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2. Submitted to the journal “Journal of Biomedicine and Translational Research” (24-7-2024)
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5. Second revision: Minor revisions (15-5-2024)
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8. Third revision submitted (11-6-2024)
9. Paper accepted (9-8-2024)
10. Paper accepted for publication (9-8-2024)
11. Paper published (30-9-2024)

1. Revisi 1

Editor JBTR <mail@ejournal2.undip.ac.id>

Fri, Jan 26, 2024, 2:54 PM

to me, widiastutimi, aris\_prof\_psy, dokterhardian, ptrn1010, debreepsychiatry, lyla.fp, druminah2009, esahemoe2

Manuscript ID: # 19628

Manuscript Title: Psychotherapy Supportive Practice For Borderline Personality Disorder (A Clinical Module Development)

Journal of Biomedicine and Translational Research (JBTR)

Dear Author(s),

Thank you for submitting the above manuscript to the JBTR for consideration of publication.

We are pleased to inform you that the blinded peer review process is completed. The reviewer comments are appended below for the authors' revision.

Please revise the manuscript and submit 2 copies (one clean copy and one annotated blinded copy) of the revised submission to the editorial office by 2 February 2024.

In the annotated blinded copy, indicate all changes made by yellow-highlighting the amended portions and also by identify the location (page, paragraph and line numbers) in the manuscript. The numbers should correspond to the numbering of

your reply to the reviewer comments. Please include a blinded cover letter providing a point-by-point reply to the reviewer comments, and number each point accordingly.

To submit your revision, go to <https://ejournal2.undip.ac.id/index.php/jbtr> and log in as an Author. Under the menu item 'Active Submissions', you will be able to find your submission record.

Thank you for your support to the JBTR.  
Yours sincerely,

Editor  
Journal of Biomedicine and Translational Research (JBTR)

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Reviewers' and Editorial comments:

**Reviewers' and Editorial comments:**

**Editorial review:**

1. See comments for Author Guidelines screening (attached)

Reviewer 1

Section I: Comments per Section of Manuscript

1. General Comment:

In summary, the authors reported on the development of a validated procedure for providing supportive psychotherapy to patients suffering from borderline personality disorders. However, additional explanation are required to ensure a thorough comprehension of the work described in the paper.

2. Abstract:

The abstract did not explain the problem that led to the investigation. If supportive psychotherapy is the most commonly used and taught in psychiatric education, why did the authors conduct a study to develop a module on how to practice supportive psychotherapy for treating BPD? Was the module not available before the study? Or does the current module need to be updated? Presenting the problem clearly will assist readers in recognizing the significance of the study. Furthermore, the authors should adequately describe the study's objectives. As the study 1-3 were conducted simultaneously, it should be stated and the results section may focus on the findings of study 3. Please read the following remarks on the method, results, and conclusion below and make any necessary adjustments.

3. Introduction:

Page 2 para 2-3 need rewriting about what a supportive psychotherapy is. The authors should find ways to write about it (avoid multiple "supportive psychotherapy is..." The introduction lacks of explanation about why this study is needed. In short, what is the problem so that the authors need to conduct the study to develop this module for treating patients with BPD? The study aims can be put as closing statement of the introduction section.

4. Methodology:

Regarding the methodology, it is important to clearly specify the study design. Please consider partially reporting the study, for instance: Method and results of study 1 are presented first, followed by method and results of study 2. In study 3, describe method for reviewing the module, such as the expert qualification, number of reviewers needed, etc. Have any pilot studies been conducted to validate the module using a small number of patients? Please refer to validated references about the study procedure.

Furthermore, I was unable to find any information pertaining to the ethical approval in the study protocol. Does the board of ethics approved the study protocol before data collection began? If the answer is yes, the author should explicitly mention it in the method section (study design).

