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Ros Evlyn , Bagoes Widjanarko and M. Zen Rahfiludin



**Abstract:**

Background: Psychotic disorders are mental disorders that make patients become disoriented in the flow of thought that results in the inability to care for themselves, including in fulfilling food intake. Moreover, the need for the family involvement in providing a balanced diet intake is very important. However, the high number of nutritional status that is lacking in psychotic patients in the West Kalimantan Provincial Hospital is something that needs to be studied in the fulfillment of food during home treatment. Research Objectives: To analyze the relationship among patient and family characteristics, knowledge, attitudes, experience of getting nutrition consultation and food security with family behavior in giving a balanced menu intake. Research Methods: This study was an observational analytic study using quantitative methods with cross sectional design. Next, the subject of the research was 292 families, with a total sample of 58 people. Purposive sampling was used to take sample of the research. Thus, data analysis was performed with the chi-square test and logistic regression test. Research Results: Statistically, the variables that were significantly related to the family behavior in giving a balanced diet towards Psychotic sufferers were nutritional status / BMI with  $p = 0.026$ , knowledge with  $p = 0.030$  and attitude with  $p = 0.022$ . Attitude variable was the most dominant variable in family behavior in giving a balanced menu intake with a value of  $OR = 2.697$ . Conclusion: Nutritional status, knowledge and attitude variables are significantly related to family behavior giving a balanced menu intake and the most dominant factor is attitude.

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