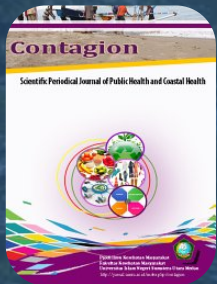


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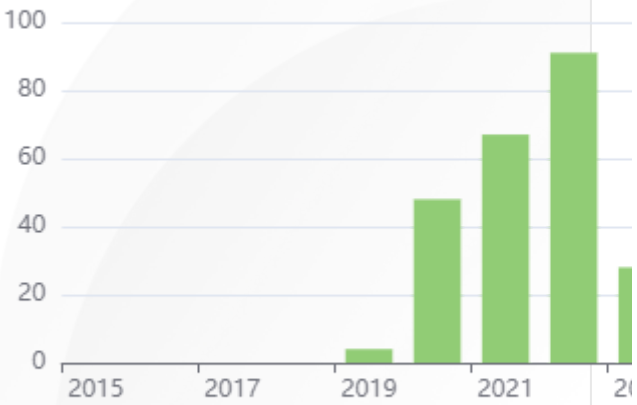
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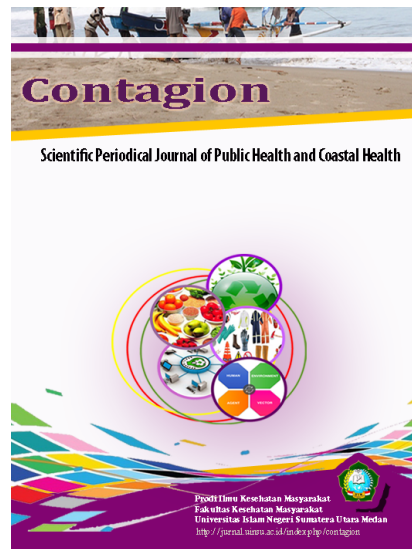

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The Relationship Between Household Drinking Water Quality and The Incidence of Stunting

Deli Syaputri¹,Theodorus Teddy Bambang Soedjadi², Samuel Marganda Halomoan Manalu³,Risnawati Tanjung⁴, Devi Rosana⁵

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Abstract

Unhealthy housing conditions will hurt human health, one of which is ARI. Based on data from the Stabat Health Center, ARI is among the top 10 diseases. Based on 2019 data, there were 1572 cases; the increase in cases occurred from 2020 to 1692, with 206 cases in Sidomulyo Village. Moreover, the physical condition of the houses in Sidomulyo still needs to meet the requirements of a healthy home. This study aimed to determine the relationship between household drinking water quality and the incidence of stunting in children aged 6-59. Observational research with a case-control design on children aged 6-59 months in the Talun Kenas Health Center Area, Deli Serdang Regency. The sampling technique was carried out by consecutive sampling with a total sample of 42 subjects in each group. Stunting was categorized based on TB/U score < -2 SD according to KEPMENKES RI anthropometric standard table. Drinking water quality was tested using a sanitarian kit—bivariate analysis using the Chi-Square test by looking at the Odds Ratio (OR). The results of the bivariate analysis show that the quality of household drinking water is associated with stunting in children aged 6-59 months ($p=0.004$; $OR=4.144$), meaning that the quality of drinking water that does not meet the requirements increases the incidence of stunting in children aged 6-59 months. This study concludes a significant relationship between the quality of household drinking water and the incidence of stunting in children aged 6-59 months.

Keyword: Drinking, Stunting, Toddler, Water Quality.

INTRODUCTION

Stunting is an indicator of shortness, measured using the formula height-for-age (TB/U) Length-for-age (PB/U), which indicates a chronic nutritional problem that is the result of long-standing conditions, such as poverty, hazardous living behaviors, and inadequate parenting/feeding from birth (Galgamuwa et al., 2017). Stunting indicates a community's prosperity, health, and income. Diet, parenthood and health factors acquired by mothers and their children significantly influence their future health and well-being (Rahmad, 2016). The effects of stunting on children's economy, intelligence, and quality of life are significant. Short children are more likely to become adults with less education and increased susceptibility to infectious diseases .



THE RELATIONSHIP BETWEEN DIVERSE FOOD CONSUMPTION AND STUNTING IN INFANTS AGED 6-24 MONTHS IN INDONESIA

Ardhanareswari Dhiyas Anindya¹, Trini Sudiarti²

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Track Record Article	Abstract
Accepted: 10 March 2023 Revised: 13 March 2023 Published: 19 March 2023 How to cite: Anindya, Dhiyas, A., & Sudiarti, T. (2023). The Relationship Between Diverse Food Consumption (Mpas) And The Incidence Of Stunting Of Infants Aged 6-24 Months In Indonesia. <i>Contagion : Scientific Periodical of Public Health and Coastal Health</i>, 5(1), 31–41.	<i>Inadequate feeding practices result in malnutrition and stunting which results in delayed growth and development of infants and children. The aim of the study was to determine the relationship between the consumption of various foods and the incidence of stunting in infants aged 6-24 months in Indonesia. The method used in writing this article is the literature review, which is a literature search both nationally and internationally carried out using a database. Article searches are conducted using four electronic databases, namely Google Scholar, Researchgate, PubMed Central, and ScienceDirect. The search returned 11 articles after removing duplicate articles, 8 remaining. After screening the titles and abstracts which are not in accordance with the themes included, are letters/reports/brief communications/chapters. The final screening resulted in 8 articles that met the inclusive criteria. The results of the study show that food diversity in Breast Milk Mp is one of the indicators used to assess nutritional adequacy in preventing stunting. It can also be used to see an overview of the food groups consumed by children aged 6-23 months in assisting breastfeeding. It is recommended for cadres and health workers to be more active in providing counseling about complementary foods for the development of toddler nutrition and it is suggested to provide nutrition training to mothers who have toddlers in order to increase mothers' knowledge about nutritious food for toddlers.</i> Keyword: <i>Babies 6-24 months, Breast Milk, Food, Stunting, Various</i>

INTRODUCTION

Complementary feeding of breast milk in children under two years old or battuta (aged 6–24) months needs to be adapted to different types of food fusions. Inadequate feeding practices result in malnutrition and stunting problems resulting in delays in infant growth and development (Eshete et al., 2018). Globally, every year 3.1 million children under five die from improper nutrition practices (UNICEF, 2020). More than 55% of toddlers are stunted in Asia. Of the total 83.6 million stunted children in Asia, 33.3% are from South Asia, while the region with the lowest stunting rate is East Asia, which is 5.3% (UNICEF, 2020). Meanwhile, according to the Indonesian Ministry of Health, 2021 the 2021 Indonesian Nutrition Status Study (SSGI) in 34 provinces showed that the national stunting rate fell from 27.7% in 2019 to 24.4% in 2021. The prevalence has decreased, but based on WHO criteria, it is still classified as a high category (>20%) (SSGI, 2021).



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