5. Results: The authors should focus on the findings from Study 3
6. Discussion:  
I think this section need rewriting. Some sentences are already written in other section
7. Conclusion:  
The authors declared that the module has been validated, therefore proving it acceptable and suitable for application in therapeutic services. If a pilot study has not been conducted on patients with BPD, please provide a rationale for advocating the implementation of this module in clinical practice for the treatment of patients with BPD.

#### Reviewer 2

##### Section I: Comments per Section of Manuscript

1. General Comment:  
This is a relevant research of a clinical module development (Psychotherapy Supportive Practice For Borderline Personality Disorder) in Indonesian language.
2. Abstract:  
The Abstract consisted of less than 250 words. Every component has been described well.

##### Section II (Cont.)

3. Others:  
**Author Sequence**  
The authors' sequence must be looked up carefully.
  1. The first author should be that person who contributed most to the work, including writing of the manuscript
  2. The sequence of authors should be determined by the relative overall contributions to the manuscript.
  3. It is common practice to have the senior author appear last, sometimes regardless of his or her contribution. The senior author, like all other authors, should meet all criteria for authorship.
  4. The senior author sometimes takes responsibility for writing the paper, especially when the research student has not yet learned the skills of scientific writing. The senior author then becomes the corresponding author, but should the student be the first author? Some supervisors put their students first, while others put their own names first. Perhaps it should be decided on the absolute amount of time spent on the project by the student (in getting the data) and the supervisor (in providing help and in writing the paper). Or perhaps the supervisor should be satisfied with being the corresponding author, regardless of the time committed to the project.

##### **Acknowledgment**

Individuals who do not meet the recommended requirements for authorship, but have provided a valuable contribution to the work, should be acknowledged for their contributing role as appropriate to the publication. Instead of "We are thankful to all for the support during the pilot study.", the authors could acknowledge the person who helped during data collection, manuscript translation, etc.

##### **Financial Disclosure**

Kindly provide Grant Number and scheme (e.g. Research Scheme)

##### Section III: Grammar Issues

4. Abstract:  
Conclusion: **The supportive psychotherapy module..**
5. Introduction:  
5th line of introduction: .... **Personality Disorder is 1.6% in the general population....**  
  
2nd paragraph of the Introduction which described the previous related studies should be written in the past tense.  
  
Kindly elaborate PDSKJI abbreviation.
6. Methodology: Kindly use the past tense.
7. Results:

Kindly use the past tense.

Kindly elaborate CGI-I abbreviation.

Kindly use "Therapist 1" and "Therapist 2" as the designation, or use "first therapist" and "second therapist".

8. Discussion: Kindly use the past tense for the things that have been done in the past.

## **Psychotherapy Supportive Practice for Borderline Personality Disorder (A Clinical Module Development)**

**Natalia Dewi Wardani<sup>1\*</sup>, Widiastuti Samekto<sup>2</sup>, Aris Sudiyanto<sup>3</sup>, Hardian<sup>4</sup>, Petrin Redayani**

**Lukman<sup>5</sup>, Debree Septiawan<sup>3</sup>, Lyla Fitriana Primada<sup>1</sup>, Uminah<sup>1</sup>, Ula Faza Nayli Rasyad<sup>1</sup>,**

*<sup>1</sup>Psychiatry Department, Faculty of Medicine, Diponegoro University, Indonesia;  
<sup>2</sup>Neurology Department, Faculty of Medicine, Diponegoro University, Indonesia;  
<sup>3</sup>Psychiatry Department, Faculty of Medicine, Sebelas Maret University, Indonesia;  
<sup>4</sup>Faculty of Medicine, Diponegoro University, Indonesia;  
<sup>5</sup>Psychiatry Department, Faculty of Medicine, University of Indonesia, Indonesia.*

Editorial Office of JBTR <jbtr@live.undip.ac.id>

Sun, Feb 4, 2024, 7:27 AM

to me

Dr Natalia Dewi Wardani, SpKJ:

Thank you for submitting the revision of manuscript, "Psychotherapy Supportive Practice For Borderline Personality Disorder (A Clinical Module Development)" to Journal of Biomedicine and Translational Research. With the online journal management system that we are using, you will be able to track its progress through the editorial process by logging in to the journal web site:

Manuscript URL: <https://ejournal2.undip.ac.id/index.php/jbtr/author/submission/19628>

Username: natalia

Editor: Endang Lestari

If you have any questions, please contact me. Thank you for considering this journal as a venue for your work.

