SURAT PERNYATAAN

Yang bertanda tangan dibawah ini sebagai penulis utama,

Nama

: dr. Fathur Nurkholis, SpPD, KP

Jabatan

: KPS Prodi Ilmu Penyakit Dalam FK UNDIP

Unit Kerja

: Prodi Ilmu Penyakit Dalam

No. HP

: 08156622291

Judul Artikel

: FACTORS INFLUENCING THE DELAY IN NEGATIVE CONVERSION OF PCR SWAB

TEST RESULTS IN PATIENTS WITH COVID-19

Menyatakan bahwa manuskrip ini

- 1. Belum pernah diterbitkan dan / atau dikirim untuk diterbitkan pada jurnal lain
- 2. Bersedia diperbaiki apabila ada revisi
- 3. Bersedia diterbitkan dalam Medica Hospitalia : Journal of Clinical Medicine

Semarang, 14 Juni 2022

Disel

Yang Menyatakan

dr. Fathur Nurkholis, SpPD, K-P

LEMBAR PERNYATAAN

Manuskrip ini telah diperiksa dan disetujui untuk dikirimkan kepada Redaksi

"Medica Hospitalia : Journal of Clinical Medicine"

Judul manuskrip:

FACTORS INFLUENCING THE DELAY IN NEGATIVE CONVERSION OF PCR SWAB TEST RESULTS IN PATIENTS WITH COVID-19

PENULIS UTAMA:

Nama

Tanda Tangan

- Lucary

dr. Fathur Nurkholis, SpPD, K-P

PENULIS PEMBANTU

Banteng Hanang Wibisono

Agus Suryanto

Thomas Handoyo

. Farida

Jimmy Tanamas



KOMITE ETIK PENELITIAN KESEHATAN HEALTH RESEARCH ETHICS COMMITTEE RSUP DR. KARIADI SEMARANG RSUP DR. KARIADI SEMARANG



KETERANGAN LAYAK ETIK

DESCRIPTION OF ETHICAL APPROVAL
"ETHICAL APPROVAL"

No.574/EC/KEPK-RSDK/2020

Protokol penelitian yang diusulkan oleh The research protocol proposed by

Peneliti utama Principal In Investigator dr Fathur Nur Kholis, SpPD-KP

Nama Institusi

Fakultas Kedokteran Universitas Diponegoro

Dengan judul. Title

" Faktor yang Mempengaruhi Penundaan Konversi Negatif pada Swab PCR Pasien Covid-19 "

" Faktor yang Mempengaruhi Penundaan Konversi Negatif pada Swab PCR Pasien Covid-19 "

Dinyatakan layak etik sesuai 7 (tujuh) Standar WHO 2011, yaitu 1) Nilai Sosial, 2) Nilai Ilmiah, 3) Pemerataan Beban dan Manfaat, 4) Risiko, 5) Bujukan/Eksploitasi, 6) Kerahasiaan dan Privacy, dan 7) Persetujuan Setelah Penjelasan, yang merujuk pada Pedoman CIOMS 2016. Hal ini seperti yang ditunjukkan oleh terpenuhinya indicator setiapstandar.

Declared to be ethically appropriate in accordance to 7 (seven) WHO 2011 Standards, 1) Social Values, 2) Scientific Values, 3) Equitable Assessment and Benefits, 4) Risks, 5) Persuasion Exploitation, 6) Confidentiality and Privacy, and 7) Informed Concent, referring to the 2016 CIOMS Guidelines. This is as indicated by the fulfillment of the indicators of each standard.

Pernyataan Laik Etik ini berlaku selama kurun waktu tanggal 13 Juli 2020 sampai dengan tanggal 13 Juli 2021.

This declaration of ethics applies during the period July 13, 2020 until July 13, 2021.

July 13, 2020 Professor and Chairperson,

Dr. dr. M. Sofyan Harahap, SpAn, KNA

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nutt	i organ, dan polimorfisme genetik	dengan derajat	berat cos	id-19		
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1	20032877000	Analisis karakter		laboratorium, radiologis, biomarker,	Penerima informasi	
2	Judul Penelitian Perkenalan Peneliti	sistem skoring, keserlibatan multi organ, dan polimorfisme genetik dengan derajat berat covid-19			~	
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	Charles and the control of the contr	gampuran tenta	ng pennele	shan natien jehih awal dan bermana	V	
4	Prosedur Peneliniae	1. Passea	biditas dan	mortalitas bahkan pendekatan terapi yawancara dan pemeriksaan jasmani		
2	Prosedur Penelitian	2. Diamb	il 24 cc dara	th EDTA dan 26 cc darah serum		
6	Lama Waktu Partisipasi Subyek	3. Pemer 21-28 hari	ktaan foto :	rontgen dan EKG	V	
		21-28 han			1	
7	Rosiko Penelitian	Nyeri pada temp	at tusukan		V .	
8		Pengambilan dar	sh EDTA I	0 cc dari CVC jika posien terpasang CVC	V	
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		Dioleskan salep	analgetik, k	ompres dengan NaCl 0,9%	-	
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		RSUP Dr.Kariad	i Semarane	hadap yang bersangkutan sebagai pasien di	V	
-		and the second second		npetkan persetujuan etik dari komisi etik		
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12	Informasi Tambahan					
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		Diklit RSUP Dr.	Karindi di :	D, K-PTI, Msi (08122524318) atau Bagion tomor (024) 8413476 ext. 8033		
λmg	an ini menyatukan bahwa saya telah mer	erznekan bol-bal	di atau secon		-	
elas	dan memberikan kesempatan untuk berta	myo dan/atau berd	iskusi	- Server well	Tanda tangan Henberi Informasi	
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olor	n kanannya, dan telah memahaminya			, - G y- ven landarperal (i)	Tanda tangan Penerima laformas	
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Keterangan :

1. Bila pasien tidak kompeten/tidak mau menerima informasi,maka penerima informasi odalah keluarga terdekatatau wali

2. Isi Informasi tidak baleh disingkat

Lanjut ke haluman 2

	PERSETUJUAN MENJADI SUBYEK PENELITIAN
Name Umur Alamat dengan in	nda tangan di bawah ini saya, **********************************
Nama	Ari sucanti
Umur Alamat	39 thr
Saya jug kedoktera membeba komplika	siko dan komplikasi yang mungkin timbul. menyadari bahwa oleh karena ilmu kedokteran bukanlah ilmu pasti, maka keberhasilantindal bukanlah keniscayaan, melainkan sangat bergantung kepada Tuhan Yang Maha Esa, oleh sebab itu sakan RSUP Dr. Kariadi / dokter/Petugas lainnya dari tanggung jawab hukum apabila risiko cayang tidak diharapkan benar-benar terjadi di kemudian hari. Samarang, tanggal. 29 / 10 / 2020 Jam. 14, 15 ang menyatakan, Saksi I.Saksi II
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(yawarto , dr. ur cano Andra, gro PENOLAKAN MENJADI SUBYEK PENELITIAN
(e	<i>J.</i> (
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Nama Umur Alamat dengan in	PENOLAKAN MENJADI SUBYEK PENELITIAN nda tangan di bawah ini saya, juhun, laki-laki / perempuan menyatakan TIDAK SETUJU untuk menjadi resgonden penelitian terhadap saya / Ayeh / ibu / An
Nama Umur Alamat	PENOLAKAN MENJADI SUBYEK PENELITIAN nda tangan di bawah ini saya, juhun, laki-laki / perempuan menyatakan TIDAK SETUJU untuk menjadi resgonden penelitian terhadap saya / Ayeh / ibu / An

Alamat :

Saya memahami tujuan dan manfaat penditian tersebut sebagaimana telah dijelaskan seperti di atas kepada saya, termasuk risiko dan komplikasi yang mungkin timbul.

Saya juga menyadari bahwa seleh karena ilmu kedokteran bukanlah ilmu pasti, maka keberhasilan tindakan kedokteran bukanlah keniscopaan, melainkan sangat bergantung kepada Tuhan Yang Maha Esa, oleh sebab itu saya membebaskan RSUP Dye Kariadi / dokter/Petugas lainnya dari tanggung jawab bukum apabili akibat tindakan yang tidak saya setujur terdapat risiko dan komplikasi yang tidak diharapkan benar-benar terjadi di kemudian hari.

Semarang, tanggal.

Jam...

Yang morivatakan Saksi II. Saksi II.

