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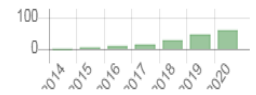
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## STRADA Jurnal Ilmiah Kesehatan

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- STRADA Jurnal Ilmiah Kesehatan uses English as the main language in 2018.
- STRADA Jurnal Ilmiah Kesehatan has been accredited with grade "3" by the Ministry of Research, Technology and Higher Education (RistekDikti) of The Republic of Indonesia as an achievement for the peer-reviewed journal which has excellent quality in management and publication - <http://sinta2.ristekdikti.go.id/> The recognition published in Director Decree No. 21/E/KPT/2018, July 9, 2019, and effective until 2023.
- March, 1st 2019. STRADA Jurnal Ilmiah Kesehatan change website (previous website address was <http://jurnal.strada.ac.id/sjik> change to <http://strada.ac.id/sjik>)
- Publisher of SJIK, previously STIKes Surya Mitra Husada became **Institut Ilmu Kesehatan STRADA Indonesia** based on the Ministry of Research, Technology and Higher Education letter number 657/KPT/I/2019 on 31st July 2019.
- STRADA Jurnal Ilmiah Kesehatan change website (<http://strada.ac.id/sjik> become <http://sjik.org>) on 15th August 2019.
- August 2019. The journal database is deleted, so the publisher re-submits several articles that affect the journal's metadata.
- STRADA Jurnal Ilmiah Kesehatan change cover and logo in November 2019



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## Effects of The First 1000 Days of Life Module For Premarital Women Against Knowledge and Attitudes to Prevent Stunting

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**Keywords:** Stunting, First 1000 Days of Life Module, Premarital Women

### Abstract

The first 1000 days of life period is the most frequent period of stunting as well as the best period to prevent and improve the stunting condition, so it needs optimal preparation before entering this period which can be applied to premarital women. This study aims to analyze the effect of giving first 1000 days of life modules to the knowledge and attitude of stunting prevention in Premarital women. This type of research is quasi-experimental pre test-post test with control group design. The number of samples is 60 premarital women divided into two groups. The Result of Paired T-test knowledge and attitude score obtained p value 0.001), while the result of Independen T-test p value of knowledge = 0.002 and attitude = 0.02. The First 1000 days of life modules has more effect on increasing knowledge and attitude of stunting prevention compare premarital class only.

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