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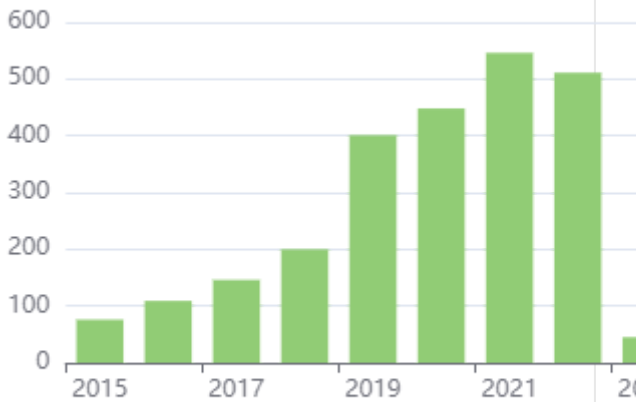
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Perilaku Pencarian Pengobatan dan Perawatan Mandiri pada Penderita Filariasis di Kabupaten Wonosobo

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ABSTRACT

Background: Promptly treatment is essential for filariasis patients to reduce permanent disability. Preliminary study of several filariasis patients with swollen leg in Wonosobo regency indicated as delay access to prompt treatment which increase the risks of transmission as well as worsen patient's condition. The purpose of this study was to explore health-seeking behaviour and self-care of patient in Wonosobo regency.

Method: This study employs qualitative research using phenomenology approach. Five informants were selected by using criteria as patients with clinically symptomatic swelling leg and willing to participate to this study. The supporting informants were selected to family members and health workers who handle filariasis treatment. All data were analyzed by using content analysis.

Results: Most filariasis patients were categorized as low income and having limited knowledge of the disease. They believed that the disease caused by curse so that medical treatment will not cure it and they have desperate with the illness. Psychosocial burden caused them feel anxiety even afraid to be outcasted. Their current condition mostly swollen legs with or without complications and the disease interferes their activity as very painful disease. Although the treatment will reduce pain, but it was only temporary, so that the patients felt that the treatment will be useless. The health seeking behaviour indicated that all patients experienced delay in accessing medical treatment, they tried to find other alternative treatment such as traditional treatment. Most patients have not yet performed good self-care as recommended by health workers. In addition, information and socialization about filariasis to patients, families and communities are limited because it has not been as priority program of health center. Health education program should be conducted to improve positive behavior of community regarding the prevention, early detection, prompt treatment and self-care of the disease.

Keywords: filariasis, health-seeking behaviour, self-care

PENDAHULUAN

Filariasis merupakan penyakit menular disebabkan cacing filaria yang menyerang saluran dan kelenjar getah bening manusia, sehingga berpotensi merusak sistem limfa serta menimbulkan pembengkakan pada tangan, kaki, payudara, dan kantung buah zakar.⁽¹⁾ Filariasis di Indonesia disebabkan oleh infeksi cacing filaria *Wuchereria bancrofti*,

Brugia malayi, dan *Brugia timori* yang ditularkan oleh beberapa spesies nyamuk seperti *Mansonia uniformis* dan *Culex quinquefasciatus* yang sering ditemukan sebagai vektor filariasis di Jawa Tengah.⁽²⁾ Meski tidak mengakibatkan kematian secara langsung, penyakit ini menjadi penyebab utama kecacatan, pengucilan, hambatan psikososial, dan penurunan

Peran Pendamping Program Keluarga Harapan dalam Meningkatkan Kunjungan K1-K4 Ibu Hamil ke Pelayanan Kesehatan

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ABSTRACT

Background: Family Hope Program (PKH) as referred to as conditional cash transfer is a government poverty alleviation program by providing conditional cash money to induces healthy behavior especially pregnant, lactating mother and children under 5 years nutritional status in poor families. This program is assisted by field staff to facilitate PKH participants to comply antenatal care visits of pregnant mothers and improving nutritional status of children under five years. This study aims to explore the perception of PKH participants regarding the role of field staffs as a motivator, facilitator, educator, and mediator in assisting participants.

Method: This is a qualitative study using in-depth interviews to nine pregnant mothers (as PKH participants) who lived in Sumbermalang, Situbondo District. The informants were selected purposively with inclusion criteria is pregnant mothers as well as their husbands who have been participating in PKH program for more than 2 years. In-depth interviews were also conducted to health providers (village midwives) and field staffs of PKH. Data were analyzed using thematic content analysis.