Saksi I,Saksi II

REKAM MEDIS RAWAT JALAN/DARURAT/INAP RMI100000 (RM.14) Hol. 2-2

M	PERSETUJUAN / PENG ENJADI SUBYEK PEN	ELITIAN	To Laim To L	andia:		
mult	ot, PENELITIAN: Analisis kara i organ, dan polimorfisme genetii	dengan derajai	CONTROL OF THE PROPERTY OF THE	ring, keterlibatan		
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	a Peneliti : TIM COV					
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	JENIS INFORMASI		Penerima informasi			
1	Judul Penelitian	Analisis karakter sistem skoring, k dengan derajat b	~			
2	Perkenalan Peneliti		41			
3	Tujuan Penelisian	Menge radiole Menge gastro berate Menge dan de	J			
4	Manfaat Penelitian	Dengan menget keterlibatan org gambaran tente	dın dengin bena COVID-19 Dengan mengetahui karakteristik demografi dan klinis pasien serta keterlibatan engan terhadap beratnya COVID-19 dapat memberikan gamharan tertoan; pengelolaan pasien lebih awal dan berupnya menurunkan morbidiris dan mortalista bahkan pendekstan terseta			
5	Prosedur Penelitian	Pasier Diame	dilakukan wawancara dan pemeriksaan jasmani nil 24 ce darah EDTA dan 26 ce darah serum iksaan foto rongen dan EKG	~		
6	Lama Waktu Partisipasi Subyek	21-28 hari	assam mo rengen dan Erco	V		
7	Ristko Penelitian	Nyeri pada temp	ni rusukan			
8	Alternatif Lain	Pengambilan da	rsh EDTA 10 oc dari CVC jika pasien terpasang CVC	7		
9	Tanggung Jawab Bila Terjadi Efek Samping	RSUP Dr. Karia	analgetik, kempres dengan NaCl 0,9% di Semurang akan bertanggungjawab terhadap pasien byek penelitian upabila terjadi efeksamping akibat an ini	J		
10	Kerahasiaan Subyek Penelitian	Kerahasiaan sub	yek penelitian akan dijaga oleh peneliti	/		
11	Kebebasan Menyetujui / Menolak	Bila pada saat p untuk berhenti pelayanan yang RSUP Dr. Karias	1			
12	Informasi Tarobahan	Penelitian ini a penelitian RSUF Bagian Diklit ditanyakan atau saya, dr. Nur Fa Diklit RSUP Dr	1			
Deng jelas	an ini menyatakan bahwa saya telah me dan memberikan kesempatan untuk ber	merangkan hal-hal tanya dan/atau ben	di atas secara benar dan diskusi	Taper tangan Pemberi Informasi		

Keterangan :

Bila pasien tidak kompeten/tidak mau menerima informasi,maka penerima informasi adalah keluarga terdekatatan wali
 Isi informasi tidak boleh disingkat

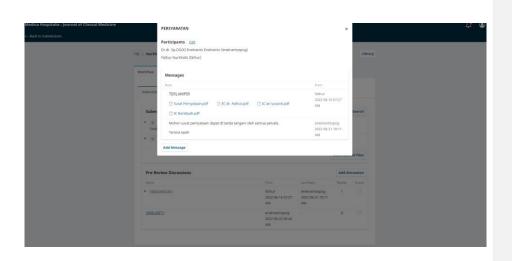
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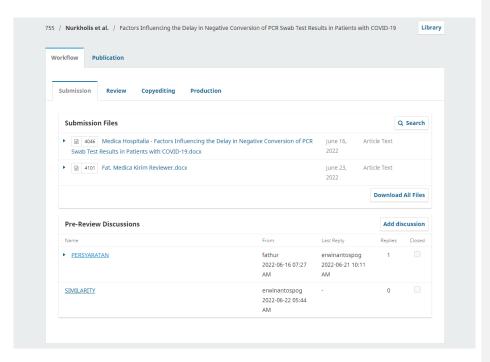
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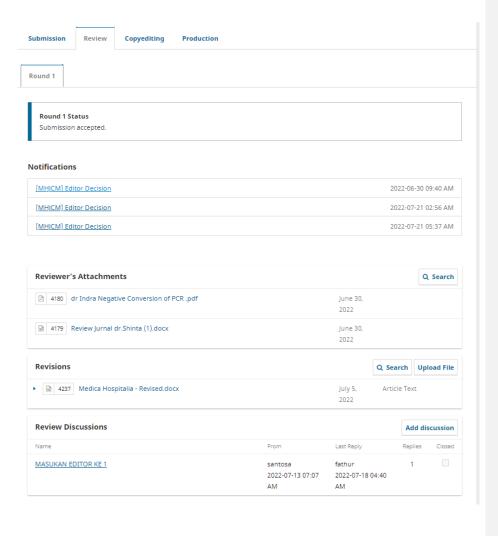
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REKAM MEDIS RAWAT JALAN/DARURAT/INAP RML0606/9E (RM 14) Hot. 2-2

tahum 36 TAMAN TOTA LATOR LATO		PERSETUJUAN MENJADI SUBYEK PENELITIAN
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aya memahami tujuan dan manfaat penelitian tersebut sebagaimana telah dijelaskan seperti di atas kepada saya, rmusuk risiko dan komplikasi yang mungkin timbul, aya juga menyadari bahwa oleh karena ilmu kedokteran bukanlah ilmu pasti, maka keberhasilan tindakan edokteran bukanlah keniscayaan, melainkan sangat bergantung kepada Tuhan Yang Maha Esa, oleh sebab itu saya tembebaskan RSUP Dr. Kariadi / dokter/Petugas lalanya dari tanggung jawab hukum apabila akibat tindakan sang tidak saya setujui terdapat risiko dan komplikasi yang tidak diharapkan benar-benar terjadi di kemudian hari. Semarang, tanggal. Jam. Jam. Yang menyatakan Saksi I.Saksi II		
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DL.00.0110/MH.9.2/07/2022

Dewan Redaksi Jurnal Medica Hospitalia: Journal of Clinical Medicine RSUP Dr. Kariadi Semarang menerangkan bahwa:

Judul : Factors Influencing the Delay in Negative Conversion of PCR Swab

Test Results in Patients with COVID-19

Penulis: Fathur Nur Kholis, Banteng Hanang Wibisono, Agus Suryanto,

Thomas Handoyo, Farida, Jimmy Tanamas

Adalah benar judul artikel tersebut diatas **DITERIMA** untuk dipublikasikan dan diterbitkan pada Jurnal Medica Hospitalia: *Journal of Clinical Medicine* Volume 9 Nomor 2 Juli 2022 p-ISSN: 2301-4369 e-ISSN: 2685-7898.

Keterangan: Artikel masih dalam proses layout dan pengunggahan dilaman:

http://medicahospitalia.rskariadi.co.id/medicahospitalia/index.php/mh/index

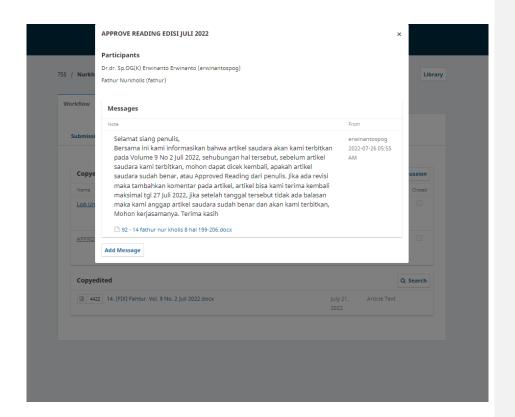
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Factors Influencing the Delay in Negative Conversion of PCR Swab Test Results in Patients with COVID-19

1. Introduction

Coronavirus disease 2019 (COVID-19) was an infectious disease caused by Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-2) virus. Among all patients infected with SARS-CoV-2, 80% presented with mild or no symptoms, while 15% presented with severe symptoms requiring oxygen treatment, and the rest were in critical condition requiring mechanical ventilation with severe lung injury and multiorgan dysfunction. ²⁻⁴

The preferred method to detect virus was nucleic acid amplification test such as real-time reverse transcription polymerase chain reaction (rRT-PCR) and sequencing. Samples were confirmed (positive) as SARS-CoV-2 when rRT-PCR showed positive results in a minimum of two target genomes specific for SARS-CoV-2 or positive rRT-PCR for betacoronavirus supported by the result of whole or partial viral genome sequencing compatible with SARS-CoV-2.^{5,6}

Hu et al. reported that SARS-CoV-2 RNA showed negative conversion on day 14 after the first positive RT-PCR result. Meanwhile, Zhou et al. reported that RNA viral load could

still be found for a mean duration of 20 days in patients that had recovered from COVID-19, and Ling et al. found that viral shedding lasted for a mean duration of 9.5 days. Different results from these previous studies may be influenced by the severity of disease and sampling method. Older age and comorbidity were also reportedly correlated with PCR negative conversion time. Factors influencing the delay in negative conversion of PCR results could provide early warning signal for poor prognosis.⁷⁻⁹

Many studies regarding COVID-19 cases were more focused on the epidemiological, clinical, laboratory, and radiologic characteristics to support the development of diagnostic and treatment strategy for patients. On the other hand, studies regarding the predictive factors associated with negative conversion time in patient with COVID-19 were very limited.7 For this reason, the current study aims to identify thefactors influencing the delay in negative conversion of PCR swab test results in patients with COVID-19

2. Methods

A retrospective cross-sectional study involving 68 diagnosed with COVID-19 that was treated in Dr. Kariadi General Hospital Medical Center Semarang from June 1st to December 30th 2020. Negative conversion was evaluated based on the RT-PCR swab test result on day 7, 14 and 21.

Inclusion criteria for the current study were patients with positive COVID-19 diagnosis based on the result of RT-PCR and rapid molecular test using specimens collected from nasal or throat mucosal swab or bronchial wash. Sixty-eight patients with confirmed diagnosis of COVID-19 were selected as study subjects.

Negative conversion of viral RNA was the outcome measure in the current study. Univariate Kaplan-Meier analysis and multivariate Cox proportional hazards model analysis analyses were performed to detect the independent factors influencing the duration of RNA negative conversion. The multivariate regression model was performed with the significant factors selected by univariate analysis. The association betweenindependent factors and negative conversion was quantified by hazard ratio (HR), reported with the 95% confidence interval (CI).

Ethical approval was obtained from the The Medical Research Ethics Committee at The Faculty of Medicine Diponegoro University/Dr. Kariadi Hospital Medical Center Semarang.

3. Results

Sixty-eight patients that was treated in Dr. Kariadi General Hospital Medical Center Semarang for COVID-19 were included in the current study. Mean negative conversion time for all patients were 11.63±5.08 days. The majority of subjects were male (57.4%), and the overall average age was 48 (range 20-85).

