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## LEMBAR LEMBAR HASIL PENILAIAN SEJAWAT SEBIDANG ATAU PEER REVIEW KARYA ILMIAH : JURNAL ILMIAH

: SCOPUS (Q2)

: https://www.hindawi.com/journals/jfq/2020/5903109/abs/

Judul Artikel Ilmiah Penulis Artikel Ilmiah	:	•	nd Protein Digestibility in Tempeh Gembus Cookies Ayu Rahadiyanti, Syafira N. Pratiwi, <b>Diana Nur Afifah</b>
Status Pengusul	:	Penulis pertama/penulis ar	nggota/ <b>penulis korespondensi</b>
Identitas Jurnal Ilmiah	:	a. Nama Jurnal	: Journal of Food Quality
		b. Nomor/Volume/Hal	: 2020/1-6
		c. Edisi (bulan/tahun)	: 2020
		d. Penerbit	: Hindawi
		e. Jumlah halaman	: 6
		f. DOI artikel (Jika ada)	: https://doi.org/10.1155/2020/5903109

Kategori Publikasi Jurnal Ilmiah : (beri ✓ pada kategori yang tepat)

Jurnal Ilmiah Internasional

g. Alamat web Jurnal h. Terindeks di

Jurnal Ilmiah Nasional Terakreditasi

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	Nilai Maksir	Nilai Akhir		
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a. Kelengkapan dan Kesesuaian unsur isi jurnal (10%)	4			3,7
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Nilai Total = (100%)	40			39
Nilai pengusul = 40%	x 39 = 15,6			
KOMENTAR/ULASAN PEER R	EVIEW			

ROME THREE CERTIFICATION IN CONTENT OF CONTENT		
Kelengkapan dan Kesesuaian Unsur	:	Jurnal internasional bereputasi terindeks di SCOPUS (Q2), unsur lengkap dari
		abstract, introduction, methods, discussion, acknowledgement, dan references
Ruang Lingkup dan Kedalaman Pembahasan	:	Ruang lingkup penelitian pangan fungsional dengan modifikasi cookies dari tempe gembus, sesuai bidang ilmu. Pembahasan mendalam dengan referensi > 80% adalah pustaka primer
Kecukupan & Kemutakhiran Data & Metodologi	:	Penelitian experimental untuk menganalisis kualias pangan fungsional yang dibuat hingga mengukur Indeks Glikemiknya
Kelengkapan Unsur dan Kualitas Penerbit	:	Terbitan lengkap memuat vol, no, tahun dan daftar isi

15 Agustus 2020 Semarang, Penilai 1 Prof. Dr. dr. TRI NUR KRISTINA, DMM, M.Kes. NIP 19590527 198603 2 001 Unit kerja : Fakultas Kedokteran Bidang Ilmu : Ilmu Kedokteran Jabatan/Pangkat : Guru Besar

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### LEMBAR LEMBAR HASIL PENILAIAN SEJAWAT SEBIDANG ATAU PEER REVIEW KARYA ILMIAH : JURNAL ILMIAH

Judul Artikel Ilmiah Penulis Artikel Ilmiah	•	, Starch, and Protein Digestibility in Tempeh Gembus Cookies anulang, Ayu Rahadiyanti, Syafira N. Pratiwi, <b>Diana Nur Afifah</b>
Status Pengusul Identitas Jurnal Ilmiah	<ul> <li>Penulis pertama</li> <li>a. Nama Jurnal</li> <li>b. Nomor/Volur</li> <li>c. Edisi (bulan/t</li> <li>d. Penerbit</li> <li>e. Jumlah halam</li> <li>f. DOI artikel (J</li> <li>g. Alamat web J</li> <li>h. Terindeks di</li> </ul>	me/Hal : 2020/1-6 tahun) : 2020 : Hindawi nan : 6 lika ada) : https://doi.org/10.1155/2020/5903109 Jurnal : https://www.hindawi.com/journals/jfq/2020/5903109/abs/

