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MALAYSIAN JOURNAL OF Medicine and Health Sciences Vol. 16 No. SUPP14, Dec 2020 **Supplementary Issue: INTERNATIONAL PHYSIOLOGY SEMINAR & ANNUAL MEETING OF INDONESIAN PHYSIOLOGY SOCIETY (SIPSAM 2019)**



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About the Journal

The Malaysian Journal of Medicine and Health Sciences (MJMHS) is published by the Faculty of Medicine and Health Sciences, Universiti Putra Malaysia. The main aim of the MJMHS is to be a premier journal on all aspects of medicine and health sciences in Malaysia and internationally. The focus of the MJMHS will be on results of original scientific research and development, emerging issues and policy analyses pertaining to medical, biomedical and clinical sciences. The Malaysian Journal of Medicine and Health Sciences is now indexed in the following data bases: Scopus, EBSCOhost, ISC, and Rubriq.

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ORIGINAL ARTICLE

The Association Between Plasma Natural Antibodies and Inflammatory Biomarkers Two Weeks After Calving in Cows with No Dry Period

Novi Mayasari¹, Henk K. Parmentier², Erminio Trevisi³, Bas Kemp², Ariette van Knegsel²

ABSTRACT

Introduction: Improved energy balance, metabolic status, and natural antibodies (NAb) has been shown in cows with no dry period, however these cows showed increased inflammation status in early lactation. The aim of this study was to determine the association between plasma natural antibodies and inflammatory biomarkers in cows with no dry period during the first two weeks postpartum. **Methods:** Holstein-Friesian dairy cows (n=55) were selected. Before enroll to the experiment, cows were clinically healthy. Plasma samples were collected at week 1 and 2 after calving and were analyzed for NAb binding megantura-keyhole limpet hemocyanin and inflammatory biomarkers. **Results:** Cows with no dry period in this study had an improved energy balance and maintain NAb titers but increased ceruloplasmin (inflammatory biomarkers) in early lactation. In this study we found a significant correlation between albumin, cholesterol and NAb (IgG and IgM) binding KLH. **Conclusion:** This study demonstrate that cows with no dry period have an improved energy balance and maintained the level of natural antibodies in plasma. Moreover, IgG titers in plasma might be correlated with haptoglobin due to inflammation during calving until 2 wk postpartum.

Keywords: Continuous milking, Inflammation, Antibodies

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INTRODUCTION

During transition period, immune status in dairy cows were suppressed and need to be increased. It is known that dairy cows are characterized with immune suppression during transition period, which is related with severe negative energy balance (EB), and high rate of infection diseases and metabolic disorders (8). Innate immunity is the first line defense against infection (1), and natural antibodies (NAb) are a part of humoral innate immunity before get any antigenic stimulation (2). CD5+ B-1 cells produce natural antibodies in healthy individuals and NAb mainly consist of immunoglobulin M (IgM), IgG and IgA (3,4). In previous research, NAb binding keyhole limpet hemocyanin (KLH) were higher in cows with an improved EB in early lactation (7). Transition period is the crucial time for dairy cows especially in the first two weeks after calving. In early lactation, cows experienced negative EB, which is related to immunosuppression (9). Negative EB was not only related to NAb but also was associated with enhanced level of inflammatory biomarkers (10) and metabolic disorders (11) in dairy cows during early lactation.

In early lactation, increased disease rates are commonly reported among high-yielding dairy cows and characterized by the occurrence of an inflammatory response indicated by acute phase protein (APR) (12). Inflammation evokes white blood cells (WBC) to release of tumor necrosis factor-alpha (TNF- α) and (interleukin-1 and -6) (IL 1 or 6). As a consequence, TNF- α and IL-1 or 6 triggered the release of acute phase response (13). During the response of acute phase protein, positive acute phase reactants (+AP) including haptoglobin and ceruloplasmin were increased in plasma and negative

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ORIGINAL ARTICLE

Retention of Cardiopulmonary Resuscitation (CPR) Knowledge among Undergraduate Teacher Student in Malaysian University

Muhamad Nur Fariduddin¹, Mohd Johar Jaafar²

ABSTRACT

Introduction: There is global support for the teaching of cardiopulmonary resuscitation (CPR) in schools, and teachers are expected to play a leading role in a medical emergency. For effective resuscitation, retention of CPR knowledge after training is paramount. This study aimed at assessing the retention of CPR knowledge among student teachers at pre-, post-immediate, 8th-, and 14th-week post-training. **Method:** A quasi-experimental study using non-probability convenience sampling was conducted to select 41 respondents from the Department of Physical and Health Education, Faculty of Education (UiTM). A validated American Heart Association's 2015 Basic Life Support (BLS) multiple-choice questions (MCQ) were utilised to measure the retention of knowledge among the participants. **Results:** This study demonstrated a significant lack of CPR knowledge during pre-test with the mean scores of M=8.02 despite half of the participants had prior knowledge in CPR. Nevertheless, the paired t-test revealed a significant improvement in the post-scores following the intervention at M=16.20, t(40) = -18.56, p < 0.001, and d=3.91. The one-way RM-ANOVA results showed a decline in the retention rate at the 8th week (M=13.06; p < 0.001) and an improvement at the 14th weeks (M= 5.74; p < 0.001). **Conclusion:** The knowledge of CPR among the student teachers following the intervention program was appropriate, but the deterioration of retention suggested that all student teachers should undergo comprehensive routine CPR courses to avoid the immediate loss of CPR knowledge and skills. The governing bodies in Malaysia should implement CPR training as part of the curriculum for teachers.

Keywords: Student Teacher, Basic Life Support, Knowledge Retention, Cardiopulmonary Resuscitation (CPR)

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INTRODUCTION

A well-recognised medical procedure known as cardiopulmonary resuscitation (CPR), involving chest compression and artificial ventilation for persons suffering from cardiac or respiratory arrest, is intended to restore cardiac function by ensuring sufficient blood flow to the brain and vital organs. To date, an estimated 17.5 million people died each year from cardiovascular diseases (CVD) such as stroke and heart attack, known to be the world's leading cause of death (1). A common immediate medical emergency, such as cardiac arrest, occurred in all groups, from adults to infants, comprising 70% of cases of high mortality risk outside hospital settings (2-3).

As CPR is the considered the second link in the chain of survival, this vital life-saving first aid technique should be taught and practised across the globe as it helps to improve the survival rate of a victim when properly administered by a trained individual before the arrival of medical personnel (4-5). A quick response by a trained individual could ensure the success of saving a victim's life when performed accurately and effectively (6-7).

Recently, an increase in the number of cases of road traffic accidents, fractures, sudden cardiac arrest, seizures, and physical injuries are observed in the school settings (8). Such medical emergencies call for immediate action before the arrival of medical personnel. Therefore, increasing the baseline knowledge, especially in school teachers and students could help manage such unforeseen circumstances better and has the potential to reduce morbidity and mortality from common injuries (8-9). Because students remain at school for a significant period of the day, basic knowledge of CPR among them is essential (10). The teaching of CPR has now been extended to secondary school students, which is internationally encouraged (11). These skills are now being taught as an optional component of the curriculum in some countries, in both primary and secondary schools (11-12). These are consistent with the recommendations of the American

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