Twenty-seven subjects (39.7%) had normal body mass index, while 33 (48.5%) were overweight, 6 (8.8%) were obese, and 1 (2.9%) was underweight. Forty-two (61.8%) subjects had fever (body temperature >38°C). Dry cough, shortness of breath, cold, sore throat, diarrhea, nausea, and vomiting were reported in 29 (57.4%), 34 (50%), 13 (19.1%), 21 (30.9%), 13 (19.1%), and 23 (33.8%) subjects, respectively. Diabetes mellitus, hypertension, cardiovascular disease, malignancy, chronic pulmonary disease, dyslipidemia, kidney failure and liver disease were reported in 17 (25%), 30 (44.1%), 5 (7.4%), 4 (5.9%), 9 (13.2%), 8 (11.8%), 2 (2.9%), and 3 (4.4%) subjects, respectively. Four (5.9%) subjects were reported to have smoking habit.

Mean leukocytes, platelets, lymphocytes, neutrophils, NLR, ALC, PLR, albumin, CRP and CAR values for all subjects were 10.47±7.79 x10³/dL, 278.66±157.98 x10³/dL, 14.73±9.28%,

 $75.66 \pm 15.82\%, 7.38 \pm 6.67\%, 1674.02 \pm 2450.39, 254.15 \pm 183.07, 3.33 \pm 0.74, 12.84 \pm 12.23, and 3.73 \pm 3.77, respectively.$

Forty subjects (58.8%) had received antiviral treatments, while antibiotic and steroids were each given to 50~(73.5%) subjects (Table 1). Negative conversion status on day 7, 14 dan 21 for all study subjects was presented on Table 1.

Table 1. Univariate analysis in 68 subjects with negative conversion.

	Patient	Patient v	vith negative	conversion	
Factors	numbers		(%)		_ <i>P</i> value
	(%)	7 days	14 days	21 days	
Total	68 (100)	33 (48.5)	25 (36.8)	10 (14.7)	
Gender					0.166
Male	39 (57.4)	16 (48.5)	16 (64)	7 (70)	
Female	29 (42.6)	17 (51.5)	9 (36)	3 (30)	
Age					0.004^{*}
<59 years	39 (57.4)	27 (81.8)	18 (72)	3 (30)	
≥59 years	29 (42.6)	6 (18.2)	7 (28)	7 (70)	
BMI					0.001*
$<18.5 \text{ kg/m}^2$	1 (2.9)	1 (3)	1 (4)	-	
18.5-24.9 kg/m ²	27 (39.7)	21 (63.6)	5 (20)	1 (10)	
$25-29.9 \text{ kg/m}^2$	33 (48.5)	7 (21.2)	18 (72)	8 (80)	
$\geq 30 \text{ kg/m}^2$	6 (8.8)	4 (12.1)	1 (4)	1 (10)	
Temperature	5 (515)	. (====)	- (.)	- ()	0.014*
<38°C	26 (38.2)	18 (54.5)	6 (24)	2 (20)	0.01.
≥38°C	42 (61.8)	15 (45.5)	19 (76)	8 (80)	
Dry cough	.2 (01.0)	10 (1010)	1) (/0)	0 (00)	0.331
Yes	39 (57.4)	16 (48.5)	17 (68)	6 (60)	0.551
No	29 (42.6)	17 (51.5)	8 (32)	4 (40)	
Shortness of	27 (42.0)	17 (31.3)	0 (32)	7 (40)	0.000*
breath	34 (50)	8 (24.2)	17 (68)	9 (90)	0.000
Yes	34 (50)	25 (75.8)	8 (32)	1 (10)	
No	34 (30)	23 (73.0)	0 (32)	1 (10)	
Cold					0.309
Yes	13 (19.1)	5 (15.2)	5 (20)	3 (30)	0.309
No	55 (80.9)	28 (84.8)	20 (80)	7 (70)	
Sore throat	33 (80.9)	26 (64.6)	20 (80)	7 (70)	0.558
Yes	21 (20.0)	11 (22 2)	5 (20)	5 (50)	0.558
No	21 (30.9)	11 (33.3)	5 (20)	5 (50)	
	47 (69.1)	22 (66.7)	20 (80)	5 (50)	0.750
Diarrhea	12 (10 1)	7 (21.2)	2 (12)	2 (20)	0.758
Yes	13 (19.1)	7 (21.2)	3 (12)	3 (30)	
No	55 (80.9)	26 (78.8)	22 (88)	7 (70)	0.045
Nausea, vomiting	22 (22 5)	0 (05.6)	10 (10)	2 (20)	0.946
Yes	23 (33.8)	9 (27.3)	12 (48)	2 (20)	
No	45 (66.2)	24 (72.7)	13 (52)	8 (80)	0*
Diabetes Mellitus					0.000^{*}
Yes	17 (25)	2 (6.1)	8 (32)	7 (70)	
No	51 (75)	31 (93.9)	17 (68)	3 (30)	
Hypertension					0.768

Yes	30 (44.1)	15 (45.5)	11 (44)	4 (40)	
No	38 (55.9)	18 (54.5)	14 (56)	6 (60)	
Cardiovascular					0.745
disease					
Yes	5 (7.4)	2 (6.1)	3 (12)	-	
No	63 (92.6)	31 (93.9)	22 (88)	10 (100)	
Malignancy					0.540
Yes	4 (5.9)	-	4 (16)	-	
No	64 (94.1)	33 (100)	21 (84)	10 (100)	
Lung disease					0.639
Yes	9 (13.2)	5 (15.2)	3 (12)	1 (10)	
No	59 (86.8)	28 (84.8)	22 (88)	9 (90)	
Dyslipidemia					0.526
Yes	8 (11.8)	5 (15.2)	2 (8)	1 (10)	
No To the state of	60 (88.2)	28 (84.8)	23 (92)	9 (90)	
Renal failure	2 (2 0)		2 (0)		0.672
Yes	2 (2.9)	-	2 (8)	-	
No	66 (97.1)	33 (100)	23 (92)	10 (100)	0.050
Liver disease	2 (4 4)	2 (6.1)		1 (10)	0.860
Yes	3 (4.4)	2 (6.1)	25 (100)	1 (10)	
No	65 (95.6)	31 (93.9)	25 (100)	9 (90)	0.540
Smoking habit	4 (5 0)		4 (16)		0.540
Yes	4 (5.9)	-	4 (16)	10 (100)	
No	64 (94.1)	33 (100)	21 (84)	10 (100)	0.525
Leukocytes < 4000	10 (14.7)	4 (12.1)	4 (16)	2 (20)	0.525
< 4000 ≥ 4000	10 (14.7) 58 (85.3)	4 (12.1) 29 (87.9)	4 (16) 21 (84)	2 (20) 8 (20)	
Platelets	36 (63.3)	29 (81.9)	21 (64)	8 (20)	0.414
< 150000	15 (22.1)	6 (18.2)	6 (24)	3 (30)	0.414
≥ 150000 ≥ 150000	53 (77.9)	27 (81.8)	19 (76)	7 (70)	
Lymphocytes	33 (11.7)	27 (01.0)	17 (70)	7 (70)	0.607
< 20%	55 (80.9)	28 (84.8)	19 (76)	8 (80)	0.007
≥ 20%	13 (19.1)	5 (15.2)	6 (24)	2 (20)	
Neutrophils	10 (1)11)	c (10.2)	0 (2 1)	_ (=0)	0.016*
< 70%	15 (22.1)	4 (12.1)	6 (24)	5 (50)	0.010
≥ 70%	53 (77.9)	29 (87.9)	19 (76)	5 (50)	
NLR		,	,		0.838
< 3.13	11 (16.2)	5 (15.2)	5 (20)	1 (10)	
≥ 3.13	57 (83.8)	28 (84.8)	20 (80)	9 (90)	
ALC	` ` ` ` `	, ,	` '	` ,	0.344
< 1500	49 (72.1)	22 (66.7)	19 (76)	8 (80)	
≥ 1500	19 (27.9)	11 (33.3)	6 (24)	2 (20)	
PLR					
< 200	31 (45.6)	16 (48.5)	10 (40)	5 (50)	0.922
≥ 200	37 (54.4)	17 (51.5)	15 (60)	5 (50)	
Albumin					0.004^{*}
< 3.0	26 (38.2)	6 (18.2)	14 (56)	6 (60)	
≥ 3.0	42 (61.8)	27 (81.8)	11 (40)	4 (40)	
CRP					0.050^{*}
< 10	33 (48.5)	20 (60.6)	10 (40)	3 (30)	

≥ 10	35 (51.5)	13 (39.4)	15 (60)	7 (70)	
CAR					0.084
< 0.25	12 (17.6)	9 (27.3)	2(8)	1 (10)	
\geq 0.25	56 (82.4)	24 (72.7)	23 (92)	9 (90)	
Antiviral					
Yes	40 (58.8)	28 (84.8)	10 (40)	2 (20)	0.000^{*}
No	28 (41.2)	5 (15.2)	15 (60)	8 (80)	
Antibiotic					0.100
Yes	50 (73.5)	23 (69.7)	17 (68)	10 (100)	
No	18 (26.5)	10 (30.3)	8 (32)	-	
Steroid					0.706
Yes	50 (73.5)	10 (30.3)	6 (24)	4 (40)	
No	18 (26.5)	23 (69.7)	19 (76)	6 (60)	

^{*}P<0.05; significant. P value from Kaplan-Meier analysis.

Abbreviation; BMI, body mass index; NLR, neutrophil-to-lymphocyte ratio; ACL, absolute neutrophil count; PLR, platelet-to-lymphocyte ratio; CRP, C-reactive protein; CAR, C-reactive protein/albumin ratio.