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b. Ruang lingkup dan kedalaman pembahasan (30%)	12			11,8
c Kecukupan dan kemutahiran data/informasi dan metodologi (30%)	12			11,7
d. Kelengkapan unsur dan kualitas penerbit (30%)	12			11,8
Nilai Total = (100%)	40			39,3
Nilai pengusul = 40%	x 39,3 = 15,72			
KOMENTAR/ULASAN PEER R	EVIEW			
Kelengkapan dan Kesesuaian Unsu	r : Jurr	al internasional bereputasi dengan	unsur lengkap dari abstract	, introduction,
	met	hods discussion acknowledgement	dan references	

	methods, discussion, acknowledgement, dan references	
Ruang Lingkup dan Kedalaman Pembahasan	Ruang lingkup penelitian untuk mengetahui mutu pangar	n fungsional berupa cookies
	yang dibuat dari tempe gembus. Pembahasan mendalam 80% adalah pustaka primer	dengan 33 referensi dan >
Kecukupan & Kemutakhiran Data & Metodologi	Penelitian mengukur Indeks Glikemik dan daya cerna pa untuk mengetahui kualitas pangan yang dimodifikasi	ti dan protein sangat baik
Kelengkapan Unsur dan Kualitas Penerbit	Terbitan memuat vol, tahun dan daftar isi serta terindeks	di SCOPUS (Q2)

Semarang, 15 Agustus 2020 Penilai 2

Prof. Dr. drg. OEDIJANI, M.S. NIP 19490209 197901 2 001

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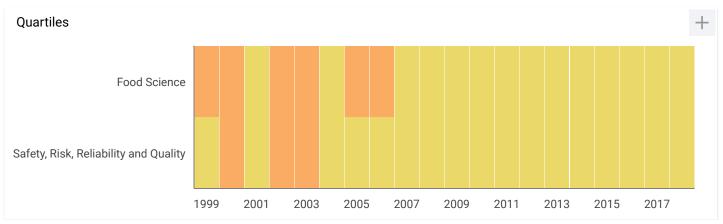
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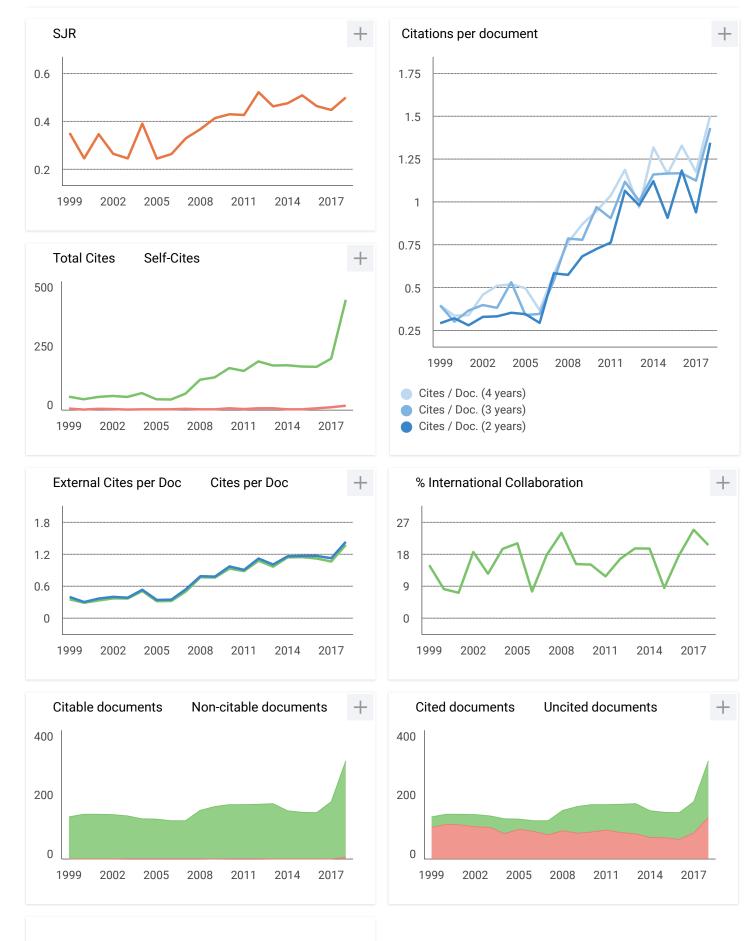
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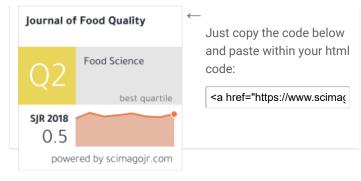
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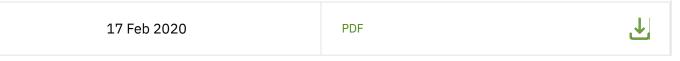
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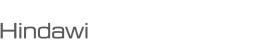
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### Glycemic Index, Starch, and Protein Digestibility in Tempeh Gembus Cookies

