[Home \(https://ejournal.undip.ac.id/index.php/jgi/index\)](https://ejournal.undip.ac.id/index.php/jgi/index) / [Archives \(https://ejournal.undip.ac.id/index.php/jgi/issue/archive\)](https://ejournal.undip.ac.id/index.php/jgi/issue/archive) / [Vol 3, No 2 \(2015\) \(https://ejournal.undip.ac.id/index.php/jgi/issue/view/1715\)](https://ejournal.undip.ac.id/index.php/jgi/issue/view/1715)

Vol 3, No 2 (2015)

Table of Contents

Front-Matter

Front Matter

[. \(https://ejournal.undip.ac.id/index.php/jgi/article/view/10700\)](https://ejournal.undip.ac.id/index.php/jgi/article/view/10700)

PDF

[. \(https://ejournal.undip.ac.id/index.php/jgi/article/view/10700/8492\)](https://ejournal.undip.ac.id/index.php/jgi/article/view/10700/8492)

Jurnal Gizi Indonesia

Views: **369 (#)** | Language: **EN (#)**

Published: .

Articles

Perbedaan kadar glukosa darah puasa pasien diabetes melitus berdasarkan pengetahuan gizi, sikap dan tindakan di poli penyakit dalam rumah sakit islam jakarta
[. \(https://ejournal.undip.ac.id/index.php/jgi/article/view/10689\)](https://ejournal.undip.ac.id/index.php/jgi/article/view/10689)

PDF

[. \(https://ejournal.undip.ac.id/index.php/jgi/article/view/10689/8482\)](https://ejournal.undip.ac.id/index.php/jgi/article/view/10689/8482)

60-67

Ahmad Syauqy

Views: **3152 (#)** | Language: **EN (#)** DOI:

10.14710/jgi.3.2.60-67 [. \(https://doi.org/10.14710/jgi.3.2.60-67\)](https://doi.org/10.14710/jgi.3.2.60-67)


Published: .


Pengaruh pemberian seng terhadap indeks fagositosis makrofag dan kadar nitric oxyde mencit balb/c yang terpapar lipopolisakarida e.coli

(<https://ejournal.undip.ac.id/index.php/jgi/article/view/10690>)

PDF

68-72

 Nur Fardian, Andrew Johan, RA Kisdjamiatun RMD

 Views: **783 (#)** | Language: **EN (#)** | DOI:

10.14710/jgi.3.2.68-72 (<https://doi.org/10.14710/jgi.3.2.68-72>)


 Published: .

Pengaruh suplementasi vitamin e (α -tokoferol) terhadap kadar gamma glutamil transferase (ggT) dan kadar nitric oxide (no) pada tikus (Studi pada tikus rattus novergicus strain wistar jantan terpapar inhalasi uap benzene)

(<https://ejournal.undip.ac.id/index.php/jgi/article/view/10691>)

PDF

73-79

 Roziana Roziana, Hertanto Wahyu Subagio, Suhartono Suhartono, Nyoman Suci Widyastiti

 Views: **1364 (#)** | Language: **EN (#)** | DOI:

10.14710/jgi.3.2.73-79 (<https://doi.org/10.14710/jgi.3.2.73-79>)

 Published: .

Ketersediaan dan Pola Distribusi Garam Beriodium di Kabupaten Jepara

(<https://ejournal.undip.ac.id/index.php/jgi/article/view/10692>)

PDF

80-85

 Wiwid Widiyatni, Hertanto Wahyu Subagio, **Suhartono** Suhartono

 Views: **1546 (#)** | Language: **EN (#)** | DOI:

10.14710/jgi.3.2.80-85 (<https://doi.org/10.14710/jgi.3.2.80-85>)

 Published: .


