

#### STUDY PROTOCOL

# **REVISED** Palliative care and good death in acute diseases: a scoping review protocol [version 2; peer review: 1 not approved]

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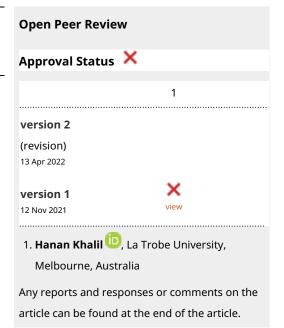
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#### Abstract

Increasing cases of emerging and re-emerging infectious diseases, requires healthcare systems to provide essential palliative care for critically ill patients and their families. With the rapid onset and often accelerated deterioration in patients with acute conditions, palliative and supportive care for these patients have different characteristics compared to those for chronic diseases. Furthermore, providing endof life services for critically ill patients with acute diseases and their families to ensure good death for the patients, will also have its own challenges. This scoping review aims to explore the concept of palliative care and good death for acute diseases.

This scoping review will be conducted using the Arksey and O'Malley's framework for scoping reviews: identifying the research question, identifying relevant studies, study selection, charting the data, collating, summarizing, reporting results, and conducting consultation. All original research with a focus on palliative care and good death due to acute diseases will be included. This review will include all original research designs published between the period of 2000-2021 that describe a measure of palliative care management for and good death due to acute diseases. Quantitative, qualitative and mixed-method studies will be included in order to consider different aspects of healthcare services. This review will also include guidelines and gray literature on palliative care and good deaths. The search will be conducted through PubMed, Scopus Database, and ScienceDirect using the key terms related to acute disease palliative care and the



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concept of good death due to acute diseases. Two authors will screen the titles and abstracts of the studies. Two authors will review the full text of selected studies independently and extract the data. All selected studies will be synthesized qualitatively, and the results will be consulted with experts through discussion and depict the current concept of palliative care and good death in acute diseases.

#### **Kevwords**

good death, palliative care, acute disease, infectious disease, health systems

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#### **REVISED** Amendments from Version 1

The revised version includes responses to reviewer comments with several major differences to the previous version as follows:

- 1. Clarification on the framework that is used i.e., the Arksey and O' Malley Framework.
- 2. The reasons for the use of scoping review, which we highlighted in the protocol section.
- 3. The elaboration of study designs included in the scoping review, and
- 4. Several updates on the keywords that are used in the scoping review.

Any further responses from the reviewers can be found at the end of the article

#### Introduction

Palliative care is provided for a person with an active, progressive and advanced disease who is in serious or life-threatening health conditions. <sup>1,2</sup> Palliative care aims to optimize the quality of life and addresses the physical suffering of the patient. Furthermore, the palliative care also aims to improve psychological, social and spiritual conditions for patients and their family members. <sup>1–3</sup> Palliative care involves a multidisciplinary team beyond healthcare professionals, including spiritual, psychology, and/or social worker team member. <sup>4–6</sup> Palliative care is designed as a person-centered and family-centered care, addressing each patient's and family members specific conditions and needs. <sup>7,8</sup> There are two types of palliative care, namely terminal palliative care which focuses on the treatment of immediate disease symptoms, and early palliative care that provides patients and family members support for coping with the diagnosis and helps balance decision-making between values and preferences of the patient and realistic expectations of the outcome of treatment. <sup>9</sup> In low to middle income countries, dissimilarity of access to palliative care shows great disparities in global health care. <sup>2,10</sup> The concept of palliative care is more commonly discussed and studied in chronic diseases, however, there is still lacking evidence on palliative care on acute diseases.

Acute diseases, such as infections, injuries, acute exacerbations of chronic illnesses, are sudden, rapid and severe diseases that last for a brief time period. <sup>11,12</sup> High mortality rate might be found on acute emergency admission, especially amongst the elderly with multiple co-morbid conditions. <sup>13</sup> Therefore, palliative care should be an important component in acute disease management, particularly for severe cases.

