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HASIL PENILAIAN SEJAWAT SEBIDANG ATAU PEER REVIEW
KARYA ILMIAH : JURNAL ILMIAH

Judul Jurnal Ilmiah (Artikel) : The Effect of Islamic Spiritual Mindfulness on Self-Efficacy in Anger Management among Schizophrenic Patients
 Jumlah Penulis : 3 orang
 Nama Penulis : Meidiana Dwidiyanti, Ashri Maulida Rahmawati, dan Dian Ratna Sawitri
 Status Pengusul : Penulis anggota/ penulis ke-3
 Identitas Jurnal Ilmiah : a Nama Jurnal : *Nurse Media Journal of Nursing*
 b Nomor ISSN : e-ISSN: 2406-8799, p-ISSN: 2087-7811
 c Vol, No., Bln Thn : Vol. 11, No. 3, Desember 2021
 d Penerbit : Faculty of Nursing, Universitas Airlangga
 e DOI artikel (jika ada) : <https://doi.org/10.14710/nmjn.v11i3.37401>
 f Alamat web jurnal : <https://e-journal.unair.ac.id/PNJ/article/view/33985>
 Alamat Artikel : <https://e-journal.unair.ac.id/PNJ/article/view/33985/21069>
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	Reviewer I	Reviewer II	
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b. Ruang lingkup dan kedalaman pembahasan (30%)	8	8	8
c. Kecukupan dan kemutakhiran data/informasi dan metodologi (30%)	8	8	8
d. Kelengkapan unsur dan kualitas penerbit (30%)	8	8	8
Total = (100%)	26	26,5	26,25
Nilai Pengusul = 40% x 26,25 : 2 = 5,25			

Reviewer 2,



Prof. Dr. Drs. Cholichul Hadi, M.Si., Psikolog
 NIP.196403231989031002
 Unit kerja: Fakultas Psikologi Universitas Airlangga
 Bidang Ilmu: Psikologi

1 Mei 2023

Reviewer 1,



Prof. Dr. Hamdi Muluk, M.Si
 NIP. 196603311999031001
 Unit kerja : Fakultas Psikologi Universitas Indonesia
 Bidang Ilmu: Psikologi

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a. Kelengkapan unsur isi jurnal (10%)	3				2
b. Ruang lingkup dan kedalaman pembahasan (30%)	9				8
c. Kecukupan dan kemutahiran data/informasi dan metodologi (30%)	9				8
d. Kelengkapan unsur dan kualitas penerbit (30%)	9				8
Total = (100%)	30				26
Nilai Pengusul = 40% x 26: 2 = 5,2					

Catatan penilaian artikel oleh reviewer:

1. Kesesuaian dan kelengkapan unsur isi jurnal:

Artikel jurnal ini memiliki unsur-unsur yang lengkap, terdiri dari Title, Abstract, Introduction, Methods, Results, Discussion, Implications and Limitations, Conclusion, dan References. Title disusun secara singkat dan memberikan gambaran jelas mengenai variabel dan desain penelitian. Abstract disajikan secara sistematis per poin sub bagian. Introduction memberikan paparan mengenai penelitian-penelitian terkini yang menyajikan perkembangan intervensi efikasi diri dalam manajemen marah pada pasien skizofrenia. Methods memberikan penjelasan mengenai partisipan, intervensi, desain penelitian, dan prosedur penelitian yang dilakukan. Results menyajikan hasil analisis data yang dilakukan. Discussion membahas temuan penelitian. Implications and Limitations memberikan highlight rekomendasi praktis dan teoritis serta keterbatasan penelitian in. Conclusion memnggarisbawahi temuan penelitian. References memberikan dukungan yang relevan untuk kemutakhiran artikel ini.

2. Ruang lingkup dan kedalaman pembahasan:

Artikel jurnal ini menyajikan penelitian mengenai pengaruh Islamic spiritual mindfulness sebagai intervensi unggulan untuk meningkatkan efikasi diri dalam melakukan manajemen marah pada pasien skizofrenia. Desain penelitian disajikan secara komprehensif dalam rangka menjawab hipotesis. Hasil penelitian dipaparkan secara sistematis dan dibahas dengan teori yang relevan dan hasil-hasil penelitian sebelumnya yang mendukung hasil penelitian ini.