Thirty-one factors were evaluated in the initial univariate Cox and Kaplan-Meier analysis (Table 1 and 2). Older age (>59 years), overweight (>25 kg/m2), fever (>38°C), shortness of breath, diabetes mellitus, neutrophilia, hypoalbuminemia, CRP and antiviral treatment showed significant association with negative conversion time. These factors were then included in a multivariate regression analysis. Hypoalbuminemia or albumin level of <3.0 g/dL was found as an independent factor associated with negative conversion time of viral RNA (HR:1.986; 95%CI:1.098-3.594), and hypoalbuminemia was presumed to cause prolonged viral clearance time in patients with COVID-19 (Table 2).

Table 2. Univariate and multivariate analysis in 68 subjects with negative conversion.

Factors	Univa	riate analysis	P value	Multivariate analys		D l
ractors	HR	95%CI	r value	HR	95%CI	P value
Gender	0.901	0.708-1.148	0.400	-	-	-
Age	0.620	0.360-1.068	0.085^{*}	0.905	0.487-1.681	0.752
BMI	0.718	0.492-1.050	0.087^{*}	0.692	0.428-1.118	0.133
Temperature	0.680	0.413-1.119	0.129^{*}	0.791	0.427-1.467	0.457
Dry cough	1.155	0.713-1.871	0.558	-	-	-
Cold	1.201	0.655-2.204	0.553	-	-	-
Shortness of	1.994	1.199-3.315	0.008^{*}	1.385	0.791-1.425	0.254
breath						0.254
Sore throat	1.097	0.652-1.846	0.727	-	-	-
Diarrhea	1.058	0.576-1.943	0.856	-	-	-
Nausea,	1.011	0.609-1.679	0.967	-	-	
vomiting						-
Diabetes	1.986	1.115-3.537	0.020^{*}	1.926	0.995-3.729	0.520
Mellitus						0.520

Hypertension	0.957	0.593-1.546	0.859	-	-	-
Cardiovascular	0.906	0.362-2.268	0.834	-	-	
disease						
Malignancy	1.220	0.440-3.382	0.703	-	-	-
Lung disease	0.902	0.447-1.820	0.773	-	-	-
Dyslipidemia	0.864	0.413-1.808	0.698	-	-	-
Kidney failure	1.209	0.294-4.969	0.792	-	-	-
Liver disease	1.060	0.331-3.396	0.922	-	-	-
Smoking habit	1.220	0.440-3.382	0.703	-	-	-
Leukocytes	1.137	0.580-2.225	0.709	-	-	-
Platelets	1.152	0.648-2.045	0.630	-	-	-
Lymphocytes	0.910	0.497-1.666	0.759	-	-	-
Neutrophils	1.512	0.843-2.713	0.166^{*}	1.306	0.683-2.498	0.419
NLR	0.959	0.502-1.832	0.900	-	-	-
ALC	1.170	0.688-1.990	0.562	-	-	-
PLR	0.986	0.611-1.589	0.953	-	-	-
Albumin	1.540	0.935-2.534	0.090^{*}	1.986	1.098-3.594	0.023**
CRP	0.751	0.465-1.215	0.244*	0.953	0.561-1.619	0.860
CAR	0.704	0.375-1.322	0.275	-	-	-
Antiviral	0.519	0.312-0.862	0.011*	0.704	0.383-1.294	0.258
Antibiotic	1.357	0.778-2.368	0.283	-	-	-
Steroid	1.062	0.629-1.792	0.823	-	-	-

^{*}P<0.25; significant, P value from univariate cox regression analysis.

Abbreviation; BMI, body mass index; NLR, neutrophil-to-lymphocyte ratio; ACL, absolute neutrophil count; PLR, platelet-to-lymphocyte ratio; CRP, C-reactive protein; CAR, C-reactive protein/albumin ratio; HR, hazard ratio; 95% CI, confidence interval.

4. Discussion

This was a retrospective study aimed to analyze the factors that may influence the delay in negative conversion of viral RNA in 68 patients with COVID-19 that was treated in Dr. Kariadi General Hospital Medical Center Semarang from June to December 2020. Factors such as clinical symptoms, comorbidities, laboratory test results and treatment were analyzed. Variables in the univariate analysis that showed significant value as influencing factors for prolonged negative conversion time of viral RNA (p<0.05) wereage, body mass index, fever, shortness of breath, diabetes mellitus, neutrophilia, hypoalbuminemia and antiviral treatment.

The finding where older age (>59 years) was associated with delay in negative conversion time of SARS-CoV-2 RNA was consistent with the results from previous studies. Study by Hu et al. in 59 patients that were admitted with a diagnosis of COVID-19 reported that older age (>45 years) was an independent factor associated with delay in negative conversion time of viral RNA.⁷ Another study by Zhang et al. in 70 patients that were diagnosed with COVID-19 also reported that older age (>50 years) significantly cause a delay in negative conversion time of viral RNA.¹⁰ Elderly patients with COVID-19 reportedly had worse clinical outcome in comparison with younger patients.⁹ Older age may also affected the number and function of T cells, resulting in uncontrolled viral replication and excessive host inflammatory response. This age-related disorder may also impair the ability of host cells to eradicate invasive pathogens, thus prolonging viral shedding in the elderly.⁷ Comorbidities that came with older age also played a role in causing prolonged negative conversion time. Whilst the severity of disease and comorbidities has no direct influence to PCR conversion time, these may indirectly

^{**}P<0.25; significant, P value from multivariate cox regression analysis.

influence the clearance of viral nucleic acid.¹¹ Older age was also reportedly associated with the numbers of viral RNA copies in patients with SARS-CoV infection, where increasing age was independently associated with higher viral load.¹²

Obesity was widely associated with a more severe clinical presentation of COVID-19 and a higher increase in inflammatory markers. This was possibly related to an increase in oxygen demand, thus prolonging the need of supplemental oxygen therapy during hospitalization, delaying viral clearance, and ultimately leading to prolonged hospitalization. Univariate analysis found a significant association between body weight and prolonged negative conversion time of patients with COVID-19, where the negative conversion time will increase with increasing body weight. This result was supported by a previous studyby Moriconi et al. that reported a longer negative conversion time in obese patients with COVID-19 (body mass index \geq 30 kg/m²) in comparison with non-obese patients (19±8 days *vs.* 13±7 days, p=0.002). Obesity was known to cause disorders on both innate and adaptive immune systems, such as abnormal T cell activity, abnormal natural killer cell activity, disorders of phagocytic function, inhibition of neutrophil chemotaxis, and failure of the complement system. Obesity may also cause hyper-activation of mammalian target of rapamycin (mTOR) signaling, thus prolonging the duration of viral shedding.

The current study found that body temperature above 38°C may prolong negative conversion time, where patients with fever has a significantly longer negative conversion time in comparison to patients with normal body temperature. This was consistent with previous study by Li et al. where body temperature was reportedly found as an independent factor associated with the duration of viral shedding, in which patients with higher body temperature showed longer period of viral shedding (<37.3°C (9 days, IQR 7-11); 37.3-38.5°C (11 days, IQR 7-13); \geq 38.5°C (12.5 days, IQR 9-17); p=0.046). The study believed that the higher the body temperature of COVID-19 patients, the longer the patient will show persistent positive nucleic acid test results. A retrospective study in children with COVID-19 also reported the same result, where longer duration of viral shedding was associated with higher body temperature. Fever was a manifestation of inflammatory response elicited by immune response. However, this study did not evaluate the cytokine levels in their subjects, thus the cause-and-effect relationship between longer viral clearance time and fever had not been clearly demonstrated. The conversion of t

Patients with shortness of breath in the current study showed statistically longer negative conversion time in comparison with patients without this symptom. A similarly significant association between these two variables was also reported by Hu et al., wherein shortness of breath was proven to be an independent predictive factor for prolonged negative conversion time of viral RNA in patients with COVID-19 (HR: 0.290; 95% CI: 0.091-0.919).⁷

Diabetes mellitus (DM) was considered a comorbidity that may increase mortality and morbidity rate in in patients with SARS CoV-2 infection. The current study found a significantly longer negative conversion time of SARS-CoV-2 RNA in patients with DM in comparison with those without this comorbidity. A retrospective cohort study in 70 patients diagnosed with COVID-19 reported that DM was an independent predictive factor for prolonged negative conversion time. ¹⁰ Another recent study also reported that DM comorbidity in patients with COVID-19 was associated with prolonged viral cleareance. ¹⁸ Immune system dysregulation caused by diabetes mellitus may play a role in the pathogenesis COVID-19, particularly in prolonging the detection time of SAR-CoV-2 RNA. The mechanism underlying such dysregulation of the immune system in patients with DM were hyperglycemia, inhibition of neutrophil chemotaxis, cytokine dysregulation, and phagocytic cell dysfunction. Diabetic patients also presented with higher risk to develop severe disease, higher mortality rate, and was found to be a risk factor for disease progression. ¹⁰

The current study found that increased neutrophil count (>70%) was significantly associated with prolonged negative conversion time of viral RNA. Similar result was also reported by Mo et al., where patients with prolonged negative conversion time (>18 days) had a significantly higher neutrophil count (3.94 [2.31-7.75]×10⁹/L), and that neutrophil count was proven to be an independent predictive factor for prolonged negative conversion time (OR, 0.097; 95% CI:0.015-0.631]; p=0.015). Neutrophil was a widely known marker of systemic inflammation that was found to be a risk factor for the development of ARDS and progression from ARDS to mortality in patients with COVID-19. Neutrophil, a main source of cytokines, would release cytokines and chemokines in a large number to help regulate the immune responses such as antiviral defense, hemopoietic action, angiogenesis or fibrogenesis. Overproduction of neutrophil maycontribute to acute lung injury and cytokine storm in COVID-19, thus prolonging the viral clearance time. High neutrophil production was also associated with increased CD4+ lymphocyte ratio. In a previous study, increased CD4+ lymphocyte ratio was associated with a delay in negative conversion up to 24 days, most likely due to dysregulated immune system and prolonged viral clearance time. 10

Patients with increased C-reactive protein (CRP) level (>10) in the current study showed significantly longer negative conversion time of viral RNA in comparison to patients with lower CRP level (<10). A previous study by Moriconi et al. also reported the same result, where higher CRP level in obese patients with COVID-19 was associated with longer time for negative result from oropharyngeal or nasal swab test. Study by Gao et al. also reported an association between increased CRP level and prolonged viral RNA shedding up to 28 days in patients with COVID-19. Two to ten-fold increase in serum CRP levels above normal value reportedly caused a significantly prolonged duration of viral shedding, and also showed a significant negative correlation with CD4+ T lymphocyte counts, a factor that was known to influence immune response and viral shedding. Analysis conducted with multiple linear regression model by Fu et al. found that CD4+ T lymphocyte counts could help predict the duration of viral RNA shedding in stool specimen and lower absolute CD4+ T lymphocyte counts before treatment may prolong the viral clearance time.