Status hidrasi sebelum dan sesudah latihan atlet sepak bola remaja

(<https://ejournal.undip.ac.id/index.php/jgi/article/view/10693>)

PDF

86-93

 Fillah Fithra Dieny, Dittasari Putriana

 Views: **4744 (#)** | Language: **EN (#)** | DOI:

10.14710/jgi.3.2.86-93 (<https://doi.org/10.14710/jgi.3.2.86-93>)

 Published: .


Pengaruh suplementasi spirulina terhadap beberapa parameter sindrom metabolik (studi di puskesmas lebdosari kota semarang)

(<https://ejournal.undip.ac.id/index.php/jgi/article/view/10694>)

PDF


94-100

 Mayta Sakti, Darmono SS, Nyoman Suci W

 Views: **1344 (#)** | Language: **EN (#)** | DOI:

10.14710/jgi.3.2.94-100

(<https://doi.org/10.14710/jgi.3.2.94-100>)

 Published: .

Pengaruh konseling gizi dan laktasi intensif dan dukungan suami terhadap pemberian air susu ibu (asi) eksklusif sampai umur 1 bulan

(<https://ejournal.undip.ac.id/index.php/jgi/article/view/10695>)

PDF


101-107

 Ramlan Ramlan, Ani Margawati

 Views: **1545 (#)** | Language: **EN (#)** | DOI:

10.14710/jgi.3.2.101-107

(<https://doi.org/10.14710/jgi.3.2.101-107>)

 Published: .

Pengaruh pemberian jus mangga terhadap profil lipid dan malondialdehyde pada tikus yang diberi minyak jelantah

(<https://ejournal.undip.ac.id/index.php/jgi/article/view/10696>)

PDF

(<https://ejournal.undip.ac.id/index.php/jgi/article/view/10696/8489>)

108-115

👤 Ibnu Zaki, Andrew Johan, Nyoman Suci W

📄 Views: **2353 (#)** | Language: **EN (#)** | DOI:

10.14710/jgi.3.2.108-115

(<https://doi.org/10.14710/jgi.3.2.108-115>)

🕒 Published: .

Prevalensi dan jenis masalah emosional dan perilaku pada anak usia 9-11 tahun dengan perawakan pendek di Kabupaten Brebes

(<https://ejournal.undip.ac.id/index.php/jgi/article/view/10697>)

PDF

(<https://ejournal.undip.ac.id/index.php/jgi/article/view/10697/8490>)

116-119

👤 Farid Agung Rahmadi, Galuh Hardaningsih, Rina Pratiwi

📄 Views: **4082 (#)** | Language: **EN (#)** | DOI:

10.14710/jgi.3.2.116-119

(<https://doi.org/10.14710/jgi.3.2.116-119>)

🕒 Published: .

Pengaruh asupan air putih terhadap berat badan, indeks massa tubuh, dan persen lemak tubuh pada remaja putri yang mengalami gizi lebih

(<https://ejournal.undip.ac.id/index.php/jgi/article/view/10698>)

PDF

(<https://ejournal.undip.ac.id/index.php/jgi/article/view/10698/8491>)

120-125

👤 Indri Mulyasari, Siti Fatimah Muis, Apoina Kartini

📄 Views: **5570 (#)** | Language: **EN (#)** | DOI:

10.14710/jgi.3.2.120-125

(<https://doi.org/10.14710/jgi.3.2.120-125>)

🕒 Published: .

Back-Matter

Back Matter

(<https://ejournal.undip.ac.id/index.php/jgi/article/view/10701>)

PDF

(<https://ejournal.undip.ac.id/index.php/jgi/article/view/10701/8493>)

👤 Jurnal Gizi Indonesia

📄 Views: **424 (#)** | Language: **EN (#)**

🕒 Published: .