Valentina A. Manullang | Ayu Rahadiyanti | ... | Diana N. Afifah

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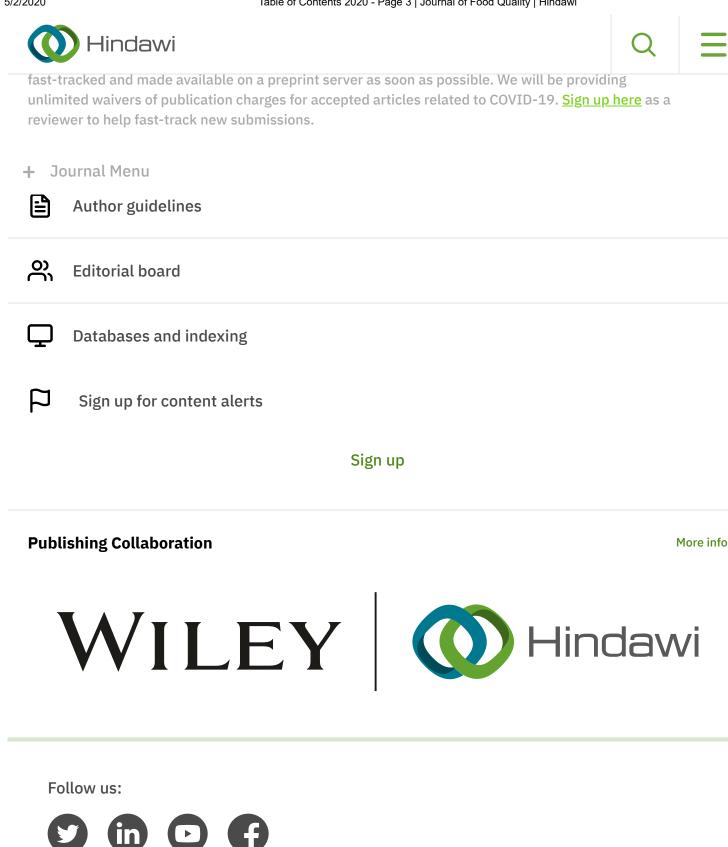
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## Novel Edible Coating of Starch-Based Stenospermocarpic Mango Prolongs the Shelf Life of Mango "Ataulfo" Fruit

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Article Sections

### Research Article | Open Access

Volume 2020 | Article ID 5903109 | 6 pages | https://doi.org/10.1155/2020/5903109

# **Glycemic Index, Starch, and Protein Digestibility in** *Tempeh Gembus* Cookies

Valentina A. Manullang,<sup>1</sup> Ayu Rahadiyanti,<sup>1,2</sup> Syafira N. Pratiwi,<sup>1</sup> and **Diana N. Afifah** 🖂 🕞<sup>1,2</sup>