3. Kecukupan dan kemutakhiran data/informasi dan metodologi:

Jumlah data yang digunakan dalam penelitian tergolong cukup, dengan didukung partisipan sejumlah 54 pasien skizofrenia yang terbagi dalam kelompok intervensi dan kelompok kontrol. Informasi yang disajikan dalam artikel ini juga tergolong mutakhir. Hal ini ditunjukkan dengan digunakannya 40 referensi yang terdiri dari beragam buku dan artikel jurnal, dan 85% diantaranya merupakan terbitan 10 tahun terakhir.

4. Kelengkapan unsur dan kualitas penerbit:

Artikel ini dipublikasikan dalam jurnal internasional terindeks Scopus yang diterbitkan oleh Faculty of Nursing, Universitas Airlangga. Jurnal memiliki unsur-unsur yang lengkap dan kualitas penerbitnya tergolong baik.

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Hasil cek plagiarisme menunjukkan Turnitin similarity index sebesar 6%, yang memberikan gambaran tidak adanya indikasi plagiasi dan bahwa artikel ini tergolong orisinal.

6. Kesesuaian bidang ilmu:

Kontribusi pengusul dalam artikel ini selaras dengan bidang keilmuan yang ditekuninya, yaitu Psikologi.

Depok, 30 April 2023

Reviewer



Prof. Dr. Hamdi Muluk, M.Si

NIP. 196603311999031001

Unit kerja: Fakultas Psikologi Universitas Indonesia

Bidang Ilmu: Psikologi

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Hasil Penilaian *Peer Review*:

Komponen Yang Dinilai	Nilai Maksimal Jurnal Ilmiah				Nilai Akhir Yang Diperoleh
	Internasional Bereputasi	Internasional	Nasional Terakreditasi	Nasional Tidak Terakreditasi	
	30				
a. Kelengkapan unsur isi jurnal (10%)	3				2,5
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2. Ruang lingkup dan kedalaman pembahasan:

Artikel jurnal ini menyajikan penelitian mengenai pengaruh Islamic spiritual mindfulness sebagai intervensi unggulan untuk meningkatkan efikasi diri dalam melakukan manajemen marah pada pasien skizofrenia. Desain penelitian disajikan secara komprehensif dalam rangka menjawab hipotesis. Hasil penelitian dipaparkan secara sistematis dan dibahas dengan teori yang relevan dan hasil-hasil penelitian sebelumnya yang mendukung hasil penelitian ini.

3. Kecukupan dan kemutakhiran data/informasi dan metodologi:

Ketercukupan data yang digunakan dalam penelitian telah terpenuhi dengan baik. Hal ini ditunjukkan dengan dilibatkannya partisipan sejumlah 54 pasien skizofrenia yang terbagi dalam kelompok intervensi dan kelompok kontrol. Informasi yang disajikan artikel jurnal ini juga tergolong mutakhir. Hal ini ditunjukkan dengan digunakannya 40 referensi pendukung yang 85% diantara referensi yang digunakan tersebut merupakan terbitan 10 tahun terakhir.

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5. Indikasi plagiasi:

Hasil cek plagiarisme menunjukkan hasil Turnitin similarity index sebesar 6%. Hal ini memberikan gambaran bahwa di dalam artikel jurnal ini tidak adanya indikasi plagiasi dan bahwa artikel jurnal ini tergolong memiliki orisinalitas tinggi.

6. Kesesuaian bidang ilmu:

Kontribusi pengusul dalam penelitian dan penulisan artikel ini sesuai dengan bidang keilmuan yang ditekuninya, yaitu Psikologi.