Jurnal Gizi Indonesia (The Indonesian Journal of Nutrition) (e-ISSN: 2338-3119) has been covered by the following indexing and abstracting services :

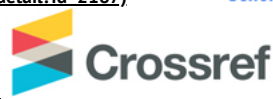


(<http://sinta2.ristekdikti.go.id/journals/detail?id=2187>)



([https://scholar.google.co.id/citations?](https://scholar.google.co.id/citations?hl=id&user=E0CtDigAAAAJ&view_op=list_works)

[https://search.crossref.org/?](https://search.crossref.org/?hl=id&user=E0CtDigAAAAJ&view_op=list_works)



<https://search.crossref.org/>



(<https://www.scilit.net/journal/367732>)



(<http://garuda.ristekdikti.go.id/journal/view/1282>)



(https://doaj.org/toc/2338-3119?source=%7B%22query%22%3A%7B%22filtered%22%3A%7B%22filter%22%3A%7B%22bool%22%3A%7B%22must%22%3A%5B%7B%22terms%22%3A%7B%22index.issn.e4942%22%2C%22338-3119%22%5D%7D%7D%2C%7B%22term%22%3A%7B%22type%22%3A%22article%22%7D%7D%5D%7D%7D%2C%22query%22%3A%7B%22match_all%22%3A%7B%7D)

Microsoft Academic

([https://academic.microsoft.com/profile/6ej87332-546j-45jj-9710-872h0h2333g2/jurnal123gizi/publication/search?q=Jurnal%20Gizi%20Indonesia%20\(The%20Indonesian%20Journal%20of%20Nutrition\)&qe=%2540%2540%2540USER.PUBLICATIONS%253D6af87332-546f-45ff-9710-872d0d2333c2&f=&orderBy=0](https://academic.microsoft.com/profile/6ej87332-546j-45jj-9710-872h0h2333g2/jurnal123gizi/publication/search?q=Jurnal%20Gizi%20Indonesia%20(The%20Indonesian%20Journal%20of%20Nutrition)&qe=%2540%2540%2540USER.PUBLICATIONS%253D6af87332-546f-45ff-9710-872d0d2333c2&f=&orderBy=0))




(<https://atoz.ebsco.com/Titles/SearchResults/8623?SearchType=Contains&Find=Jurnal+Gizi+Indonesia+%28The+Indonesian+Journal+of+Nutrition%29&GetResourcesBy=QuickSearch&resourceTypeName=journalsOnly&resourceType>)



Home (<https://ejournal.undip.ac.id/index.php/jgi/index>) > Vol 3, No 2 (2015) (<https://ejournal.undip.ac.id/index.php/jgi/issue/view/1715>) > Widiyatni (<https://ejournal.undip.ac.id/index.php/jgi/article/view/10692/0>)

Ketersediaan dan Pola Distribusi Garam Beriodium di Kabupaten Jepara

*[Wiwid Widiyatni](https://scholar.google.com/scholar?q=Wiwid+Widiyatni) (<https://scholar.google.com/scholar?q=Wiwid+Widiyatni>) - Dinas Kesehatan Kabupaten Jepara, Indonesia  ([javascript:openRTWindow\('https://ejournal.undip.ac.id/index.php/jgi/rt/emailAuthor/10692/0'\);](https://ejournal.undip.ac.id/index.php/jgi/rt/emailAuthor/10692/0));

[Hertanto Wahyu Subagio](https://scholar.google.com/scholar?q=Hertanto+Wahyu+Subagio) (<https://scholar.google.com/scholar?q=Hertanto+Wahyu+Subagio>) - Fakultas Kedokteran, Universitas Diponegoro, Indonesia

[Suhartono Suhartono](https://scholar.google.com/scholar?q=Suhartono+Suhartono) (<https://scholar.google.com/scholar?q=Suhartono+Suhartono>) - Fakultas Kesehatan Masyarakat, Universitas Diponegoro, Indonesia

Published:  [Check for updates](#)

DOI: <https://doi.org/10.14710/jgi.3.2.80-85> (<https://doi.org/10.14710/jgi.3.2.80-85>)

View  Fulltext (<https://ejournal.undip.ac.id/index.php/jgi/article/view/10692/8485>)

 (<https://ejournal.undip.ac.id/index.php/jgi/about/editorialPolicies#openAccessPolicy>).