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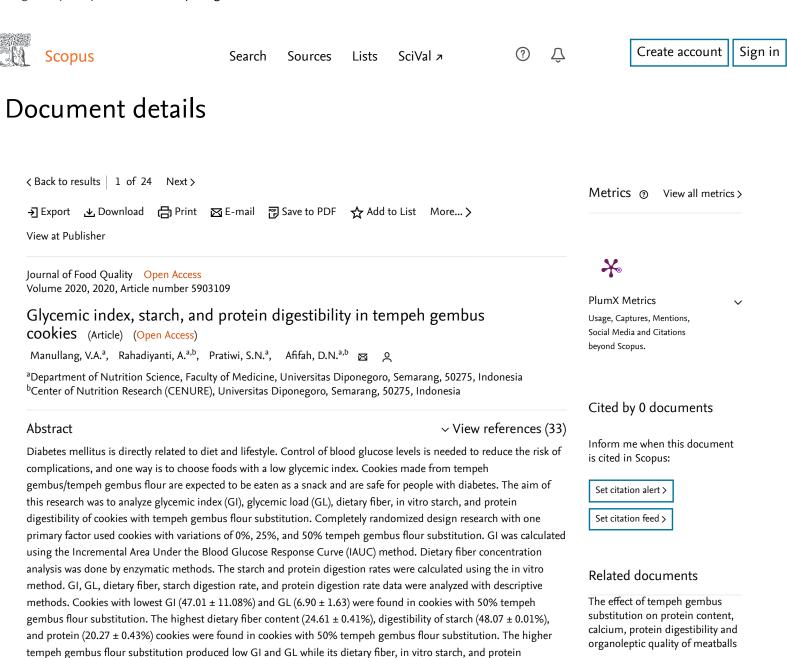
Academic Editor: Antoni Szumny

Published: 10 Jan 2020

### Abstract

Diabetes mellitus is directly related to diet and lifestyle. Control of blood glucose levels is needed to reduce the risk of complications, and one way is to choose foods with a low glycemic index. Cookies made from *tempeh gembus/tempeh gembus* flour are expected to be eaten as a snack and are safe for people with diabetes. The aim of this research was to analyze glycemic index (GI), glycemic load (GL), dietary fiber, *in vitro* starch, and protein digestibility of cookies with *tempeh gembus* flour substitution. Completely randomized design research with one primary factor used cookies with variations of 0%, 25%, and 50% *tempeh gembus* flour substitution. GI was calculated using the Incremental Area Under the Blood Glucose Response Curve (IAUC) method. Dietary fiber concentration analysis was done by enzymatic methods. The starch and protein digestion rates were calculated using the in vitro method. GI, GL, dietary fiber, starch digestion rate, and protein digestion rate data were analyzed with descriptive methods. Cookies with lowest GI (47.01 ± 11.08%) and GL (6.90 ± 1.63) were found in cookies with 50% *tempeh gembus* flour substitution. The highest dietary fiber content (24.61 ± 0.41%), digestibility of starch (48.07 ± 0.01%), and protein (20.27 ± 0.43%) cookies were found in cookies with 50% *tempeh gembus* flour substitution. The higher *tempeh gembus* flour substitution produced low GI and GL while its dietary fiber, *in vitro* starch, and protein digestibility were highest.

## **1. Introduction**



SciVal Topic Prominence ()

Topic: Glycemic Index | Carbohydrates | Dietary GI

Prominence percentile: 95.971

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# Chemistry database information (i)

digestibility were highest. Copyright © 2020 Valentina A. Manullang et al.

Substances



Indexed keywords

### density lipoprotein (hdl) levels in women with obesity Wati, D.A., Nadia, F.S., Isnawati,

(2020) Potravinarstvo Slovak Journal of Food Sciences

Arini, A.M.S., Afifah, D.N.,

(2019) Current Research in Nutrition and Food Science

The characteristics of Kerupuk

Afifah, D.N., Nugrahani, G.,

(2019) IOP Conference Series: Earth and Environmental Science

The effect of processed tempeh

gembus to high sensitivity creactive protein (hscrp) and high-

Dieny, F.F.

Gembus

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### 5903109: Your article has been published

**Sinduja Ragupathy** <Sinduja.Ragupathy@hindawi.com> To: d.nurafifah.dna@fk.undip.ac.id 11 January 2020 at 13:16

Dear Dr. Afifah,

I am pleased to let you know that your article has been published in its final form in "Journal of Food Quality."

Diana N. Afifah, "Glycemic Index, Starch, and Protein Digestibility in Tempeh Gembus Cookies," Journal of Food Quality, vol. 2020, Article ID 5903109, 6 pages, 2020. https://doi.org/10.1155/2020/5903109.

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8 January 2020 at 08:18

To: d.nurafifah.dna@fk.undip.ac.id Cc: ayurydi90@gmail.com, syafiranoorpratiwi@gmail.com, valentina21manullang@gmail.com

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Dear Dr. Afifah,

This is to confirm the receipt of the electronic files of Research Article 5903109 titled "Glycemix Index, Starch and Protein Digesbility in Gembus Cookies" by Valentina Anastasia Manullang, Ayu Rahadiyanti Rahadiyanti, Diana Nur Afifah and Syafira Noor Pratiwi. We will check all the uploaded files and contact you if anything else is needed.