The concept of palliative care is also closely related to perceived good death. Good death or successful dying is defined as the person's preferences for the dying process. These preferences might include how, where, when, pain-free status of dying process. <sup>14,15</sup> The concept of good death also include who accompanied the person during the dying process, and the manner of facing death (i.e. awareness and readiness of the dying process, natural or sudden death). <sup>14–16</sup> Ironically, studies have shown that patients with contagious disease have been isolated from their family members due to hospital policies and many of them have a deep fear of dying alone. <sup>15,17</sup> Majority of people want to be with their loved ones when their life comes to an end. <sup>15,18</sup>

Up until now, there have been limited summaries on the experience of palliative care and concept of good death in acute diseases. Further, there is a lack of information on the ideal concept of palliative care and good death in acute disease from the perspective of patients, family or caregivers, as well as healthcare providers. This scoping review aims to explore the concept of palliative care and good death for acute diseases from the perspective of patients, families, and providers, hence, depicting the existing palliative care and good death concepts, and providing recommendation on the ideal concept of palliative care and good death in acute diseases.

#### **Protocol**

This study focuses on exploring existing literature on the concept of palliative care and good death in acute illness among patients with critical or severe acute diseases and the family and healthcare providers. As for the context of this scoping review, all health facilities which provide palliative care for acute disease will be included. The literatures will be beyond specific types of studies, we think that the broader concept in scoping review will be more appropriate.<sup>19</sup> To conduct this scoping review, the framework by Arksey and O'Malley will be used.<sup>20</sup> The framework consist of six steps: 1) identification of research questions; 2) identification of relevant studies; 3) selection of relevant studies; 4) data extraction and charting, 5) summary, analyses, and reporting; and 6) consultation with relevant stakeholders.<sup>20</sup> The search process, database creation and data extraction will be conducted from September to October 2021. The analysis and reporting will be carried out in December 2021 - April 2022.

#### Step 1: Identification of research questions

Considering the study aims, the research questions can be further elaborated as follows:

- What is the experience of patients, family of patients, and healthcare providers regarding palliative care for acute diseases?
- What is the experience of patients, family of patients, and healthcare providers regarding good death due to acute illness?"
- 3. What is the perception of family of patients, and healthcare providers regarding an ideal palliative care for patients with acute diseases?
- 4. What is the perception of family of patients, and healthcare providers regarding what is considered as good deaths among patients with acute diseases?

To obtain perception of good death in acute diseases, studies which include perception of family and healthcare providers of patients who died due to acute diseases will be reviewed (Table 1).

#### Step 2: Identification of relevant studies

This scoping review includes the relevant studies based on the inclusion and selection criteria shown on Table 1. The format followed the Arksey and O' Malley Framework.<sup>20</sup>

The search strategy using keywords and queries can be found in Table 2. The literature search will be conducted in three databases (Pubmed, Scopus, and Science Direct) for articles published between January 2000 to October 2021, hence, providing a review of literature for the past 20 years.

The search strategy will use Medical Subject Heading (MesH) terms: "Acute Disease", "Palliative Care", and "Good Death" on the Pubmed database. An initial search with synonyms of those keywords will be used in the Scopus and ScienceDirect database. Next, analysis of the words contained in the title and abstract will be done. Clinical guidelines database and gray literature will be included and listed in Figure 1.

#### Step 3: Selection of relevant studies

Two authors will screen the titles and abstracts of studies according to the selection criteria. In the scoping review, we will include all studies that evaluate the acute disease palliative care and good death. We will exclude studies focusing on chronic disease. Quantitative, qualitative, as well as mixed methods studies will be included. We will also include guidelines on palliative care and good death found in the literature, to provide comprehensive view. Two authors will review the full text of selected studies independently. We will resolve disagreements on study selection and data extraction by discussion with one more reviewer if needed. The details of the study selection are depicted in Figure 2.

Table 1. Inclusion and exclusion criteria.