How to cite (IEEE): W. Widiyatni, H. Subagio, and S. Suhartono, "Ketersediaan dan Pola Distribusi Garam Beriodium di Kabupaten Jepara," *Jurnal Gizi Indonesia (The Indonesian Journal of Nutrition)*, vol. 3, no. 2, pp. 80-85, Mar. 2016. <https://doi.org/10.14710/jgi.3.2.80-85> (<https://doi.org/10.14710/jgi.3.2.80-85>).



Citation Format:

Article Info

Section: Articles

Language: EN (#)

In Vol 3, No 2 (2015) (<https://ejournal.undip.ac.id/index.php/jgi/issue/view/1715>)

Statistics:  1546 (#).  5599 (#)

 [Tell your colleagues](https://ejournal.undip.ac.id/index.php/jgi/rt/emailColleague/10692/0) ([javascript:openRTWindow\('https://ejournal.undip.ac.id/index.php/jgi/rt/emailColleague/10692/0'\);](https://ejournal.undip.ac.id/index.php/jgi/rt/emailColleague/10692/0))

 [Fulltext download](https://ejournal.undip.ac.id/index.php/jgi/article/download/10692/8485) (<https://ejournal.undip.ac.id/index.php/jgi/article/download/10692/8485>)



[Mendeley](https://www.mendeley.com/minified/bookmarklet.js) ([javascript:document.getElementsByTagName\('body'\)](https://www.mendeley.com/minified/bookmarklet.js));

[0].appendChild(document.createElement('script')).setAttribute('src','https://www.mendeley.com/minified/bookmarklet.js');

[Zotero](https://www.zotero.org/bookmarklet/loader.js) ([javascript:document.getElementsByTagName\('body'\)](https://www.zotero.org/bookmarklet/loader.js));

[0].appendChild(document.createElement('script')).setAttribute('src','https://www.zotero.org/bookmarklet/loader.js');

Abstract

Latar belakang : Konsumsi garam beriodium oleh masyarakat atau Universal Salt Iodization (USI) merupakan program utama penanggulangan GAKI di Indonesia. Ketersediaan dan distribusi garam beriodium sesuai SNI yang belum merata menjadi kendala tercapainya USI di beberapa wilayah Indonesia termasuk Jepara. Jepara merupakan salah satu daerah penghasil garam di Jawa Tengah. Sebagian besar garam dijual keluar daerah sedangkan seluruh kebutuhan garam beriodium disuplai dari luar daerah. Penelitian bertujuan untuk menganalisis ketersediaan, pola distribusi dan tingkat konsumsi garam beriodium di Kabupaten Jepara.

Metode : Metode kualitatif digunakan dalam penelitian ini. Informan utama terdiri dari 5 orang anggota tim penanggulangan GAKI dan 11 orang pelaku garam. Informan triangulasi terdiri dari 30 orang ibu hamil di wilayah Pakis Aji. Pengumpulan data melalui observasi, wawancara mendalam, Focus Group Discussion dan telaah dokumen. Analisis data menggunakan content analysis.

Hasil : Terdapat 76 merk garam beriodium yang beredar di Jepara, 75 % mengandung iodium < 30 ppm. Tingginya peredaran garam ini disebabkan oleh lemahnya law enforcement di Jepara. Pola distribusi yang berbeda mengakibatkan ketersediaan garam beriodium di setiap wilayah juga berbeda. Sebagian besar responden telah mengonsumsi garam beriodium. Persepsi responden gondok merupakan dampak utama GAKI. Garam beriodium tersedia di pasar atau warung dengan harga terjangkau, rasa dan kualitas garam menjadi kendala dalam mengonsumsi garam beriodium sesuai SNI setiap hari.