Editorial Office of JBTR  
Journal of Biomedicine and Translational Research

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<http://ejournal2.undip.ac.id/index.php/jbtr>

2. Revisi 2

Editor JBTR <mail@ejournal2.undip.ac.id>

Wed, May 15, 2024, 1:33 PM

to me, widiastutimi, aris\_prof\_psy, dokterhardian, ptrn1010, debreepsychiatry, lyla.fp, druminah2009, esahemoe2

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In the annotated blinded copy, indicate all changes made by yellow-highlighting the amended portions and also by identify the location (page, paragraph and line numbers) in the manuscript. The numbers should correspond to the numbering of your reply to the reviewer comments. Please include a blinded cover letter

providing a point-by-point reply to the reviewer comments, and number each point accordingly.

To submit your revision, go to <https://ejournal2.undip.ac.id/index.php/jbtr> and log in as an Author. Under the menu item 'Active Submissions', you will be able to find your submission record.

Thank you for your support to the JBTR.  
Yours sincerely,

Editor  
Journal of Biomedicine and Translational Research (JBTR)

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Universitas Diponegoro, Semarang  
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**Reviewers' comments:**

Reviewer 2

Section I: Comments per Section of Manuscript

1. General Comment:

This is a relevant research of a clinical module development (Psychotherapy Supportive Practice For Borderline Personality Disorder) in Indonesian language.

Please correct every phrase “psychotherapy supportive” to “supportive psychoterapy”.

2. Abstract:

The Abstract consisted of less than 250 words. Every component has been described well.

Section II (Cont.)

3. Others:

**Author Sequence**

The authors' sequence must be looked up carefully.

1. The first author should be that person who contributed most to the work, including writing of the manuscript- **NDW**

2. The sequence of authors should be determined by the relative overall contributions to the manuscript.

3. It is common practice to have the senior author appear last, sometimes regardless of his or her contribution. The senior author, like all other authors, should meet all criteria for authorship. **PRL as the senior author should appear last. While in the recent manuscript LFP, U, UFNR should be appear earlier than PRL.**

4. The senior author sometimes takes responsibility for writing the paper, especially when the research student has not yet learned the skills of scientific writing. The senior author then becomes the corresponding author, but should the student be the first author? Some supervisors put their students first, while others put their own names first. Perhaps it should be decided on the absolute amount of time spent on the project by the student (in getting the data) and the supervisor (in providing help and in writing the paper). Or perhaps the supervisor should be satisfied with being the corresponding author, regardless of the time committed to the project.

## Acknowledgment

Individuals who do not meet the recommended requirements for authorship, but have provided a valuable contribution to the work, should be acknowledged for their contributing role as appropriate to the publication. Instead of “We are thankful to all for the support during the pilot study.”, the authors could acknowledge the person who helped during data collection, manuscript translation, etc. **At least, the author should thank the institution where the study took place and the treating psychiatrist who is in charge for the patients.**

## Financial Disclosure

Kindly provide Grant Number and scheme (e.g. Research Scheme) - **The number of the research grant according to the contract between the funding organization and researchers has not been provided.**

## Section III: Grammar Issues

### 4. Abstract:

Conclusion: **The supportive psychotherapy module..**

### 5. Introduction:

5th line of introduction: .... **Personality Disorder is 1.6% in the general population....**

2nd paragraph of the Introduction which described the previous related studies should be written in the past tense.

Kindly elaborate PDSKJI abbreviation.