Surabaya 30 April 2023

Reviewer



Prof. Dr. Drs. Cholichul Hadi, M.Si., Psikolog

NIP. 196403231989031002

Unit kerja: Fakultas Psikologi Universitas Airlangga

Bidang Ilmu: Psikologi



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The Effect of Islamic Spiritual Mindfulness on Self-Efficacy in Anger Management among Schizophrenic Patients

[Dwidiyanti, Meidiana^a](#) ; [Rahmawati, Ashri Maulida^{b, c}](#); [Sawitri, Dian Ratna](#) [Save all to author list](#)^a Department of Nursing, Faculty of Medicine, Universitas Diponegoro, Semarang, Indonesia^b Student of Master Program in Nursing, Faculty of Medicine, Universitas Diponegoro, Semarang, Indonesia^c Faculty of Psychology, Universitas Diponegoro, Semarang, Indonesia

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Abstract

Background: The prevalence of schizophrenia has increased in the last few years. Nevertheless, methods in assisting schizophrenic patients have not improved significantly. Islamic spiritual mindfulness is a spiritual approach that can help schizophrenic patients increase their self-efficacy in anger management. However, the application of this intervention is still not well researched. **Purpose:** This study aimed to determine the effect of Islamic spiritual mindfulness on self-efficacy in anger management among schizophrenic patients. **Methods:** This study utilized a pre-post quasi-experimental design with a control group. A total of 54 schizophrenic patients were purposively recruited and divided into two groups: the intervention group (n=27) and the control group (n=27). The intervention group received four sessions of Islamic spiritual mindfulness in two weeks, while the control group received a standard intervention from the hospital. The data were collected using the

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Effects of mindfulness on stimulating hope and recovery among people with schizophrenia

Yulina Astuti, H.W. , Agustin, M. , Sari, S.P. (2020) *Nurse Media Journal of Nursing*

DAHAGA: An Islamic spiritual mindfulness-based application to reduce depression among nursing students during the COVID-19 pandemic

Dwidiyanti, M. , Munif, B. , Santoso, A. (2021) *Belitung Nursing Journal*

The effect of mindfulness-based education given to individuals with substance-use disorder according to self-efficacy theory on self-efficacy perception

Bayır, B. , Aylaz, R. (2021) *Applied Nursing Research*[View all related documents based on references](#)

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Regulatory Emotional Self-Efficacy (RESE) scale and analyzed using the t-test. Results: The results showed a significant difference in self-efficacy scores between the control and intervention groups ($p=0.000$) after the intervention. In the pretest, the mean score of self-efficacy in the intervention group was lower than the control group ($M=28.15$ vs. $M=30.26$) without a significant difference. However, in the post-test, a significant difference in self-efficacy between the intervention and control groups was found ($M=46.44$ vs. $M=46.44$; $p=0.000$). Conclusion: Islamic spiritual mindfulness significantly affects self-efficacy among schizophrenic patients. The Islamic spiritual mindfulness can be applied as a new form of approach to increase self-efficacy in schizophrenic patients. Copyright © 2021 NMJN.

Author keywords

Anger management, Islamic spiritual mindfulness; Schizophrenia; Self-efficacy

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Editorial

Workplace Assertiveness of Filipino Hospital Staff Nurses: A Cross-sectional Study

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Abstract

Background: Several studies have demonstrated the significance of assertiveness in the nursing profession. However, there is a lacuna in the literature regarding the level of workplace assertiveness of Filipino nurses.

Purpose: This study determined the workplace assertiveness towards nursing colleagues, nursing management personnel, medical doctors, and other members of the health team among hospital staff nurses.

Methods: The data in this cross-sectional study were collected from randomly selected staff nurses (n=223) Involving two tertiary hospitals in the Philippines using the Workplace Assertive Behavior Questionnaire. Descriptive statistics and tests for differences were used to analyze the data.

Results: Results showed that staff nurses had moderate workplace assertiveness. They were less assertive towards the nursing management personnel, and were less likely to provide constructive criticisms and say no to requests. Assertiveness significantly varied based on employment status ($p=.001$), age ($p=.046$), years of nursing work experience ($p=.037$), and years in the present organization ($p=.022$). A sense of responsibility to patients was the main facilitator while reprimand and fear of repercussions from the nursing management personnel were the major barriers to assertive behaviors.