Population	Concept	Context	Type of sources
Patients with acute disease, families or caregivers of patients with acute diseases, and healthcare providers of patients with acute diseases. Particularly, those who experience a critical or severe condition. Families and healthcare providers of patients who died due to acute diseases will also be included.	Palliative care and good death following acute disease, which include patients', families', and healthcare provider's experiences and perception of palliative care. Experience and perception of patients' families and healthcare providers regarding good deaths among their family members or patients will be explored. In this study, we focus on patients with acute diseases.	All health facilities (hospitals, health centers or clinics), which have palliative care for acute diseases. Experience and perception of patients, family of patients, and healthcare providers regarding palliative care and good deaths will be abstracted and further analyzed. Qualitative analyses on gaps between the expectation and experience of patients, families, and healthcare providers will be conducted when possible.	All type of original research. Papers with quantitative, qualitative or mixed-method study design; and papers written in English and published between the period of 2010–2021. Excluding case reports/ case series.

Table 2. Keywords and queries for search strategy of acute disease palliative care and good death management (screening, diagnosis, treatment).

Topic	Keywords and queries
Palliative case	("palliative care" [MeSH Terms] OR "palliative care" [All Fields] OR "supportive care" [All Fields]) AND ((("acute infections" [All Fields]) OR "acutely infections" [All Fields] OR "acutes infections" [All Fields]) OR "acute infection" [All Fields]) ("palliative care" [MeSH Terms] OR "palliative care" [All Fields] OR "supportive care" [All Fields]) AND ("communicable diseases" [MeSH Terms] OR "infectious disease" [All Fields]) NOT ("non communicable disease" [All Fields])
Good death	"good death" [All Fields]) AND ((("acute infections" [All Fields] OR "acutely infections" [All Fields]) OR "acutes infections" [All Fields]) AND "infections" [MeSH Terms]) OR "acute infection" [All Fields]) (("good" [All Fields]) OR "good death" [All Fields]) AND ("communicable diseases" [MeSH Terms] OR "infectious disease" [All Fields]) OR ("acute infections" [All Fields]) OR "acutely infections" [All Fields]) OR "acutes infections" [All Fields]) OR "acutes infections" [All Fields]) OR "acutes infections" [All Fields]) OR "acute infections" [All Fields]) OR "acutely infections" [All Fields]) OR "acutes infections" [All Fields]) OR "acute infections" [All Fields]) OR "acutely infections" [All Fields]) OR "acutes infections" [All Fields]) OR "acute infections" [All Fields]) OR "acutely infections" [All Fields]) OR "acutes infections" [All Fields]) OR "acute infections" [All Fields]) OR "acutely infections" [All Fields]) OR "acutes infections" [All Fields]) OR "acute infections" [All Fields]) OR "acutely infectious disease" [All Fields]) AND NOT ("non communicable diseases" [MeSH Terms] OR "infectious disease" [All Fields]) AND NOT ("non communicable diseases" [All Fields]) OR cancer [All Fields) ("successful dying" [All Fields]) AND NOT ("non communicable diseases" [MeSH Terms] OR "infectious disease" [All Fields]) AND NOT ("non communicable diseases" [All Fields]) OR cancer [All Fields) ("good end of life" [All Fields]) AND ("communicable diseases" [All Fields]) OR cancer [All Fields)

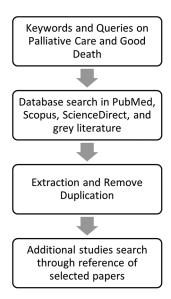


Figure 1. Steps of the searching strategy.

#### Step 4: Data extraction and charting

The two reviewers will independently chart the data, discuss the results and continuously update the data-charting form in an iterative process. Data extraction will be carried out following the form that has been prepared in Table 3.

To summarize the findings, a table will be developed mapping all the studies included in the scoping review. Studies will be categorized by different characteristics, including type of sources, study location, study design, as well as types of integration. EndNote 20 software will be used to store and managed the data obtained from the literature.