Antiviral treatment was found to significantly shorten the negative conversion time in patient with COVID-19. Result from the univariate analysis in the current study indicated that patients receiving antiviral therapy had significantly shorter negative conversion time in comparison with patients that did not receive this therapy. Previous study by Fu et al. also reported that the time when antiviral therapy was first initiated was an independent factor associated with SARS-CoV-2 RNA shedding (HR=1.467, 95% CI: 1.187-1.815, p<0.001).²⁴ The study reported shorter negative conversion time in patients who received antiviral therapy

5. Conclusion

Factors that were found to influence the delay in negative conversion of viral RNA in patients with COVID-19 based on univariate analysis were older age, overweight, fever, shortness of breath, diabetes mellitus, neutrophilia, hypoalbuminemia, CRP and antiviral treatment. Hypoalbuminemia was an independent predictor for prolonged negative conversion of viral RNA in patients with COVID-19.

6. Acknowledgements

All authors conceived this research. FNK, BHW, and AS collected and analyzed data. FNK designed and supervised the entire project scientifically. BHW and AS are major contributors in writing the manuscript, TH participated in the manuscript writing and submission, F and JT reviewed and edited the paper. FNK had final responsibility for the decision to submit for publication. Our thanks go to the Internal Medicine Department of the

Faculty of Medicine University Diponegoro and Dr Kariadi Hospital and who supported the research. All authors have read and approved the final manuscript. This research was not funded by any party.

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Factors Influencing the Delay in Negative Conversion of PCR Swab Test Results in Patients with COVID-19

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pISSN: 2301-4369 eISSN: 2685-

7898

https://doi.org/10.36408/mhjcm.2496 Med Hosp. 2019; Vol: 6 (1): 35-45

Diajukan: Diterima:

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ABSTRACT

BACKGROUND: The negative conversion time of SARS-CoV-2 RNA was related to disease progression, and a prolonged negative conversion could provide early warning signal for poor prognosis in patients with COVID-19

OBJECTIVE: To identify the factors influencing the delay in negative conversion of PCR swab test results in patients with COVID-19 to better evaluate the severity of disease, prognosis, and treatment strategy.

METHODS: A retrospective cross-sectional study involving 68 patients diagnosed with COVID-19 that was treated in Dr. Kariadi General Hospital Medical Center Semarang from June 1st to December 30th 2020. Negative conversion was evaluated based on the RT-PCR swab test result on day 7, 14 and 21.

RESULTS: Mean negative conversion time for all patients was 11.63±5.08 days. Thirty-one factors were evaluated in the initial univariate Cox and Kaplan-Meier analysis. Older age (>59 years), overweight (>25 kg/m²), fever (>38°C), shortness of breath, diabetes mellitus, neutrophilia, hypoalbuminemia, CRP and antiviral treatment showed significant association with negative conversion time. These factors were then included in a multivariate regression analysis. Hypoalbuminemia or albumin level of <3.0 g/dL was found as an independent factor associated with negative conversion time of viral RNA (HR:1.986; 95%CI:1.098-3.594), and hypoalbuminemia was presumed to cause prolonged viral clearance time in patients with COVID-19.

CONCLUSION: Factors influencing the delay in negative conversion of viral RNA in patients with COVID-19 were older age, overweight, fever, shortness of breath, diabetes mellitus, neutrophilia, hypoalbuminemia, CRP and antiviral treatment. Hypoalbuminemia was an independent predictor for prolonged negative conversion of viral RNA in patients with COVID-19.

Keywords: COVID-19, SARS-CoV-2, negative conversion time, RT-PCR.

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1. Introduction

Coronavirus disease 2019 (COVID-19) was an infectious disease caused by Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-2) virus. Hu et al. reported that SARS-CoV-2 RNA showed negative conversion on day 14 after the first positive RT-PCR result. Meanwhile, Zhou et al. reported that RNA viral load could still be found for a mean duration of 20 days in patients that had recovered from COVID-19, and Ling et al. found that viral shedding lasted for a mean duration of 9.5 days. Different results from these previous studies may be influenced by the severity of disease and sampling method. Older age and comorbidity were also reportedly correlated with PCR negative conversion time. Factors influencing the delay in negative conversion of PCR results could provide early warning signal for poor prognosis. ²⁻⁴

Many studies regarding COVID-19 cases were more focused on the epidemiological, clinical, laboratory, and radiologic characteristics to support the development of diagnostic and treatment strategy for patients. On the other hand, studies regarding the predictive factors associated with negative conversion time in patient with COVID-19 were very limited. For this reason, the current study aims to identify the factors influencing the delay in negative conversion of PCR swab test results in patients with COVID-19

2. Methods

A retrospective cross-sectional study involving 68 patients diagnosed with COVID-19 that was treated in Dr. Kariadi General Hospital Medical Center Semarang from June 1st to December 30th 2020. Negative conversion was evaluated based on the RT-PCR swab test result on day 7, 14 and 21. Perdhana's described that the minimum number of samples for research is 30 respondents.⁵ Data were collected from patient's medical record in Dr. Kariadi General Hospital, Semarang.

Inclusion criteria for the current study were patients with positive COVID-19 diagnosis based on the result of RT-PCR using specimens collected from nasal or throat mucosal swab or bronchial wash. Sixty-eight patients with confirmed diagnosis of COVID-19 were selected as study subjects. The preferred method to detect virus was nucleic acid amplification test such as real-time reverse transcription polymerase chain reaction (rRT-PCR) and sequencing. Samples were confirmed (positive) as SARS-CoV-2 when rRT-PCR showed positive results in a minimum of two target genomes specific for SARS-CoV-2 or positive rRT-PCR for betacoronavirus supported by the result of whole or partial viral genome sequencing compatible with SARS-CoV-2.^{6,7} Patients who did not agree to be included in this study were excluded from the study.

Negative conversion of viral RNA was the outcome measure in the current study. Univariate Kaplan-Meier analysis and multivariate Cox proportional hazards model analysis analyses were performed to detect the independent factors influencing the duration of RNA negative conversion. The multivariate regression model was performed with the significant factors selected by univariate analysis. The association between independent factors and negative conversion was quantified by hazard ratio (HR), reported with the 95% confidence interval (CI).

Ethical approval was obtained from the The Medical Research Ethics Committee at The Faculty of Medicine Diponegoro University/ Dr. Kariadi General Hospital, Semarang.

3. Results

Sixty-eight patients that was treated in Dr. Kariadi General Hospital Medical Center Semarang for COVID-19 were included in the current study. All of the respondents were agreed to join in

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this study, so no respondents were excluded. Mean negative conversion time for all patients were 11.63±5.08 days. The majority of subjects were male (57.4%), and the overall average age was 48 (range 20-85).

Twenty-seven subjects (39.7%) had normal body mass index, while 33 (48.5%) were overweight, 6 (8.8%) were obese, and 1 (2.9%) was underweight. Forty-two (61.8%) subjects had fever (body temperature >38°C). Dry cough, shortness of breath, cold, sore throat, diarrhea, nausea, and vomiting were reported in 29 (57.4%), 34 (50%), 13 (19.1%), 21 (30.9%), 13 (19.1%), and 23 (33.8%) subjects, respectively. Diabetes mellitus, hypertension, cardiovascular disease, malignancy, chronic pulmonary disease, dyslipidemia, kidney failure and liver disease were reported in 17 (25%), 30 (44.1%), 5 (7.4%), 4 (5.9%), 9 (13.2%), 8 (11.8%), 2 (2.9%), and 3 (4.4%) subjects, respectively. Four (5.9%) subjects were reported to have smoking habit.

Mean leukocytes, platelets, lymphocytes, neutrophils, NLR, ALC, PLR, albumin, CRP and CAR values for all subjects were $10.47\pm7.79 \times 10^3$ /dL, $278.66\pm157.98 \times 10^3$ /dL, $14.73\pm9.28\%$, $75.66\pm15.82\%$, $7.38\pm6.67\%$, 1674.02 ± 2450.39 , 254.15 ± 183.07 , 3.33 ± 0.74 , 12.84 ± 12.23 , and 3.73 ± 3.77 , respectively.

Forty subjects (58.8%) had received antiviral treatments, while antibiotic and steroids were each given to 50 (73.5%) subjects (Table 1). Negative conversion status on day 7, 14 dan 21 for all study subjects was presented on Table 1.

Table 1. Univariate analysis in 68 subjects with negative conversion.