**There was no module supportive psychotherapy for Borderline Personality Disorder patient in Indonesia.**

**Please change to : There has been no supportive psychotherapy modules available yet in Indonesia**

### 6. Methodology: Kindly use the past tense.

**It is hoped that the development of a supportive psychotherapy clinical practice module for Borderline Personality Disorder will be helpful for psychiatrists in the handling of Borderline Personality Disorder patient.**

**Please change to : This study was aimed to develop of a supportive psychotherapy clinical practice module for Borderline Personality Disorder patients in Indonesia.**

This research includes three stages **and had ethical clearance approval.**

**Please change to : The study had been approved by ... (Certificate No. ....). The study included three stages .....**

### 7. Results:

**Figure 1. Bar chart of the distribution of patients with the patient's CGI-I score**

**Please change to: Figure 1. The frequency distribution of patients according to their CGI-I score.**

### 8. Discussion: Kindly use the past tense for the things that have been done in the past.

### 9. Conclusion:

**The Supportive psychotherapy module in Indonesian language for BPD which discuss how to manage patient in special condition self harm behavior, empty feelings, avoid negligence, unstable interpersonal relationship, affective instability, controlling anger, impulsivity and persistent identity disturbance is acceptable to be applied to treat Borderline Personality Disorder patients.**

**Please change to : The Indonesian version of supportive psychoterapy module for BPD patients has been developed and is suitable for clinical practice.**

Editorial Office of JBTR <jbtr@live.undip.ac.id>

Tue, May 21, 2024, 12:20 AM

to me

Dr Natalia Dewi Wardani, SpKJ:

Thank you for submitting the revision of manuscript, "Psychotherapy Supportive Practice For Borderline Personality Disorder (A Clinical Module Development)" to Journal of Biomedicine and Translational Research. With the online journal management system that we are using, you will be able to track its progress through the editorial process by logging in to the journal web site:

Manuscript URL: <https://ejournal2.undip.ac.id/index.php/jbtr/author/submission/19628>

Username: natalia

Editor: Endang Lestari

If you have any questions, please contact me. Thank you for considering this journal as a venue for your work.

Editorial Office of JBTR  
Journal of Biomedicine and Translational Research

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Journal of Biomedicine and Translational Research  
<http://ejournal2.undip.ac.id/index.php/jbtr>

3. Revisi 3

Editor JBTR <mail@ejournal2.undip.ac.id>

Mon, Jun 10, 2024, 9:27 AM



to me, widiastutimi, aris\_prof\_psy, dokterhardian, ptrn1010, debreepsychiatry, lyla.fp, druminah2009, esahemoe2

Manuscript ID: # 19628

Manuscript Title: Psychotherapy Supportive Practice For Borderline Personality Disorder (A Clinical Module Development)  
Journal of Biomedicine and Translational Research (JBTR)

Dear Author(s),

Thank you for submitting the revised manuscript to the JBTR for consideration of publication.

We are pleased to inform you that the third round review process is completed. The reviewer comments are attached for the authors' revision.

Please revise the manuscript and submit 3 copies (one clean copy , one annotated blinded copy and rebuttal letter) of the revised submission to the editorial office by 14 June 2024.

In the annotated blinded copy, indicate all changes made by yellow-highlighting the amended portions and also by identify the location (page, paragraph and line numbers) in the manuscript. The numbers should correspond to the numbering of your reply to the reviewer comments.

To submit your revision, go to <https://ejournal2.undip.ac.id/index.php/jbtr> and log in as an Author. Under the menu item 'Active Submissions', you will be able to find your submission record.

Thank you for your support to the JBTR.

Yours sincerely,

Editorial Board

Journal of Biomedicine and Translational Research , Faculty of Medicine

Universitas Diponegoro, Semarang

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Journal of Biomedicine and Translational Research

<http://ejournal2.undip.ac.id/index.php/jbtr>

**Reviewers' comments:**

## Reviewer 2

### Section I: Comments per Section of Manuscript

#### 1. General Comment:

This is a relevant research of a clinical module development (Psychotherapy Supportive Practice For Borderline Personality Disorder) in Indonesian language.