Conclusion: Personal and work environmental factors can inhibit or support assertiveness. This study highlighted some gaps in Filipino staff nurses' assertiveness at work. Nursing management plays a pivotal role in nurses' assertiveness. Efforts should be made to address the barriers and improve the assertiveness of staff nurses.

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Keywords: Assertiveness; cross-sectional studies; nursing staff; Philippines; workplace

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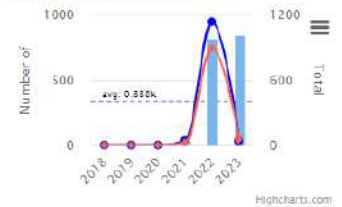
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Barriers and Challenges in Managing Hypertension in Belitung, Indonesia: A Qualitative Study


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Abstract

Background: The Government of Indonesia has provided a Chronic Disease Management Program, better known as PROLANIS, to reduce the incidence of hypertension; however, the prevalence of hypertension remains high in the community, especially in Belitung, Indonesia, which warrants further investigation. One of the strategies to decrease the number of hypertensions is by addressing barriers and challenges in hypertension management according to patients' points of view, which has become a lack of focus in previous studies.

Purpose: This study aimed to explore the barriers and challenges of patients in managing hypertension in Belitung, Indonesia.

Methods: This research employed a qualitative descriptive study design with 20 hypertensive patients who had access to the PROLANIS program in public health centers. Focus group discussions were conducted for data collection. The content analysis was used for data analysis.

Results: Six themes were developed from the data, including (1) Dietary habits: the role of salt, (2) Nonadherence to medication due to the use of traditional medicine, (3) Shopping habit on nonprescription medication, (4) Confusion of anti-hypertensive drugs, (5) Barriers to physical exercise, and (6) Health monitoring and education.

Conclusion: This study serves as an input for nurses and healthcare providers to improve the PROLANIS program, especially in hypertension management, as well as to develop new nursing interventions according to the barriers and challenges.

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Keywords: Community nurses; hypertension; Indonesia; public health; qualitative research

Funding: The Ratchadapisek Sompoch Endowment Fund (2018), Chulalongkorn University, Bangkok Thailand

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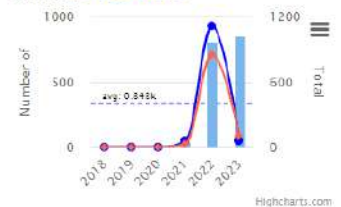
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Nursing Students' Experiences on Clinical Competency Assessment in Ghana

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Abstract

Background: More countries are establishing licensing examination systems for nursing education, including clinical competency assessment. In Ghana, clinical competency assessment forms part of the nursing licensing examination and is perceived as the benchmark for nursing licensing examination in the sub-region. The nationalised assessment system is established with some ad hoc changes over the last decade which requires continual evaluation. It is essential to find out how students experience this assessment system.

Purpose: This study aimed to explore nursing students' experiences of the clinical competency assessment in Ghana.

Methods: An exploratory descriptive qualitative design was used in this study. Eight focus group discussions (FGDs) were conducted with 68 final year students purposively selected from eight nursing education programs. The FGDs lasted between 90 to 120 minutes. Content analysis was used to analyze the data.

Results: Although the pre-examination conference between students and examiners helped lessen students' anxiety, limited resources, incongruence in teaching, practice and assessment, inherent biases due to the unstandardised assessment system, and a financial burden compromised the quality of the assessment.

Conclusion: Clinical competency assessment is central to nursing licensing examinations; hence the ability of the system to discriminate competent and incompetent nurses otherwise cannot be overemphasised. Standardisation, training of the examiners and continuous evaluation of the assessment system are imperative for quality improvement in clinical competency assessment.

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Keywords: Clinical competency assessment; Ghana; licensing examination; nursing education

Funding: Department of Nursing education, University of Witwatersrand,

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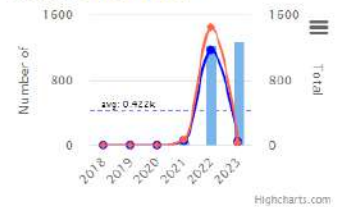
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