Footowa	Patient	Patient v	with negative	conversion	– <i>P</i> value
Factors	numbers	7 days	14 days	21 days	– <i>P</i> value
Total	68	33	25	10	
Gender					0.166
Male	39	16	16	7	
Female	29	17	9	3	
Age					0.004^{*}
<59 years	39	27	18	3	
≥59 years	29	6	7	7	
BMI					0.001^{*}
$<18.5 \text{ kg/m}^2$	1	1	1	-	
18.5-24.9 kg/m ²	27	21	5	1	
25-29.9 kg/m ²	33	7	18	8	
$\geq 30 \text{ kg/m}^2$	6	4	1	1	
Temperature					0.014^{*}
<38°C	26	18	6	2	
≥38°C	42	15	19	8	
Dry cough					0.331
Yes	39	16	17	6	
No	29	17	8	4	
Shortness of					0.000^{*}
breath				9	
Yes	34	8	17	1	
No	34	25	8		
Cold					0.309
Yes	13	5	5	3	
No	55	28	20	7	
Sore throat					0.558

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Yes	21	11	5	5	
No	47	22	20	5	
Diarrhea					0.758
Yes	13	7	3	3	
No	55	26	22	7	
Nausea, vomiting					0.946
Yes	23	9	12	2	
No	45	24	13	8	
Diabetes Mellitus					0.000^{*}
Yes	17	2	8	7	
No	51	31	17	3	
Hypertension					0.768
Yes	30	15	11	4	
No	38	18	14	6	
Cardiovascular					0.745
disease					
Yes	5	2	3	-	
No	63	31	22	10	
Malignancy					0.540
Yes	4	-	4	-	
No	64	33	21	10	
Lung disease					0.639
Yes	9	5	3	1	
No	59	28	22	9	
Dyslipidemia					0.526
Yes	8	5	2	1	
No	60	28	23	9	
Renal failure	_		_		0.672
Yes	2	-	2	-	
No	66	33	23	10	0.050
Liver disease	2				0.860
Yes	3	2	-	1	
No	65	31	25	9	0.740
Smoking habit	4		4		0.540
Yes	4	-	4	-	
No	64	33	21	10	0.525
Leukocytes < 4000	10	4	4	2	0.525
< 4000 ≥ 4000	58	29	21	8	
	38	29	21		0.414
Platelets < 150000	15	6	6	3	0.414
≥ 150000 ≥ 150000	53	27	19	<i>7</i>	
Lymphocytes		21	17	,	0.607
< 20%	55	28	19	8	0.007
≥ 20%	13	5	6	2	
Neutrophils	13	<u> </u>	<u> </u>		0.016*
< 70%	15	4	6	5	0.010
≥ 70%	53	29	19	5	
NLR			17		0.838
< 3.13	11	5	5	1	0.030
\ J.1J	11	J	5	1	

≥ 3.13	57	28	20	9	
ALC					0.344
< 1500	49	22	19	8	
≥ 1500	19	11	6	2	
PLR					
< 200	31	16	10	5	0.922
≥ 200	37	17	15	5	
Albumin					0.004^{*}
< 3.0	26	6	14	6	
≥ 3.0	42	27	11	4	
CRP					0.050^{*}
< 10	33	20	10	3	
≥ 10	35	13	15	7	
CAR					0.084
< 0.25	12	9	2	1	
≥ 0.25	56	24	23	9	
Antiviral					
Yes	40	28	10	2	0.000^{*}
No	28	5	15	8	
Antibiotic					0.100
Yes	50	23	17	10	
No	18	10	8	-	
Steroid					0.706
Yes	50	10	6	4	
No	18	23	19	6	

^{*}P<0.05; significant. *P* value from Kaplan-Meier analysis.

Abbreviation; BMI, body mass index; NLR, neutrophil-to-lymphocyte ratio; ACL, absolute neutrophil count; PLR, platelet-to-lymphocyte ratio; CRP, C-reactive protein; CAR, C-reactive protein/albumin ratio.

Thirty-one factors were evaluated in the initial univariate Cox and Kaplan-Meier analysis (Table 1 and 2). Older age (>59 years), overweight (>25 kg/m2), fever (>38°C), shortness of breath, diabetes mellitus, neutrophilia, hypoalbuminemia, CRP and antiviral treatment showed significant association with negative conversion time. These factors were then included in a multivariate regression analysis. Hypoalbuminemia or albumin level of <3.0 g/dL was found as an independent factor associated with negative conversion time of viral RNA (HR:1.986; 95% CI:1.098-3.594), and hypoalbuminemia was presumed to cause prolonged viral clearance time in patients with COVID-19 (Table 2).

Table 2. Univariate and multivariate analysis in 68 subjects with negative conversion.

Eastons	Univar	Univariate analysis		Multiva	ariate analysis	P value
Factors	HR	95%CI	P value	HR	95%CI	r value
Gender	0.901	0.708-1.148	0.400	-	-	-
Age	0.620	0.360-1.068	0.085^{*}	0.905	0.487-1.681	0.752
BMI	0.718	0.492-1.050	0.087^{*}	0.692	0.428-1.118	0.133
Temperature	0.680	0.413-1.119	0.129^{*}	0.791	0.427-1.467	0.457
Dry cough	1.155	0.713-1.871	0.558	-	-	-
Cold	1.201	0.655-2.204	0.553	-	-	-

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Shortness of	1.994	1.199-3.315	0.008^{*}	1.385	0.791-1.425	0.254
breath						——————————————————————————————————————
Sore throat	1.097	0.652-1.846	0.727	-	-	-
Diarrhea	1.058	0.576-1.943	0.856	-	-	
Nausea,	1.011	0.609-1.679	0.967	-	-	
vomiting						
Diabetes	1.986	1.115-3.537	0.020^{*}	1.926	0.995-3.729	0.520
Mellitus						0.320
Hypertension	0.957	0.593-1.546	0.859	-	-	-
Cardiovascular	0.906	0.362-2.268	0.834	-	-	
disease						
Malignancy	1.220	0.440-3.382	0.703	-	-	-
Lung disease	0.902	0.447-1.820	0.773	-	-	
Dyslipidemia	0.864	0.413-1.808	0.698	-	-	-
Kidney failure	1.209	0.294-4.969	0.792	-	-	-
Liver disease	1.060	0.331-3.396	0.922	-	-	-
Smoking habit	1.220	0.440-3.382	0.703	-	-	-
Leukocytes	1.137	0.580-2.225	0.709	-	-	-
Platelets	1.152	0.648-2.045	0.630	-	-	-
Lymphocytes	0.910	0.497-1.666	0.759	-	-	-
Neutrophils	1.512	0.843-2.713	0.166^{*}	1.306	0.683-2.498	0.419
NLR	0.959	0.502-1.832	0.900	-	-	-
ALC	1.170	0.688-1.990	0.562	-	-	-
PLR	0.986	0.611-1.589	0.953	-	-	-
Albumin	1.540	0.935-2.534	0.090^{*}	1.986	1.098-3.594	0.023**
CRP	0.751	0.465-1.215	0.244*	0.953	0.561-1.619	0.860
CAR	0.704	0.375-1.322	0.275	-	-	-
Antiviral	0.519	0.312-0.862	0.011*	0.704	0.383-1.294	0.258
Antibiotic	1.357	0.778-2.368	0.283		-	-
Steroid	1.062	0.629-1.792	0.823	-	-	-

^{*}P<0.25; significant, P value from univariate cox regression analysis.

Abbreviation; BMI, body mass index; NLR, neutrophil-to-lymphocyte ratio; ACL, absolute neutrophil count; PLR, platelet-to-lymphocyte ratio; CRP, C-reactive protein; CAR, C-reactive protein/albumin ratio; HR, hazard ratio; 95% CI, confidence interval.

4. Discussion

The finding where older age (>59 years) was associated with delay in negative conversion time of SARS-CoV-2 RNA was consistent with the results from previous studies. Study by Hu et al. in 59 patients that were admitted with a diagnosis of COVID-19 reported that older age (>45 years) was an independent factor associated with delay in negative conversion time of viral RNA.⁷ Another study by Zhang et al. in 70 patients that were diagnosed with COVID-19 also reported that older age (>50 years) significantly cause a delay in negative conversion time of viral RNA.¹⁰ Elderly patients with COVID-19 reportedly had worse clinical outcome in comparison with younger patients.⁹ Older age may also affected the number and function of T cells, resulting in uncontrolled viral replication and excessive host inflammatory response. This age-related disorder may also impair the ability of host cells to eradicate invasive pathogens, thus prolonging viral shedding in the elderly.⁷ Comorbidities that came with older age also played a role in causing prolonged negative conversion time. Whilst the severity of

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^{**}P<0.25; significant, P value from multivariate cox regression analysis.

disease and comorbidities has no direct influence to PCR conversion time, these may indirectly influence the clearance of viral nucleic acid. Older age was also reportedly associated with the numbers of viral RNA copies in patients with SARS-CoV infection, where increasing age was independently associated with higher viral load. 10

Obesity was widely associated with a more severe clinical presentation of COVID-19 and a higher increase in inflammatory markers. This was possibly related to an increase in oxygen demand, thus prolonging the need of supplemental oxygen therapy during hospitalization, delaying viral clearance, and ultimately leading to prolonged hospitalization. Univariate analysis found a significant association between body weight and prolonged negative conversion time of patients with COVID-19, where the negative conversion time will increase with increasing body weight. This result was supported by a previous study by Moriconi et al. that reported a longer negative conversion time in obese patients with COVID-19 (body mass index \geq 30 kg/m²) in comparison with non-obese patients (19±8 days vs. 13±7 days, p=0.002). Obesity was known to cause disorders on both innate and adaptive immune systems, such as abnormal T cell activity, abnormal natural killer cell activity, disorders of phagocytic function, inhibition of neutrophil chemotaxis, and failure of the complement system. Obesity may also cause hyper-activation of mammalian target of rapamycin (mTOR) signaling, thus prolonging the duration of viral shedding.

