

Kesmas

National Public Health Journal

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Kesmas: National Public Health Journal

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Announcements

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Kesmas: National Public Health Journal as the name change of Kesmas: Jurnal Kesehatan Masyarakat Nasional is a journal published by Faculty of Public Health Universitas Indonesia since August 2006 and has been accredited by Ministry of Research, Technology and Higher Education in July 2009 then re-accredited in 2012 (No.56/DIKTI/Kep/2012) and 2018 (No.30/E/KPT/2018) with Sinta 2, an Indonesian national accreditation, year 2017 - 2021. Our journal is published quarterly in February, May, August, and November.

Kesmas: National Public Health Journal is on public health as discipline and practices related to preventive and promotive measures to enhance the health of the public through scientific approach applying a variety of techniques. This focus includes areas and scopes such as biostatistics, epidemiology, health education and promotion, health policy and administration, environmental health, public health nutrition, sexual and reproductive health, and occupational health and safety.

Kesmas: National Public Health Journal was first published every two months since August 2006 with 50 pages in every edition and purple cover. Then from August 2012 to February 2014, our journal was published monthly and orange peach cover with picture. Due to managerial restructuring since May 2014, our journal has been published quarterly (February, May, August, November) with an additional number of the page to 100 pages from 50 pages in every edition and the orange peach cover without any picture. In order of internationalization of journal since August 2015, every edition now consists of 50 pages and articles both in Indonesian (Bahasa Indonesia) and English.

Since August 2016 (Volume 11 Issue 1), we publish the journal with the new name as Kesmas: National Public Health Journal consisting of articles in English.

The journal employs a peer-review mechanism where each submitted article should be anonymously reviewed by expert peers appointed by the editor. Articles published in this journal could be in the form of an original article and invited review article.

Kesmas: National Public Health Journal opens submission for a **special edition** with a thematic issue, supplement, and proceeding. For further information, please contact us by phone +62815-1141-6600 or e-mail: jurnalkesmas.ui@gmail.com.



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LANGUAGE

Kesmas

National Public Health Journal

Quarterly Journal

Effects of Diabetes on the Output of Farmer and Its Policy Implications (pp. 1 - 6)

Qualitative Exploration of Experiences and Consequences of Health-related Stigma among Indonesians with HIV, Leprosy, Schizophrenia, and Diabetes (pp. 7 - 16)

Health Risk Behaviors: Smoking, Alcohol, Drugs, and Dating among Youths in Rural Central Java (pp. 17 - 23)

Evaluation of Program for Overcoming Intestinal Worm Infections among Children (pp. 24 - 31)

Entomological Index and Home Environment Contribution to Dengue Hemorrhagic Fever in Mataram City, Indonesia (pp. 32 - 39)

Utilization of Family Planning Contraceptives among Women in the Coastal Area of South Buru District, Maluku, 2017 (pp. 40 - 47)

Determinants of Stunted Children in Indonesia: A Multilevel Analysis at the Individual, Household, and Community Levels (pp. 48 - 53)

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PDF (<http://journal.fkm.ui.ac.id/kesmas/issue/view/issue/141/49>)

Articles

Effects of Diabetes on The Output of Farmer and Its Policy Implications (<http://journal.fkm.ui.ac.id/kesmas/article/view/3085>)

DOI : [10.21109/kesmas.v15i1.3085](http://dx.doi.org/10.21109/kesmas.v15i1.3085) (<http://dx.doi.org/10.21109/kesmas.v15i1.3085>)

Abstract view : 44 times

Syed Asif Ali Naqvi, Bilal Hussain, Syed Ale Raza Shah, Muhammad Sohail Amjad Makhdom

PDF (<http://journal.fkm.ui.ac.id/kesmas/article/view/3085/942>) | 1-6

Qualitative Exploration of Experiences and Consequences of Health-related Stigma among Indonesians with HIV, Leprosy, Schizophrenia and Diabetes (<http://journal.fkm.ui.ac.id/kesmas/article/view/3306>)

DOI : [10.21109/kesmas.v15i1.3306](http://dx.doi.org/10.21109/kesmas.v15i1.3306) (<http://dx.doi.org/10.21109/kesmas.v15i1.3306>)

Abstract view : 84 times

Sarju Sing Rai, Irwanto Irwanto, Ruth M.H. Peters, Elena V. Syurina, Annisa Ika Putri, Altana Mikhakhanova, Denise Naniche, Marjolein B.M. Zweekhorst