#### Stage 5: Collating, summarizing, and reporting results

After data extraction, a table will be developed to summarize and map the findings. Studies will be categorized based on several distinct characteristics. For example: study sample (patients, family or caregiver of patients, and healthcare

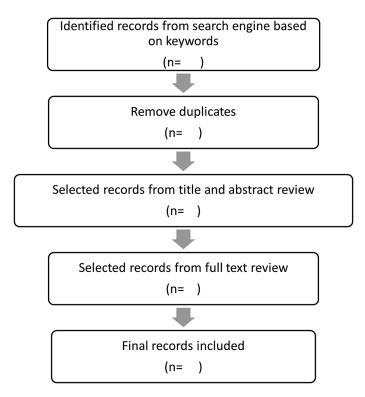


Figure 2. Steps of the article screening process.

Table 3. Data extraction template.

Data	Data description
Article information	Author, year of publication, location of the study
Type of sources	Peer-reviewed journal, grey literature, and international guideline
Article type	Quantitative, qualitative, mixed methods, guidelines, unpublished reports
Study designs	All designs of qualitative study, observational study (quantitative), mixed-methods study with explanatory, exploratory, and concurrent design. We will also include guidelines on palliative care in this scoping review.
Aim	Overall aim or objective of the study
Population	Target population of the study
Research methods	Study design, sample size, methods of data collection, instruments used in the study
Concept of palliative care and good death of acute cases	Definition and characteristics of palliative care and good death of acute disease.
Results	Main findings of the study in the forms of quantitative results (%, mean/median/standard deviation of some indicators, Odds Ratio, 95% CI). For qualitative studies we will include information on code, themes, and important quotes for further analyses.
Additional information	Additional information of the study that relevant to the scoping review, for example study limitation and recommendation.

providers), experience and perception of ideal concept for palliative care and good deaths, and level of healthcare service where the palliative care is provided, or death occurred. Qualitative analyses by using thematic coding will be conducted to present a robust summary of the literature on experience and perception regarding palliative care and good death in acute diseases.

#### Stage 6: Conducting consultation

The results will be consulted to the experts and relevant stakeholders, which include patients, families, and caregivers. As this scoping review will be the basis for recommendation on palliative care and good death for people with acute diseases in Indonesia, relevant stakeholders will be identified from Indonesia. This step is important to ensure that the finding is validated, receive feedback and obtain additional insights into the findings. In the discussion, findings from the scoping review will be presented with feedback by relevant stakeholders provided.

#### **Ethics and dissemination**

We have obtained ethical permits for this review. The results of this review can be used as a reference for preparing a pilot study on integrated management of acute disease palliative care and good death management as well as policy briefs, presentations in conferences, peer-reviewed journals, and information on related websites.

#### Study status

This study is now at early stage of the step two of the scoping review process: identification of relevant studies. We are still searching for literature for relevant studies and abstracting data from the search engines. We estimated the scoping review to be completed by mid-2022.

#### Data availability

No data are associated with this article.

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### **Open Peer Review**

## Current Peer Review Status: X





Reviewer Report 14 December 2021

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### Hanan Khalil 🗓

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Thank you for the opportunity to review this manuscript. I have the following comments for your consideration:

- 1. I am unclear to which methodology the authors are using, as they quoted both Arksey and Malley and JBI. Please specify.
- 2. Please specify the study types that you are including in the review.
- 3. The research questions are best addressed by a qualitative review rather than a scoping review.
- 4. The questions included are mainly qualitative in nature. Scoping reviews mainly address broader questions addressing; Participants, concept and context. The context is not mentioned in the review.
- 5. Please specify the rationale for conducting the scoping review as opposed to other types of review.

Is the rationale for, and objectives of, the study clearly described?

Is the study design appropriate for the research question?

Are sufficient details of the methods provided to allow replication by others?

No

Are the datasets clearly presented in a useable and accessible format?

Not applicable

*Competing Interests:* No competing interests were disclosed.

**Reviewer Expertise:** Health services research and palliative care

I confirm that I have read this submission and believe that I have an appropriate level of expertise to state that I do not consider it to be of an acceptable scientific standard, for reasons outlined above.

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