The current study found that body temperature above 38° C may prolong negative conversion time, where patients with fever has a significantly longer negative conversion time in comparison to patients with normal body temperature. This was consistent with previous study by Li et al. where body temperature was reportedly found as an independent factor associated with the duration of viral shedding, in which patients with higher body temperature showed longer period of viral shedding (<37.3°C (9 days, IQR 7-11); 37.3-38.5°C (11 days, IQR 7-13); \geq 38.5°C (12.5 days, IQR 9-17); p=0.046). The study believed that the higher the body temperature of COVID-19 patients, the longer the patient will show persistent positive nucleic acid test results. A retrospective study in children with COVID-19 also reported the same result, where longer duration of viral shedding was associated with higher body temperature. Fever was a manifestation of inflammatory response elicited by immune response. However, this study did not evaluate the cytokine levels in their subjects, thus the cause-and-effect relationship between longer viral clearance time and fever had not been clearly demonstrated. 15

Patients with shortness of breath in the current study showed statistically longer negative conversion time in comparison with patients without this symptom. A similarly significant association between these two variables was also reported by Hu et al., wherein shortness of breath was proven to be an independent predictive factor for prolonged negative conversion time of viral RNA in patients with COVID-19 (HR: 0.290; 95%CI: 0.091-0.919).

Diabetes mellitus (DM) was considered a comorbidity that may increase mortality and morbidity rate in in patients with SARS CoV-2 infection. The current study found a significantly longer negative conversion time of SARS-CoV-2 RNA in patients with DM in comparison with those without this comorbidity. A retrospective cohort study in 70 patients diagnosed with COVID-19 reported that DM was an independent predictive factor for prolonged negative conversion time. ¹⁰ Another recent study also reported that DM comorbidity in patients with COVID-19 was associated with prolonged viral cleareance. ¹⁶ Immune system dysregulation caused by diabetes mellitus may play a role in the pathogenesis COVID-19, particularly in prolonging the detection time of SAR-CoV-2 RNA. The mechanism underlying such dysregulation of the immune system in patients with DM were hyperglycemia, inhibition of neutrophil chemotaxis, cytokine dysregulation, and phagocytic cell dysfunction. Diabetic patients also presented with higher risk to develop severe disease, higher mortality rate, and was found to be a risk factor for disease progression. ¹⁰

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The current study found that increased neutrophil count (>70%) was significantly associated with prolonged negative conversion time of viral RNA. Similar result was also reported by Mo et al., where patients with prolonged negative conversion time (>18 days) had a significantly higher neutrophil count (3.94 [2.31-7.75]×10⁹/L), and that neutrophil count was proven to be an independent predictive factor for prolonged negative conversion time (OR, 0.097; 95% CI:0.015-0.631]; p=0.015).¹⁷ Neutrophil was a widely known marker of systemic inflammation that was found to be a risk factor for the development of ARDS and progression from ARDS to mortality in patients with COVID-19.²⁰ Neutrophil, a main source of cytokines, would release cytokines and chemokines in a large number to help regulate the immune responses such as antiviral defense, hemopoietic action, angiogenesis or fibrogenesis.¹⁸ Overproduction of neutrophil maycontribute to acute lung injury and cytokine storm in COVID-19, thus prolonging the viral clearance time.¹⁹ High neutrophil production was also associated with increased CD4⁺ lymphocyte ratio. In a previous study, increased CD4⁺ lymphocyte ratio was associated with a delay in negative conversion up to 24 days, most likely due to dysregulated immune system and prolonged viral clearance time.¹⁹

Patients with increased C-reactive protein (CRP) level (>10) in the current study showed significantly longer negative conversion time of viral RNA in comparison to patients with lower CRP level (<10). A previous study by Moriconi et al. also reported the same result, where higher CRP level in obese patients with COVID-19 was associated with longer time for negative result from oropharyngeal or nasal swab test. Study by Gao et al. also reported an association between increased CRP level and prolonged viral RNA shedding up to 28 days in patients with COVID-19. Two to ten-fold increase in serum CRP levels above normal value reportedly caused a significantly prolonged duration of viral shedding, and also showed a significant negative correlation with CD4+ T lymphocyte counts, a factor that was known to influence immune response and viral shedding. Analysis conducted with multiple linear regression model by Fu et al. found that CD4+ T lymphocyte counts could help predict the duration of viral RNA shedding in stool specimen and lower absolute CD4+ T lymphocyte counts before treatment may prolong the viral clearance time.

Antiviral treatment was found to significantly shorten the negative conversion time in patient with COVID-19. Result from the univariate analysis in the current study indicated that patients receiving antiviral therapy had significantly shorter negative conversion time in comparison with patients that did not receive this therapy. Previous study by Fu et al. also reported that the time when antiviral therapy was first initiated was an independent factor associated with SARS-CoV-2 RNA shedding (HR=1.467, 95%CI: 1.187-1.815, p<0.001).²² The study reported shorter negative conversion time in patients who received antiviral therapy. The limitation of this study are the small number of samples, and patients' data that is till diverse such as smoking habits, patients' comorbidities, and patient's severity of Covid-19.

Hypoalbuminemia was an independent predictor for prolonged negative conversion of viral RNA in patients with COVID-19. Further study is needed to be done on more samples and a more homogenous population.

6. Acknowledgements

All authors conceived this research. FNK, BHW, and AS collected and analyzed data. FNK designed and supervised the entire project scientifically. BHW and AS are major contributors in writing the manuscript, TH participated in the manuscript writing and submission, F and JT reviewed and edited the paper. FNK had final responsibility for the decision to submit for publication. We thank to the Internal Medicine Department of the Faculty of Medicine University Diponegoro and Dr Kariadi Hospital and who supported the research.

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All authors have read and approved the final manuscript. This research was not funded by any party.

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CHECK LIST MANUSCRIPT CROSS SECTIONAL ${\tt MEDICA\ HOSPITALIA: } \textit{JOURNAL\ OF\ CLINICAL\ MEDICINE}$

: Factors Influencing the Delay in Negative Conversion of PCR Swab Test Results in Patients with Covid-19 Judul

Penulis

SUBSTANSI	DESKRIPSI	BERI TANDA ✓º
JUDUL	Tidak terlalu panjang / pendek, 12 – 14 kata	✓
	Tidak menggunakan singkatan kecuali baku	✓
	Menggambarkan isi makalah secara keseluruhan	✓
ABSTRAK	Terstruktur (latar belakang, tujuan, metode, hasil, kesimpulan)	✓
	Tidak menggunakan singkatan kecuali baku	✓
	Informatif	✓
	Kata kunci 3 – 5 kata	✓
PENDAHULUAN	Terdiri atas dua paragraf atau bagian	 Latar Belakang terlalu Panjang (lebih dari 2 bagian. Keterangan pada Alinea ke-2 sebaiknya dimasukkan dalam Metode, bukan di latar belakang
	Paragraf / bagian pertama: Latar belakang penelitian (justifikasi mengapa penelitian perlu dilakukan): apa yang sudah diketahui, apa yang perlu ditambahkan	Paragraf ke 3 di latar belakang sebaiknya menjadi paragraph 1 di latar belakang setelah definisi Covid-19
	Paragraf kedua: Hipotesis atau tujuan penelitian	✓
	Didukung oleh pustaka yang relevan dan kuat	✓
	Tidak lebih dari 1 halaman	Latar belakang terlalu Panjang meskipun tidak lebih dari 1 halaman
METODE	Menunjukkan kata kunci tentang desain penelitian pada awal tulisan	✓
	Menjelaskan keadaan, tempat, waktu penelitian termasuk lama pengumpulan data	✓
	Menyebutkan kriteria inklusi, sumber dan metode pengumpulan data / subyek	√
	Menyebut variabel penelitian, keluaran, paparan dan hal-hal yang dapat mempengaruhi hasil penelitian	√
	Menyebut metode pengukuran secara detail	✓
	Jelaskan semua hal untuk mencegah terjadinya bias	Tidak dijelaskan

	Jelaskan perhitungan jumlah sampel (rumus tidak perlu dicantumkan)	Tidak dijelaskan pada metode
	Outcome primer	metode ✓
	Outcome sekunder	V
		▼
	Definisi variabel yang penting	Tidak dijelaskan Definisi
		operasional Faktor yeng
		mempengaruhi, misalnya
		definisi Diabetes Melitus,
		Dislipidemia, Smoking Habit
	Cara pengumpulan dan manajemen data	Tidak dijelaskan apakah
	Cara pengumpulan dan manajemen data	data berasal dari data
		sekunder rekam medis
		terutama keterangan
		tebtang faktor-faktor yang
		mempengaruhi
	Jelaskan semua metode statistik yang	Metode statistic di jelaskan
	digunakan, termasuk yang untuk	tetapi pengendalian faktor
	mengendalikan faktor perancu	perancu tidak dijelaskan
	Analisis dilakukan dengan uji yang sesuai	1
	dengan data, batas kemaknaan dan interval	
	kepercayaan	
	Ethical clearance	✓
	Persetujuan setelah penjelasan (informed	Tidak dijelaskan
	consent)	
	Program komputer yang digunakan	
HASIL	Laporkan jumlah subyek penelitian pada setiap	Tidak dijelaskan secara
	tahapan (misal jumlah subyek yang memenuhi	detail, hanya menjelaskan
	syarat, jumlah subyek yang mengikuti	jumlah subjek yang ikut
	penelitian, jumlah yang menyelesaikan follow	dalam penelitian
	up dan jumlah yang dianalisis.	
	Sajikan dalam urutan yang logis	√
	Karakteristik subyek penelitian (dalam bentuk tabel)	✓
	Penyajian bilangan numerik ditulis secara benar	✓
	Tidak menggunakan persentase bila jumlah	Masih menggunakan %
	subyek sedikit (< 40)	meskipun jumlah subyek <
		40
	Sertakan hasil dan uji hipotesis tanpa komentar	√
	Batasi tabel 3-4 tiap artikel	✓
	Sebutkan tabel dan gambar dalam nas	√
DISKUSI	Sebutkan hasil utama berdasarkan tujuan	• Tidak dijelaskan secara
	penelitian	eksplisit.
		• Alinea 1 discussion tidak
		perlu dicantumkan pada
		discussion karena sudah