PDF (<http://journal.fkm.ui.ac.id/kesmas/article/view/3306/948>) | 7-16

Health Risk Behaviors: Smoking, Alcohol, Drugs, and Dating among Youths in Rural Central Java (<http://journal.fkm.ui.ac.id/kesmas/article/view/2864>)

DOI : [10.21109/kesmas.v15i1.2864](http://dx.doi.org/10.21109/kesmas.v15i1.2864) (<http://dx.doi.org/10.21109/kesmas.v15i1.2864>)

Abstract view : 28 times

Zahroh Shaluhiyah, Syamsulhuda Budi Musthofa, Ratih Indraswari, Aditya Kusumawati

PDF (<http://journal.fkm.ui.ac.id/kesmas/article/view/2864/943>) | 17-23

Evaluation of Program for Overcoming Intestinal Worm Infections among Children (<http://journal.fkm.ui.ac.id/kesmas/article/view/2737>)

DOI : [10.21109/kesmas.v15i1.2737](http://dx.doi.org/10.21109/kesmas.v15i1.2737) (<http://dx.doi.org/10.21109/kesmas.v15i1.2737>)

Abstract view : 12 times

Henny Febriyanti, Haerawati Idris

PDF (<http://journal.fkm.ui.ac.id/kesmas/article/view/2737/944>) | 24-31

Entomological Index and Home Environment Contribution to Dengue Hemorrhagic Fever in Mataram City, Indonesia (<http://journal.fkm.ui.ac.id/kesmas/article/view/3294>)

DOI : [10.21109/kesmas.v15i1.3294](http://dx.doi.org/10.21109/kesmas.v15i1.3294) (<http://dx.doi.org/10.21109/kesmas.v15i1.3294>)

Abstract view : 24 times

Tri Baskoro Tunggal Satoto, Nur Alvira Pascawati, Tri Wibawa, Roger Frutos, Sylvie Maguin, I Kadek Mulyawan, Ali Wardana

PDF (<http://journal.fkm.ui.ac.id/kesmas/article/view/3294/945>) | 32-39

Utilization of Family Planning Contraceptives among Women in the Coastal Area of South Buru District, Maluku, 2017 (<http://journal.fkm.ui.ac.id/kesmas/article/view/2542>)

DOI : [10.21109/kesmas.v15i1.2542](http://dx.doi.org/10.21109/kesmas.v15i1.2542) (<http://dx.doi.org/10.21109/kesmas.v15i1.2542>)

Abstract view : 12 times

Christiana Rialine Titaley, Ninik Sallatalohy

PDF (<http://journal.fkm.ui.ac.id/kesmas/article/view/2542/946>) | 40-47

Determinants of Stunted Children in Indonesia: A Multilevel Analysis at the Individual, Household, and Community Levels

(<http://journal.fkm.ui.ac.id/kesmas/article/view/2771>)

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Abstract view : 24 times

Febri Wicaksono, Titik Harsanti

PDF (<http://journal.fkm.ui.ac.id/kesmas/article/view/2771/947>) | 48-53



Home (<http://journal.fkm.ui.ac.id/kesmas/index>) / Vol 15, No 1 (2020) (<http://journal.fkm.ui.ac.id/kesmas/issue/view/141>) / Shaluhiah (<http://journal.fkm.ui.ac.id/kesmas/article/view/2864/0>)

Health Risk Behaviors: Smoking, Alcohol, Drugs, and Dating among Youths in Rural Central Java

Zahroh Shaluhiah, Syamsulhuda Budi Musthofa, Ratih Indraswari, Aditya Kusumawati

Abstract

Adolescents are more likely to adopt risky health behaviors, such as smoking, alcohol use, and sexual activity. This study examined the links between smoking, alcohol use, and risky dating behavior and analyzed how these factors influenced risky dating and other behaviors. It is expected that this study would be used as a foundation for developing appropriate integrated intervention for multiple risk behaviors among youths. This study was an explanatory research study with a cross-sectional approach. It involved 160 youths aged 15-24 years randomly selected from purposive villages. Participants completed self-administered questionnaires with an enumerator present. Data were analyzed using univariate, chi-square, and multiple logistic regression. Smoking behavior, leisure activity, and self-efficacy were predictors of risky dating behavior. The self-efficacy variable also influenced multiple risk behaviors. A strong association was found between smoking, risky dating behavior, and alcohol use. One-third of the participants had dated and smoked recently, but only 10% of them had experienced high-risk dating activity, including petting and intercourse. Only 5% had experienced alcohol use (in particular, traditional alcohol), and no one admitted being involved with drug abuse.

Keywords

alcohol use, dating behavior, drugs, smoking, youth

Full Text:

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