Thank you for your cooperation.

Best regards,

\*\*\*\*\*

Sinduja Ragupathy Editorial Office Hindawi http://www.hindawi.com



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Antoni Szumny <jfq@hindawi.com>

26 November 2019 at 16:21

Reply-To: sinduja.ragupathy@hindawi.com To: d.nurafifah.dna@fk.undip.ac.id Cc: valentina21manullang@gmail.com, ayurydi90@gmail.com, syafiranoorpratiwi@gmail.com

Dear Dr. Afifah,

The review process of Research Article 5903109 titled "Glycemix Index, Starch and Protein Digesbility in Gembus Cookies" by Valentina Anastasia Manullang, Ayu Rahadiyanti Rahadiyanti, Diana Nur Afifah and Syafira Noor Pratiwi submitted to Journal of Food Quality has been completed. I am pleased to inform you that your manuscript has now been accepted for publication in the journal.

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Antoni Szumny



### 5903109: Minor Revision Required

Marina Carcea <jfq@hindawi.com>

5 November 2019 at 15:24

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Dear Dr. Afifah,

Following the review of your Research Article titled "Glycemix Index, Starch and Protein Digesbility in Gembus Cookies," by Valentina Anastasia Manullang, Ayu Rahadiyanti Rahadiyanti, Diana Nur Afifah and Syafira Noor Pratiwi, I recommend that it should be revised taking into account the changes requested by the reviewer(s). Please login to the Manuscript Tracking System to read the submitted review report(s) and submit the revised version of your manuscript not later than Tuesday, November 19, 2019. It is recommended to undertake professional proof reading and to reduce the number of Indonesian language references as these references would not be available to the general readership.

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Dear Dr. Afifah,

The revised version of Research Article 5903109 titled "Glycemix Index, Starch and Protein Digesbility in Gembus Cookies" by Valentina Anastasia Manullang, Ayu Rahadiyanti Rahadiyanti, Diana Nur Afifah and Syafira Noor Pratiwi has been received. The editor assigned to handle the review process of your manuscript will inform you as soon as a decision is reached.

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### 5903109: Major Revision Required

**Marina Carcea** <jfq@hindawi.com> Reply-To: sinduja.ragupathy@hindawi.com To: d.nurafifah.dna@fk.undip.ac.id Cc: valentina21manullang@gmail.com, ayurydi90@gmail.com 8 October 2019 at 14:59

Dear Dr. Afifah,

Following the review of Research Article titled "Glycemix Index, Starch and Protein Digesbility in Gembus Cookies" by Valentina Anastasia Manullang, Ayu Rahadiyanti Rahadiyanti and Diana Nur Afifah, I recommend that it should be revised taking into account the changes requested by the reviewer(s). Since the requested changes are major, the revised manuscript will undergo a second round of review by the same reviewer(s). Please login to the Manuscript Tracking System to read the submitted review report(s) and submit the revised version of your manuscript no later than Tuesday, November 05, 2019.

To submit the revised version of your manuscript, please access "Author Activities" in your account and upload the PDF file of your revised manuscript. Also, please submit your replies to the comments of the reviewer(s) as an additional PDF file.

Best regards,

Marina Carcea



### 5903109: Acknowledging Receipt

Journal of Food Quality <Sinduja.Ragupathy@hindawi.com>

24 August 2019 at 10:03

To: d.nurafifah.dna@fk.undip.ac.id Cc: sinduja.ragupathy@hindawi.com, valentina21manullang@gmail.com, ayurydi90@gmail.com

Dear Dr. Afifah,

The Research Article titled "Glycemix Index, Starch and Protein Digesbility in Gembus Cookies," by Valentina Anastasia Manullang, Ayu Rahadiyanti Rahadiyanti and Diana Nur Afifah has been received and assigned the number 5903109.

All authors will receive a copy of all the correspondences regarding this manuscript.

Thank you for submitting your work to Journal of Food Quality.

Best regards,

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