Please correct every phrase “module supportive psychotherapy” to “supportive psychoterapy clinical practice module”.

#### 2. Abstract:

The Abstract consisted of less than 250 words. Every component has been described well.

Please change the last sentence of the Abstract Background to : There is currently a lack of structured supportive psychotherapy clinical practice modules available for patients with Borderline Personality Disorder in Indonesia.

Please change the study objective to : To develop and an Indonesian version of structured supportive psychotherapy modules and to test its clinical practice suitability for patients with Borderline Personality Disorder in Indonesia

### Section II (Cont.)

#### 3. Others:

##### **Author Sequence**

The authors' sequence have been corrected as suggested.

##### **Acknowledgment**

The authors' have decided the persons whom to be well acknowledged.

##### **Financial Disclosure**

The Grant Number and scheme (e.g. Research Scheme) have beed provided

### Section III: Grammar Issues

#### 4. Abstract:

Conclusion has been corrected as suggested.

#### 5. Introduction:

5th line of introduction: ....**Personality Disorder is 1.6% in the general population....**

2nd paragraph of the Introduction which described the previous related studies has been written in the past tense.

PDSKJI abbreviation has been provided. *Please type the abbreviation in italic.*

The following sentence has been revised as suggested: **There has been no supportive psychotherapy modules available yet in Indonesia**

#### 6. Methodology:

The following sentence has been revised as suggested. *Please change the Abstract Aim accordingly :* **This study was aimed to develop of a supportive psychotherapy clinical practice module for Borderline Personality Disorder patients in Indonesia.**

*Please change to : The study had been approved by the Ethical committee (not ethical clearance) (Certificate No. ....).*

#### 7. Results:

The title has been corrected as suggested: Figure 1. The frequency distribution of patients according to their CGI-I score.

8. Discussion: Kindly use the past tense for the things that have been done in the past.
9. Conclusion:

Please simplify the conclusion.

This research was a preliminary study on the development of the Indonesian version of supportive psychotherapy module for patients with Borderline Personality Disorder. This long sentence need to be splitted. It discussed how to manage patient in special condition self harm behavior, empty feelings, avoid negligence, unstable interpersonal relationship, affective instability, controlling anger, impulsivity and persistent identity disturbance. The module demonstrated good face and content validity, as confirmed by two therapists practicing equivalent supportive psychotherapy. Patients reported feeling significantly improved following the supportive psychotherapy sessions. Thus the module is acceptable and could be applied to help therapist treat patient with Borderline Personality Disorder.

The Abstract Conclusion can be as simple as the following : The Indonesian version of supportive psychotherapy module for BPD patients has been developed and is suitable for clinical practice.

#### 4. Artikel Diterima

Editor JBTR <editorjbtr@fk.undip.ac.id>

Fri, Aug 9, 2024, 1:31 PM

to me, widiastutimi, aris\_prof\_psy, dokterhardian, ptrn1010, debreepsychiatry, lyla.fp, druminah2009, esahemoe2

Dear Author(s),

We would like to inform you that your article entitled "**A Practice of Supportive Psychotherapy for Borderline Personality Disorder (A Clinical Module Development)**" has been accepted for publication in Journal of Biomedicine and Translational Research Vol.10, No. 2 (2024): August 2024. Your last revision has answered the corrections from reviewers. Your manuscript will be edited for the layout before it is published. Please note that shortly you will receive a notification email with a link to your published paper.

To complete the submission, please submit a Copyright Transfer Agreement by **15 August 2024**. The form can be downloaded under the menu item 'Submission'.

If you have any questions, please do not hesitate to contact us. We are looking forward to your upcoming manuscript. Thank you for your best cooperation.

Best Regards,

Editor

Journal of Biomedicine and Translational Research (JBTR)

Faculty of Medicine, Universitas Diponegoro

Jl. Prof. Mr. Sunario Tembalang Semarang 50275

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