	Bahas keterbatasan penelitian, hal-hal yang	dijelaskan pada metode (agar tidak terjadi pengulangan) Pada pembahasan penulis
	dapat menjadi penyebab bias. Pembahasan secara menyeluruh dari segala aspek	hanya membandingkan dengan hasil dari penelitian lain tapi tidak menjelaskan penyebab bias dan pembahasan menyeluruh dari segala aspek
	Sebutkan interpretasi menyeluruh dari hasil penelitian dihubungkan dengan tujuan, keterbatasan, analisis, hasil penelitian serupa dan bukti-bukti relevan lainnya	Keterbatasan penelitian tidak dijelaskan pada penelitian ini
	Dibahas kemungkinan hasil penelitian digeneralisasikan (validitas eksterna)	Sebenarnya penelitian ini memiliki hasil HR dan 95%CI tapi di pembahasan tidak tersampaikan apa makna hasil ini untuk generalisasi hasil
KESIMPULAN	Kesimpulan pada paragraf terakhir diskusi, tidak menjadi sub bab tersendiri	Kesimpulan dipisahkan dalam sub bab tersendiri
	Harus menjawab pertanyaan penelitian	✓
	Harus didasarkan pada data penelitian, bukan dari pustaka	Kesimpulan memasukkan hampir keseluruhan faktor yang mempengaruhi padahal hasil penelitian yang bermakna sebagai faktor yang mempengaruhi hanya albumin
	Dapat disertakan saran untuk penelitian selanjutnya	Tidak dicantumkan
KEPUSTAKAAN	Menurut Vancouver (lihat Uniform Requirements for Manuscript Submitted to Biomedical Journals). www.icjme.	Pada literatur no 3 hanya menuliskan 3 penulis langsung et al, sebaiknya dituliskan 6 penulis dulu baru et al
INFORMASI LAIN	Ucapan terimakasih tidak secara berlebihan	Sedikit aneh pemilihan kata Our thanks go to untuk menyatakan terima kasih.
	Sumber pendanaan bila ada dan ingin disebutkan	√
REKOMENDASI ARTIKEL	Diterima dengan perbaikan	√
	Diterima tanpa perbaikan	
	Ditolak	

Tambahkan informasi lain yang ingin disampaikan :

Sebaiknya penulis melihat kembali Author Guideline dari jurnal ini dan memperbaiki manuskript sesuai author guideline. Pemilihan kata dalam bahasa Inggris mohon diperbaiki, jangan menggunakan Bahasa inggris dari google translate.

Nama dan tanda tangan

DR.dr.Shinta Oktya Wardhani,Sp.PD-KHOM

CHECK LIST MANUSCRIPT CROSS SECTIONAL MEDICA HOSPITALIA: JOURNAL OF CLINICAL MEDICINE

Judul : Factors Influencing the Delay in Negative Conversion of PCR Swab Test Results in Patients with COVID-19

Penulis : unknown

SUBSTANSI	DESKRIPSI	BERI TANDA ✓ 🗵
JUDUL	Tidak terlalu panjang / pendek, 12 - 14 kata	4
	Tidak menggunakan singkatan kecuali baku	✓
	Menggambarkan isi makalah secara keseluruhan	1
ABSTRAK	Terstruktur (latar belakang, tujuan, metode, hasil, kesimpulan)	1
	Tidak menggunakan singkatan kecuali baku	1
	Informatif	✓
	Kata kunci 3 – 5 kata	1
PENDAHULUAN	Terdiri atas dua paragraf atau bagian	Tidak
	Paragraf / bagian pertama: Latar belakang penelitian	Tidak
	(justifikasi mengapa penelitian perlu dilakukan): apa	
	yang sudah diketahui, apa yang perlu ditambahkan	
	Paragraf kedua: Hipotesis atau tujuan penelitian	Tidak
	Didukung oleh pustaka yang relevan dan kuat	✓
	Tidak lebih dari 1 halaman	1
METODE	Menunjukkan kata kunci tentang desain penelitian	1
	pada awal tulisan	,
	Menjelaskan keadaan, tempat, waktu penelitian	1
	termasuk lama pengumpulan data	
	Menyebutkan kriteria inklusi, sumber dan metode	✓
	pengumpulan data / subyek	
	Menyebut variabel penelitian, keluaran, paparan dan	✓
	hal-hal yang dapat mempengaruhi hasil penelitian	
	Menyebut metode pengukuran secara detail	1
	Jelaskan semua hal untuk mencegah terjadinya bias	Tidak *
	Jelaskan perhitungan jumlah sampel (rumus tidak	Tidak dijelaskan**
	perlu dicantumkan)	
	Outcome primer	
	Outcome sekunder	
	Definisi variabel yang penting	6.1
	Cara pengumpulan dan manajemen data	Seharusnya dijelaskan
		mengambil data dari
		medical record
	Jelaskan semua metode statistik yang digunakan,	✓
	termasuk yang untuk mengendalikan faktor perancu	
	Analisis dilakukan dengan uji yang sesuai dengan data,	✓
	batas kemaknaan dan interval kepercayaan	,
	Ethical clearance	1
	Persetujuan setelah penjelasan (informed consent)	√
	Program komputer yang digunakan	

HASIL	Laporkan jumlah subyek penelitian pada setiap tahapan (misal jumlah subyek yang memenuhi syarat, jumlah subyek yang mengikuti penelitian, jumlah yang menyelesalkan follow up dan jumlah yang dianalisis.	Tidak ada
	Sajikan dalam urutan yang logis	1
	Karakteristik subyek penelitian (dalam bentuk tabel)	1
	Penyajian bilangan numerik ditulis secara benar	1
	Tidak menggunakan persentase bila jumlah subyek sedikit (< 40)	1
	Sertakan hasil dan uji hipotesis tanpa komentar	
	Batasi tabel 3-4 tiap artikel	1
	Sebutkan tabel dan gambar dalam naskah	1
DISKUSI	Sebutkan hasil utama berdasarkan tujuan penelitian	*
	Bahas keterbatasan penelitian, hal-hal yang dapat	Tidak
	menjadi penyebab bias. Pembahasan secara	
	menyeluruh dari segala aspek	
	Sebutkan interpretasi menyeluruh dari hasil penelitian	✓
	dihubungkan dengan tujuan, keterbatasan, analisis,	
	hasil penelitian serupa dan bukti-bukti relevan lainnya	
	Dibahas kemungkinan hasil penelitian digeneralisasikan (validitas eksterna)	Tidak
KESIMPULAN	Kesimpulan pada paragraf terakhir diskusi, tidak menjadi sub bab tersendiri	*
	Harus menjawab pertanyaan penelitian	4
	Harus didasarkan pada data penelitian, bukan dari pustaka	1
	Dapat disertakan saran untuk penelitian selanjutnya	
KEPUSTAKAAN	Menurut Vancouver (lihat Uniform Requirements for Manuscript Submitted to Biomedical Journals). www.icjme.	Perbaiki ref 12, 13, 16, 20, 21, 23, 24
		,
INFORMASI	Ucapan terimakasih tidak secara berlebihan	1
LAIN	Sumber pendanaan bila ada dan ingin disebutkan	- ✓
REKOMENDASI ARTIKEL	Diterima dengan perbaikan	YA
	Diterima tanpa perbaikan	
	Ditolak	

Tambahkan informasi lain yang ingin disampaikan :

Penelitian yang menarik dan bagus, selamat untuk penulis. Ada beberapa yang ingin saya tanyakan dan butuh klarifikasi:

* Kriteria inklusi pada penelitian ini menilai COVID menggunakan PCR dan Rapid TES? Mengapa tidak semua dengan PCR? Ini dapat mengganggu hasil penelitian mengingat rapid test bukan standar diagnosis untuk COVID, sehingga bisa saja pasien yang konversi negatif dihari ke 7 adalah pasien yang sebenarnya adalah COVID negatif. Jadi baiknya ditampilkan berapa pasien yang diagnosis awal dengan rapid tes dan berapa yang dengan PCR.

- Lalu jika diagnosis awal menggunakan PCR, bagaimana dengan nilai CT (cycle threshold)-nya? Seharusnya juga menentukan tingkat konversi pCR penyembuhan.
- ** tidak dijelaskan jumlah 68 didapat dari mana? Apakah total sampling atau random atau bagaimana?
- Tidak dijelaskan 68 subjek yang masuk dalam peneltian ini apakah termasuk covid ringan? Sedang? Berat? Ini akan berpengaruh terhadap konversi PCR (Hu X, et al, referensi nomor 7) apakah semua pasien rawat inap atau ada yang rawat jalan.
- Pemeriksaan 7 14 dan 21 hari, mohon ditambahkan apakah terhitung dari hari sakit, bukan hari rawat?

Selamat ... good job

Nama dan tanda tangan

Sabjuge Indra Wijaya