Results: The characteristics of informants were mostly around 20-25 years old, 7-9 months of pregnancy, as housewife and husbands' occupation was a building construction. Most informants say that the field staffs have facilitated them to improve their behavior to visit health center or village midwives to control their pregnancy, and also provided health education including motivated pregnant mother to consume ferrum tablet completely as well as other medicine. There were no obstacles arising in visiting health center to control their pregnancy and children. PKH field staff roles were necessary as a facilitator, motivator, mediator, and educator of PKH participants in order to help participants to change their behavior. Increase coordination among PKH field staffs and health workers including village midwives is needed to run this program smoothly.

Keywords: family hope program, role pregnant women, ANC, health services

PENDAHULUAN

Rendahnya kualitas kesehatan masyarakat Indonesia terutama pada masyarakat miskin menjadi suatu permasalahan utama karena mereka cenderung mengabaikan kualitas kesehatan yang tergambar dalam statistik kesehatan ibu dan anak di Indonesia yang belum memuaskan.⁽¹⁾ Rendahnya status kesehatan ibu akan berdampak terhadap janin atau

bayi yang dikandungnya.⁽²⁾ Dalam upaya untuk mengurangi permasalahan kesejahteraan sosial yang salah satu komponennya adalah kemiskinan keluarga dengan kasus kehamilan, maka pemerintah Indonesia melalui Kementerian Sosial mengeluarkan sebuah program yaitu Program Keluarga Harapan (PKH).⁽³⁾ Tujuan utama PKH bagi ibu hamil adalah untuk meningkatkan taraf hidup keluarga

Pengaruh Pemasangan Poster Anjuran Buang Sampah terhadap Pemanfaatan Tempat Sampah di Tempat Wisata

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ABSTRACT

Background: Cleanliness of tourist area is managers and visitors responsibilities to maintain the beauty of tourist destinations. Disposing of trash in its place becomes very important in maintaining the cleanliness of tourist sites. The role of health promotion media to improve awareness and behavior of tourist in maintaining cleanliness is necessary to be conducted. The purpose of this study was to analyze the effect of providing garbage disposal posters towards the utilising trash bin in tourist sites.

Method: This study employs a quantitative method with a quasy experimental approach, non randomized control group pretest posttest design. It was carried out in four tourist sites which consist of two tourist sites as intervention area and the others as control. Sample of this study was consisted of 15 bins/each site which met the criteria of sanitation standards and selected purposively so that the total sample was 30 bins in the intervention and 30 bins in the control areas. The variables included the volume of waste in each trash bin, the quality of trash bin distributed and the number of visitors before and after intervention. Measurements were conducted for 14 days.

Results: The volume of waste was increased significantly after providing posters in the intervention sites compared to controls'. Likewise, the quality of trash bin distributed at tourist sites was also increased significantly in the intervention areas compared to controls. The number of visitors at four destinations was increased significantly after intervention because post-test was conducted at long vacation period. That would directly effect to waste volume in the trash bin at 4 tourist destinations. This study recommends to managers to put interesting poster or other instagramable media to promote healthy behaviour related to the cleanliness and beauty at tourist areas.

Keywords: tourism, healthy behaviour, poster, trash bin, visitor

PENDAHULUAN

Pariwisata berkembang dengan pesat seiring terjadinya kecenderungan penduduk yang semakin memerlukan hiburan dengan menjelajahi tempat baru dan mendapatkan suasana dan perjalanan baru. Ciri dari berkembangnya pariwisata di suatu negara adalah banyaknya wisatawan asing yang masuk dan berkunjung ke negara tersebut. Dengan adanya wisatawan asing tersebut,

maka terjadi pembangunan sarana dan prasarana yang semakin lengkap di tempat pariwisata dengan tujuan memberikan kenyamanan wisatawan yang berkunjung.⁽¹⁾ Secara nasional jumlah kunjungan wisata mancanegara di Indonesia di bulan Januari-November 2015 mencapai 8,7 juta jiwa, dan mengalami pertumbuhan positif sebesar 3,2% dibandingkan periode yang sama pada tahun 2014.⁽²⁾